



Chennai.

Information Booklet

Chennai, formerly known as Madras, is the capital city of Tamil Nadu, a state of India. Chennai is the fourth most populous metropolitan area and the fifth most populous city in India. Located on the Coromandel Coast of Bay of Bengal, Chennai city is estimated to have a population of over 8.2 million people.

VoY



Chennai Voice of Youth

We take immense pleasure in presenting this guide. We hope it will be useful to understand and explore the city of Chennai much better than before.



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Eat Outs



American

Any Time

Continental, Indian

GRT Grant Days Hotel
Sir Thyagaraya Road
T Nagar
Chennai 600017
Phone: 044 28150500,
Mobile: 9444509198

Barbeque Nation

#1 Hanumantha Road
T Nagar
Chennai – 600017
Phone: 044 42694481, 044 42694482

Don Pepe

Mexican

#404, V.G.P Golden Beach
ECR Road
Uthandi
Sholinganallur
Chennai – 600119
Phone: 044 24531717, 044 24531818

Eatalica Restaurant

Continental, American

#18/7, Corporation New Complex
3rd Cross Road
Opposite Kaliappa Hospital
R A Puram
Chennai – 600028
Phone: 044 24330544
Mobile: 9841033009

#38, Sterling Road
Near Loyola College
Nungambakkam
Chennai – 600034.
Phone: 044 42381009.

Gallop in Gooseberry

Continental, American

#11, Shop #2, 2nd Floor
Greams Road
Near Thousand Lights Police Station
Chennai – 600006
Phone: 044 28291077,
044 28292190

#2, 2nd Avenue
Besant Nagar
Chennai – 600090
Phone: 044 24464363

Chinese

Beijing Blues

An authentic Chinese restaurant serving
Schezwan and Cantonese delicacies.

Lunch – 12:30 to 1500 hrs

Dinner – 19:30 to 23:00 hrs.

(Lavish buffet lunch from 1200 to 1500 hrs)

GRT Grant Days Hotel
Sir Thyagaraya Road
T Nagar
Chennai 600017
Phone: 044 28150500,
Mobile: 9444509198

Golden Dragon

Located at the lobby level of Taj
Coromandel, Golden Dragon serves
authentic Chinese cuisine from the Sichuan
region. With Chef Hardy Cheung at its
realm, it is very popular with both residents
and non-resident guests.

Lunch: 12:30 to 15:00 hrs

Dinner: 19:00 to 24:00 hrs

Taj Coromandel
17, Nungambakkam High Road
Nungambakkam
Chennai
Phone: 044 28272827 (Extn: 53)

Shanghai Club

Chinese cuisine in an imperial ambience. Effortlessly blends the contrasting facets of the Chinese enigma. The Shanghai Club serves authentic Chinese cuisine amidst an elegant ambience.

Lunch – 12:30 to 15:00 hrs

Dinner – 19:30 to 23:45 hrs

Chola Sheraton
Cathedral Road
Phone: 044 28110101 (Extn: 1802)
Email : chola@md2.vsnl.net.in
Website : www.welcomgroup.com

Shogun

Shogun gives you a great value for your money.

The restaurant serves a delicious variety of Hunan, Szechwan and Cantonese specialties for lunch and dinner.

Lunch 12:00 to 15:00 hrs

Dinner 19:00 to 24:00 hrs

Dr Radhakrishna Salai
Opp AVM Rajeshwari Kalyana Mandapam
Mylapore
Chennai
Phone: 044 28111128

Mainland China

Sterling Road
Nungambakkam
Chennai
Phone: 044 28238305

Wangs Kitchen

Authentic, enticing, and aromatic Chinese cuisine. They Undertake Home Delivery.

Hotel Parthan
GN Chetty Road
T Nagar
Chennai
Phone: 044 28273003

#10/1, 4th Avenue
Dr. Ambedkar Salai
Ashok Nagar
Chennai
Phone: 044 24724888

A 80, 3rd Avenue
7 Star Building
Anna Nagar
Chennai
Phone: 044 26264633

Planet Yumm at Beach
Castle
#34, Elliotts Beach Road
Besant Nagar
Chennai
Phone: 044 24464344,
044 24916454

Japanese

Akasaka

#128, LB Road
Behind Jayanthi theatre
Thiruvanmiyur West
Chennai
Phone: 044 24453424

Dahlia Restaurant

One of Chennai's oldest restaurant that was started 14 years ago. it is specialized in combos like the classic Nigiri Sushi which come with Miso soup, pickles, ginger slices and Wasabi sauce. It also has Tempura platters and Udan soup bowl servings.

#93, Kauvery Complex
Nungambakkam High Road
Nungambakkam
Chennai
Phone: 044 28265240

Hip Asia, Taj Connemara

Hip Asia is a new South and far East Asian 'hip' place. The main attraction is the Spartan decor, a Teppanyaki bar, where the chef prepares your choice of Japanese food by chopping, mixing, and beautifying your order, while you watch it. The Thai food it serves is also an excellent choice.

Taj Connemara
#2, Binny Road
Mount Road
Chennai 600002.
Phone: 044 66000000

Teppanyaki, Cilantro Restaurant

#1, GST Road,
St. Thomas Mount
Chennai 600016.
Phone: 044 22314343

Pure Korean and Japanese Restaurant

It is a house that is converted into a restaurant. Excellent privacy and service.

#74, 2nd Main Road
Gandhi Nagar
Adyar
Chennai 600020
Phone: 044 42114973

Italian

Bella Ciao

#140, Nungambakkam High Road
Near Taj Coramandel
Nungambakkam
Chennai 600034
Phone: 044 28330085

#4, Sree Krishna Enclave
Waterland Drive
Valmiki Nagar
New Beach
Kottivakkam
Chennai 600041

Casa Piccola

#7/11, Khader Nawaz Khan Rd
Opposite Taj Coramandel
Nungambakkam
Chennai 600006
Phone: 044 64500500
Mobile: 9786655845

Cream Centre

New #55/ Old #25,
2nd Main Road
R A Puram
Chennai – 600028
Phone: 044 42815777
Mobile: 9884396204
cream.centre@yahoo.com
www.orientalgroup.in

Kenzoos

Corporation New Complex
Near Kaliyappa Hospital
R A Puram
Chennai 600028
Phone: 044 24330544
Mobile: 9841090094

Little Italy Restaurant

#112, Eldorado Building
Nungambakkam
Chennai 600034
Phone: 044 42601234

Pasta Fresca Da Salvatore

#55, Thirumalai Pillai Road
Near Bus Stop
T Nagar
Chennai 600017
Phone: 044 39122587,
044 39122588
Mobile: 9941366849
www.pastafresca.com

Picasso Restaurant

#C49, 2nd Avenue
Opposite Balaji Sweets
Anna Nagar East
Chennai 600102
Phone: 044 26284363

The Pavilion

Trident House
Near Taj Coramandel
Nungambakkam High Road
Nungambakkam
Chennai 600034
Phone: 044 28272827
www.tajhotels.com

Bengali

Sree Annapurna of Calcutta

#23, Pantheon Road
Egmore
Chennai 600008
Phone: 044 28523037
Mobile: 9840267830

The Bay Leaf

#14, 6th Street
Near Gangotri Sweets
Gopalapuram
Chennai 600086
Phone: 044 28114557,
044 28115998

Andhra

Abi Ruchi Restaurant

Lattice Bridge Road
Thiruvannmiyur
Chennai 600041
Phone: 044 42151014
Mobile: 9840162293

Amaravathi

#1, Cathedral Road
Opposite Music Academy
Gopalapuram
Chennai 600086
Phone: 044 28116416,
044 28110305

Andhra Restaurant

3rd Avenue
Anna Nagar
Chennai 600040.

Kenzoos

Corporation New Complex
Near Kaliyappa Hospital
R A Puram
Chennai 600028
Phone: 044 24330544
Mobile: 9841090094

Maathus Restaurant

East Coast Road
Kottivakkam
Thiruvannmiyur
Chennai 600041
Phone: 044 24483855,
044 24483856
Mobile: 9444061963

Maruthi Andhra Mess

#7A, Vishwanathapuram
Main Road
Near Ragavendara Kalyana
Mandapam
Kodambakkam
Chennai 600024

Guajarati

Guajarati Mandal

#116, Gunavanti Bhavan Complex
Prakasam Road
Parry's
Chennai 600001
Phone: 044 25392030

Rangoli Saravana Bhavan

#102, Sir Thyagaraya Road
Pondy Bazaar
T Nagar
Chennai 600017
Phone: 044 23455589

Mansukh's Sweets & Snacks

#10, Ramasamy Street
T Nagar
Chennai – 600017
Phone: 044 24351258

#313, Mint Street
Park Town
Chennai – 600003.

#8, Gangadeeshwarar Koil Street
Purasawalkam
Chennai – 600084

Rangoli Restaurant

Sir Thyagaraya Road
Beside Hot Chips
Pondy Bazaar
T Nagar
Chennai 600017
Phone: 044 28154662,
044 28154563
Mobile: 9444395206z

Miscellaneous Buffet

Barbe-Q-Nation

Shri Devi Park Hotel
No-1 Hanumantha Road
North Usman Road
T Nagar
Chennai-17
Phone: 044 60600000, 044 64530160
Mobile: 9381512199

Sigree

Sterling Road
Nungambakkam
Chennai
Phone: 044 28238305

Hotels

Taj Connemara

No 2, Binny Road
Anna Salai, Chennai 600002
044 66000000

The Raintree Hotel

Alwarpet, 120, St Marys Road,
Chennai, Tamil Nadu 600018
044 24304050

Cream Centre

37, Mahatma Gandhi Road,
Brakathambal St, Nungambakkam,
Chennai 600 034
0(91-44) 6600 2827

Accord Metropolitan

GN Chetty Rd, Gopalapuram,
Chennai, 600017
044 28161000

Sheraton Chola Hotel

10, Cathedral Road, Chennai,
Tamil Nadu 600086
044 28110101

Radisson Hotel

531, GST Road,
Chennai
044 2231 0101

Breeze Hotel

Poonamallee High Road, Chetpet
Chennai, Tamil Nadu
044 26413334

Radha Park Inn

171 Jawahar Lal Nehru Salai,
Inner Ring Road Chennai, 600106
044 24757788

The Shell Residency

Kammalar Street, Thousand Lights
East, Thousand Lights
Chennai, Tamil Nadu
044 28253434

Quality Inn Sabari

29, Thirumalai Pillai Road,
Thyagaraya Nagar
Chennai, Tamil Nadu 600017
044 28343030

Benz Park Tulip

62, Satyamurthy Nagar,
Thyagaraya Nagar, Chennai,
Tamil Nadu 600017
044 28159999

Hotel Le Royal Meridien

1,GST Road,
St.thomas Mount, Chennai
044 2231 4343

Trident

1/24, G.S.T. Road,
Chennai, Tamil Nadu 600027
044 2234 4747

Coffee Shops



Coffee Shops

Mocha

Khader Nawaz Khan
Road
Nungambakkam
Phone: 044 42317690

Mocha Mojo

72, 1st Avenue
Indira Nagar
Adyar
Phone: 044 42337024

Cafe Vanilla

8/57, 1st Street
Luz Avenue
Mylapore
Phone: 09940198185

Amethyst

14/30, Padmavathi Road
Behind Peters Road Saravana
Bhavan
Gopalapuram
Chennai
Phone: 044 24991330

Casa Picola

7, Kader Nawaz Khan Road
Nungambakkam
Phone: 044 2833 0808

Ashvita

11, 2nd Street
Dr. Radhakrishnan Salai
Mylapore
Phone 044 42109990

Coffee World

No.127, 100 ft By Pass Road
Velachery
Chennai
Phone 044 22552173

CP Ramasamy Road
Alwarpet
Phone: 044 43009499

Kipling Café

14, L Jey Avenue
Akkarai
ECR
Phone: 044 24530040

Kafeoke

60/20 1st Seaward Road
Valmiki Nagar
Tiruvanmiyur
Phone: 044 42020600

Chamiers

85, Chamiers Road
Phone: 044 24311495





Movie Theatres (which screen other Regional Languages)

Abirami

152, Purasawalkam High Road
Purasawalkam
Chennai 600010.
Phone: 044 26423377
www.movie-ticket-abirami.com

Inox

Chennai Citi Centre
R K Salai
Mylapore
Chennai
Phone: 044 4265 8888
www.Bookmyshow.com
www.inoxmovies.com

Anu Ega

435, Poonamallee High Road
Kilpauk
Chennai -600010
Phone: 044 26411666
www.egacinemas.com

Mayajaal Multiplex

East Coast Road
Chennai- 603112
Mobile:
954114-272860/61/62/63/6465
www.mayajaal.com

Sathyam Cinemas

Thiru Vi Ka Road
Royapettah
Chennai - 600014
Phone: 044 42244224
www.sathyamcinemas.com
www.thecinema.in

Padmam

#870 Poonamallee High Road
Kilpauk
Chennai -600010
Phone: 044 26411975
www.sangamcinemas.com

Woodlands

#10, Westcott Road
Royapettah
Chennai – 600014
Phone: 044 28487355
www.bookmyshow.com

Devi

48, Anna Salai
Chennai - 600002
Phone: 044 28549660, 044 28555660/61/62

Movie Theatres

Ganapathi Ram

#101, Lattice Bridge Road
Adyar
Chennai 600020
Phone: 044 24417424

Anna

9, Anna Salai
Chennai - 600002
Phone: 044 28511219
www.Annatheatre.com

Jayaprada Theatre

General Patters Road
Anna Salai
Chennai - 600002
Phone: 044 8533153

Agasthya

#231/232, Tondiarpet High Road
Tondiarpet
Chennai 600081
Phone: 044 25956567

Aradhana

Prarthana Drive In Complex
Injambakkam
East Coast Road
Thiruvannamiyur
Chennai 600041
Phone: 044 24491402, 044 24491692

Aruna Cine Palace

Railway Road
Kanchipuram
Phone: 044 27223842

Melody

#10, Woods Road
Royapettah
Chennai -600014
Phone: 044 28531371, 044 28544343

Suriyan

#91, Pillar Road
Ashok Nagar
Chennai 600083
Phone: 044 24890337, 044 24892227

Udhayam

#91, Pillar Road
Ashok Nagar
Chennai 600083
Phone: 044 24890337

Broadway Cinema Hall

31, Prakasam Salai
Broadway
Chennai 108
Phone: 044 25267761

Raj Theatre

#20, Abdul Razzack Street
Saidapet
Chennai - 600015
Phone: 044 24350374
www.rajtheatre.com

Casino A-C

#2, Blackers Road
Anna Salai
Chennai 600002
Phone: 044 28534530,
044 28416530

Rohini Multiplex

#141/2, Poonamallee High Road
Koyambedu
Chennai 600107
Phone: 044 24795334

Kasi

#91\92, Jawaharlal Nehru Road
Ashok Nagar
Phone: 044 24710486
www.kasitheatre.com

Prarthana Drive-in

Injambakkam
East Coast Road
Thiruvanniyur
Chennai 600041
Phone: 044 24491402, 044 24491692
www.ticketnew.com
www.prarthanadriveintheatre.com

Sri Brinda Cinema Hall

#5/58, Madhavaram High Road
Perambur
Chennai – 600011
Phone: 044 25581010
www.ticketnew.com

Vasanthi

#35, Perambur Barracks Road
Vepery
Chennai - 600007
Phone: 044 26692498

Vigneshwara

#768, GST Road
Poonamallee
Chennai 600056
Phone: 044 26272337

Sri Murugan Talkies

Alagesan Nagar
Ambattur
Chennai - 600053
Phone: 044 26241475

Ganga

#84/6, Villivakkam - Red Hills Road
Kolathur
Chennai 600099
Phone: 044 25508734

i-Scape

#192, Mahesh Bhavan, 4th Street
Sadasiva Nagar
Madipakkam
Chennai 600091
Phone: 9884199717

Velan Multiplex

Mgr Road
Nanganallur
Chennai 600061
Phone: 044 22244544, 044 22246129

Albert

#689, Anna Salai
Chennai 6
Phone: 044 28524412
www.alberttheatres.com

IDream

#87, Suryanarayana Chetty Street
Royapuram
Chennai 600013
Phone: 044 43135599, 044 43135566
www.idreamcinemas.com

Thyagraja

#60, Lattice Bridge Road
Thiruvanniyur
Chennai 600041
Phone: 044 24411645
www.ticketnew.com

Vetri

#511, GST Road
Chrompet
Chennai 600044
Phone: 044 22382512

Yamuna

#4, Red Hills Road
Kolathur
Chennai 600099
Phone: 044 25508734

Pilot

#64/270, Royapettah High Road
Royapettah
Chennai 600014
Phone: 044 28133058

Kaveri

#4, Redhills Road
Kolathur
Chennai 600099
Phone: 044 25508734

Broadway Talkies

#1, Broadway
Chennai 600108
Phone: 044 25267761

Shanthi

#43, Anna Salai
Chennai - 600002
Phone: 044 28549086

Kamala

#156, Arcot Road
Opposite to Pandian Hotel
Vadapalani
Chennai - 600026
Phone: 044 23652000, 044 23652008
www.kamalacinemas.com

Rakki Cinemas

#1, Red Hills Road
Ambattur
Chennai 600053
Phone: 044 26585465
www.rakkicinemas.com

Venus

#114, Paper Mills Road
Perambur
Chennai 600011
Phone: 044 26701659

Vidhya

#9, Kakkan Street
Tambaram West
Chennai 600045
Phone: 044 22266871

Natraj

#1, De Mellows Road
Choolai
Chennai - 600112
Phone: 044 26690744

Maharani

#762/538, T H Road
Old Washermenpet
Chennai 600021
Phone: 044 25951466

Liberty

#7, United India Colony
1st Main Road
Kodambakkam
Chennai 600024
Phone: 044 24802926

Srinivasa

#21, Devanathan Colony
West Mambalam
Chennai 600033
Phone: 044 24850385

Devi Paradise

#48, Anna Salai
Chennai 600002
Phone: 044 28555660, 044 28555661

Rakesh

#511, GST Road
Chrompet
Chennai 600044
Phone: 044 22382512

Serene

#8, Thiru Vi Ka Road
Royapettah
Chennai 600014
Phone: 044 42244224

Mini Motcham

#20/11, Millers Road
Kilpauk
Chennai 600010
Phone: 044 26423520

Sai Shanthi

#43, Anna Salai
Chennai - 600002
Phone: 044 28549086

M.M. Rukmini

#141/2, Poonamalee High Road
Koyambedu
Chennai 600107
Phone: 044 24871481

Star Talkies

#40, Triplicane High Road
Triplicane
Chennai 600005
Phone: 044 28544440

Rajalakshmi

#1, Dhandeeswara Nagar
Velachery Main Road
Velachery
Chennai 600042
Phone: 044 22431387

Subasri Pictures

#234-D, Mandira Apartments
North Boag Road
T Nagar
Chennai - 600017
Phone: 044 28233355

Chennai Cinemas

#1-A, 1st Floor
Ashok Nagar Main Road
Samiyar Madam
Kodambakkam
Chennai -600024
Phone: 044 64530638



Gaming Zone

Blur

With Blur, Sathyam Cinemas has ventured into a sector which has largely been ignored in India: World Class Gaming Zones. Spread over 15,000 square feet within the Sathyam Complex, Blur features gaming on every conceivable platform from PS3, Xbox 360, Nintendo Wii, PS2, PCs, Sony PSP, Nintendo DS to Arcades and fully loaded PCs. You can also choose to have a bite at Blur cafe or exhibit your skills at the two lane bowling alley or at a game of Football.

Sathyam Cinemas, 4th - 6th Floor, Mount Road, Chennai, Phone: 044 43920341

Bowling and Pool Parlours

Break Point

Break Point has four small, nine medium-sized and two large tables. You can purchase great cue sticks, covers, and other snooker/pool gear here. You can refresh yourself at the Cafeteria offering quick snacks, fresh juices and salads, amongst other items on the menu. Check your email or simply surf the internet on one of the six workstations in the Internet Centre. If you want a little more excitement, join in on a race, or shoot the bad guys on one of the six video games available. Break Point fits the definition of the perfect hangout with great crowd and great music.

Spur Tank Road, Above the Sixth Sense Galleries, Phone: 044 28216907

Billiards Point

Billiards Point has 4 pool tables, 4 standard (big) tables and 10 medium-sized tables. With a reasonably priced tariff, Billiards Point has brought these indoor games within the reach of just about everybody. Billiards Point boasts some excellent equipment with well-designed interiors and friendly markers. In addition to this, there is a state-of-the-art Onkyo Sound System that plays the latest music. There is What Not Café offering snacks (vegetarian and non-vegetarian), fruit juices and cool drinks.

Raj Complex, Lloyds Road, Phone: 044 8269889

Wild West

Wild West is a Snooker/Pool parlour at Spencer Plaza. This Western Saloon look-alike has two standard, two medium-sized, and four pool tables. There is also a small (baby) table for children. The whips, guns, saddles, pistols, hats, guitars, horseshoes and water cans on the walls of the parlour, reminds you the world of Clint Eastwood westerns. Lanterns innovatively light the parlour and the interiors are impressively decorated with cacti and western murals. The Wild Café serves snacks and beverages.

Snow Bowling

Snow Bowling is open from 11.00 a.m. to Mid Night. It offers four lanes, one pool table and video Karaoke to sing along. Check out lot of English and Tamil songs with snacks, cool drinks and vegetarian and non-vegetarian sandwiches. It also has a Music theatre with a projector.

M Centre, III Floor, 15 A, Nungambakkam High Road, Chennai-600034, Phone: 044 28264045, 044 28213306

Web World Web

Web World Web has three Billiards tables and two Pool tables. You can enjoy pool, snooker and billiards in the a mesmerizing ambience.

Shop No.2, Wellington Estate, CMC Road, Egmore-600008, Phone: 044 28210723

Cybercue

Along with playing Snookers and Billiards, you can also enjoy browsing the net at the Internet Cafe. Other activities include Mini-Golf. It is open from 6.30 a.m. to mid night.

45, Giri Road, T Nagar, Chennai, Phone: 044 28281390

Turning Point Food & Entertainment Pvt. Ltd

Black Ball Game Snooker has different interiors, professional quality Snookers, Billiards and Pool tables. There is also a Gymnasium inside. For foodies, there is Shanxi - a Chinese specialty Restaurant, Kebab Korner - a Tandoori food joint and Cofi Garden - a 24 hours coffee shop set up in a beautifully landscaped roof garden.

33/1, 1st Main Road, Gandhi Nagar Adyar, Phone: 044 24908704, 044 24908706

Plot Black Billiards Parlour

You can relish playing Billiards, Snooker and Pool here.

136/2, Bharathi Salai, Chennai Billiards and Snooker Parlour, Triplicane high Road, Chennai

Down Under

Down Under has four lane, ten pin bowling arena and computerized coaching. There is also a three-hole mini-golf course with a thrilling landscape. You can also play Billiards & Snooker in a lovely ambience. You can also play Animator fun Video games like target firing. For foodies, Delicious Bite, a vibrant and colourful vegetarian restaurant, should be able to satisfy your needs. Additional entertainment includes Big Screen TV, Karaoke room- Musical fun, singing, Dance etc. Open from 11 a.m. to midnight.

123, Marshalls Road, Egmore, Chennai, Phone: 044 28413911

Billiards Parlour & Browsing Centre

6 Wallajah Road, Near Chepauk Cricket Stadium, Chepauk, Chennai, Phone: 044 28528417, 044 28418493

QIN Billiards Snooker Parlour

Open from 9.00 a.m. to midnight.

F37/38, I Floor, D C Towers, Anna Nagar East

Karting

Go Karting

Kart Attack - Chennai's oldest go-carting centre located on the East Coast Road close to VGP. The track is 300m long and the surface is concrete.

East Coast Road, Near VGP, Chennai, Phone: 044 8257744, 044 4492386

MRF Danny's Karting

This is a Go-Karting center with longer tracks, better tarmac and faster carts.

Old Mahabalipuram Road, Near Tidal Software Park, Phone: 044 25231512, 044 25231513, 044 25231653

Kart Beat

Go-karting centre at the AVM Studio Complex.

Paint Ball Centre

Planet Adventure Paintball has a special Speedball field in Kotivakkam where evenly spaced inflatable bunkers provide you with a tournament field format. There is also a hostage scenario field in Kanathur where two terrorists hold a hostage in a first floor room and teams of up to 10 commandos attempt to eliminate the terrorists while scaling the building from outside and freeing the hostage.

Visit www.paintballchennai.com for more details.

Adventure Sports

The following are some of the adventure and sports clubs in Chennai:

Adventure Zone

Adventure Zone runs a series of rock-climbing and rappelling camps. Designed for the novice, age is no bar for these camps. Other activities offered are parasailing, snorkelling and scuba diving.

8, 2nd Link Street, Indira Nagar, Chennai, Phone: 094443 84608

Equestrian Academy

Training for dressage, show jumping and tent pegging are provided in the equestrian disciplines.

130, Old Mahabalipuram Road, Sholinganallur, Chennai

Wildertrails Adventure Club

Wildertrails Adventure Club arranges for trekking camps in the Himalayas, Tented Camps, Trail reading etc.

26, Thirunarayana Avenue (Off New Avadi Road), Chennai, Phone: 044 26442729, 044 26454053

Art of Fishing

Art of Fishing arranges for deep sea fishing trips (Mackrel, Tuna and Barracuda) and fresh water trips.

New No. 6, Saraswathi Street, Mahalingapuram, Chennai

World Wide Fund for Nature

Activities include camps, slide shows, film shows, field trips, puppet shows, nature walks, seminars, exhibitions etc.

123/5 (Old No. 115) 1st Floor, TTK Road, Alwarpet, Chennai, Phone: 044 24994827

Tarsha Water Sports

A water sports park situated on the East Coast Road, just 15 kilometres away from the Mammalapuram district on the way to Puducherry. Some of the popular activities hosted at Tarsha include Water Skiing, Wake Boarding and Knee Boarding. Kayaking, Speed Boat Rides, Banana Boat Rides, Double Tube Rides and Para-sailing are some other means of amusement provided by the club. Tarsha Water Sports remains open from 10 a.m. to 6 p.m. on all days except Fridays. On Friday the visiting hours are from 11 a.m. to 6 p.m.

Phone: 98410-24429, 8270154, 8253004

Golf

Cosmopolitan Club: 044 26440665

TamilNadu Golf Federation: 044 2829020

Madras Gymkhana Club: 044 26425625

Sunpalm Golf Academy: 044 26441777

AKDR Golf Village: 044 2343863

Dance Schools

John Brittos Dance & Co

No 132a Sterling Towers, Near Loyola College, F-2 Sterling Road, Nungambakkam, Chennai - 600034

The Swingers

No:11,6th Floor, Opp To Globus Pondy Bazzar, Challamal Complex, Sir Thiagaraya Rd, T Nagar, Chennai – 600017, (91)(44)66323270

Hips N Toez	No 4 Aadharsh Mahal, Near Officers Colony, Vijaya Nagar 100 Feet Road, Velacheri, Chennai - 600042
Choreo Culture	No 64, After Odyssey Next More Super Market, 2nd Main Road 3rd Cross Street Gandhi Nagar,, Adyar, Chennai – 600020 + (91)-(44)-66320300
Lets Do Something	No 41, Opp To Vijayanagar Bus Stand Above Ganga Sweets, Sarathy Nagar Velachery Taramani 100ft Road, Velacheri Chennai - 600042

Guitar Schools

Roys Violin and Guitar Class	Adyar, Chennai, Tamil Nadu 600020, 044 4286 9106
Heartbeatz Music Academy, Drums and Guitar School	No 7/854, 49th cross street, Thiruvalluvar Nagar(RTO office), Thiruvanmiyur, Chennai, Tamil Nadu 600041, 97911 15878



Hospitals

Apollo Hospital Enterprises	21/ 22, Greams Road, Chennai, Phone: 044 28292430
Ayanavaram 24Hrs Hospitals	304-B, Konnoor High Road, Chennai, Phone: 044 26450744
Corporation Child Welfare Centre	311, Mowbrays Road, Chennai Phone: 044 28110005
Corporation of Madras Child Welfare	1, Jaganatha Prm Main Road, Chennai,Phone: 044 28265375
Directorate Chennai ESIC Hospital	Ashok Pillar Road, Chennai, Phone: 044 24890861
E B Hospital	828, Anna Salai, Chennai, Phone: 044 28521461
Easwari Nursing Home	1/ 255, 10th Street, SRP Colony, Chennai, Phone: 044 25508343
Government Eye Hospital	Egmore, Chennai, Phone: 044 28555281
Government General Hospital	GST Road, Chrompet, Chennai, Phone: 044 22210146
Government Hospital for Thoracic Medicine	GST Road, Chrompet, Chennai, Phone: 044 22368568
Government Leprosy Hospital	GST Road, Chrompet, Chennai, Phone: 044 22405295
Government Ophthalmic Hospital	Egmore, Chennai, Phone: 044 28555281
Government RSRM Lying In Hospital	Kamarajar Road, Chennai, Phone: 044 25902961
Government Hospital	Zenis Salai, Saidapet, Chennai, Phone: 044 24359406
Government Hospital for Thoracic Medicine	77, GST Road, Tambaram Sanitorium, Chennai, Phone: 044 22368450
Government Unani Hospital	1, West Mada Church Street, Chennai, Phone: 044 25955532
Indian Council of Medical Research Foundation	SpurTank Road, Chennai, Phone: 044 28265435
Institute of Child Health & Hospital for Women & Children	Halls Road, Egmore, Chennai, Phone: 044 28191982
Institute of Rehabilitation Medicine	K.K.Nagar, Chennai, Phone: 044 24892678
Institute of Thoracic Medicine	Mayor V R Ramanathan Salai, Chennai, Phone: 044 28265433
Lions Eye Hospital	26, 5th Avenue, Near Ashok Nagar, Police Station, Chennai Phone: 044 24895657
Port Trust Hospital	Port Trust Quarters, Chennai, Phone: 044 25362601
Royapettah Hospital	West Cott Road, Chennai, Phone: 044 28483052

RSRM Hospital	Kamarajar Road, Chennai, Phone: 044 25902961
T B Hospital	GST Road, Tambaram, Chennai, Phone: 044 22368568
Thiruvotteswarara Hospital of Thoracic Medicine	Kunoor High Road, Chennai, Phone: 044 26461336
Tripilicane Health Post	18, T P Koil 2nd Lane, Tripilicane, Chennai Phone: 044 28442466
Vetri Selvi Anbazagan Eye Hospital	Inside Aringar Anna Arivalayam, Chennai Phone: 044 24320266
E B Hospital	828, Anna Salai, Chennai, Phone: 044 28521461
Easwari Nursing Home	1/ 255, 10th Street, SRP Colony, Chennai, Phone: 044 25508343

24-Hours Medical Shops

AKN Nursing Home	044 26440665	Malar	044 24911728
Apollo	044 28290200	Mehta Medical Centre	044 25389190
Ayusha	044 26425625	National Hospitals	044 25211405
Bilroth	044 26441777	RM Hospital	044 24412377
CSI Kalyani Hospital	044 28541101	Raju Hospital	044 24341901
Chennai Kaliappa	044 24936098	Santha Medicals	044 26442517
Child Trust	044 28277487	Sri Ramachandra Pharmacy	044 24828027
Devaki	044 24992607	Swaram Hospital	044 24417905
Kumaran	044 26411860	Tamilnadu Hospitals	044 24414003
KJ	044 26411513	Trinity	044 24991488
MV Hospitals	044 25954913	Vijaya Hospitals	044 24801598

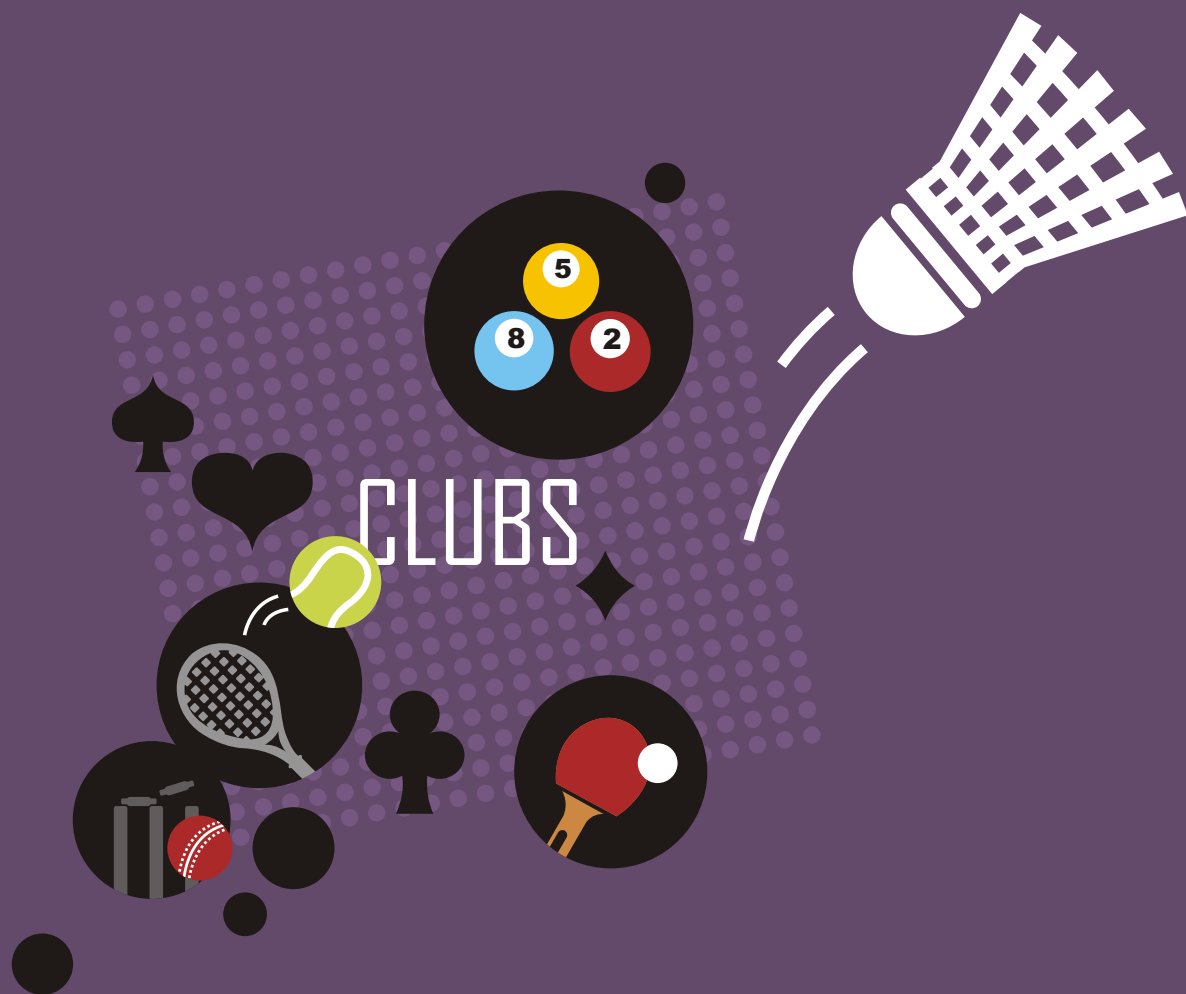
Beauty Clinics

Kaya Skin Clinic	A1, 1st Floor, Sunny Side, 1st Main Road, Gandhinagar, Adyar, Chennai, Tamilnadu - 044 32929146
VLCC	81, MBC Tower, Alwarpet, Next To Life Style Home Style, Chennai - 044 24671918
Dr. Batras Positive Health Clinic	282/2, Mowbays Flats T T K Road, Alwarpet, Chennai - 044 42012391
Ebony and Ivory Skin Center	14, Gandhi Nagar, No 14, 1st Main Road, Adyar, Chennai, Tamil nadu 600020, 044 24403483

Gym

O2 Health Studio	# 10, Shyam Garden, Khader Nawaz Khan Road, Shyam Garden, Nungambakkam, Chennai, Tamilnadu 600006, 044 28332121
Talwalkers	Door no 6, 4th avenue, Indiranagar, 25th cross street, Indira nagar, Adyar, Chennai, Tamil Nadu 600020, 044 43313100

Fitness One	# 218, T.T.K. Road, Alwarpet, Chennai, Tamilnadu 600018 044 24671222
Maverick Fitness Studios	GN Chetty Rd, Gopalapuram, Chennai, Tamil Nadu 600017, 044 43500303
Gold's Gym	New No 17 Old No 9, Kasthuri Ranga Road, Behind Chola Sheraton Alwarpet, Chennai, Tamil nadu 600018, 044 42088201



Clubs

The League Club

The League Club is located on the 100 feet ring road between Ashok Nagar and Anna Nagar. The club started in 1997 and is promoted as an exclusive club for the complete entrepreneur by the Great Citi Club Time Ltd. It offers international facilities and professional services to its members and their families. Facilities such as Billiards, Chess, Table Tennis, Cards, Shuttle Badminton, Carom, Tennis, Swimming Pool, Gymnasium, Steam Bath, Sauna, Jacuzzi, Restaurant, and Lawn-Restaurant, Bar, Open-air theatre, Beauty Parlour and mini Conference hall are available.

Phone: 044 42914914

www.theleagueclub.in

The Presidency Club

The Presidency Club was established in 1929 to cater to the need of young professionals and working people who wanted to socialize in the British style. The Club moved into its present home in 1937. Started with 25 members at the time of its inception, the Club has 1,830 members today. The activities of the Club include tournaments, organizing picnics and facilities for activities like tennis, reading, cards, billiards and dining. Two floors of air-conditioned, well-furnished guest rooms, a 24-hour pantry service, a new swimming pool (with the pool area designed for evening parties) and AstroTurf, flood lit tennis courts are among the recent additions to the Club's infrastructure.

Phone: 044 28226881

Chennai Race Club

The Race Course in Chennai is over 200 years old. In addition, at this course, the finest thoroughbreds from the best centres have raced for the most coveted prizes in the sport including The Classic Indian Turf Invitation Cup. Today, live telecast of races from all over the country can be viewed at the Chennai Race Club, through a new venture introduced in January 2010.

Chennai Boat Club

The Chennai Boat Club (MBC) has a history of more than 130 years. A few Englishmen in the placid backwaters of Ennore started this club in 1867. The club was relocated to its present location in 1892 to make available an exclusive stretch of water for the rowers. Regular inter-club and intra-club regattas were held in the early years of the club. The MBC was one of the founding members of the Amateur Rowing Association of the East (ARAE).

Phone: 044 24353190

Gymkhana Club

Founded during the British rule in India, about 115 years ago, Gymkhana Club is one of the most prestigious entertainment clubs in the city today. One of the highlights is the club's nine-acre premise located in the heart of the city. The Club offers recreational sports and games such as pool, snooker, tennis, table tennis and boasts of a talented cricket team. It also has a golf annexe at Guindy. The floodlit tennis courts at the Club are probably the best in the city. The gym offering the latest equipment is very popular with the health-conscious members. A swimming pool is well maintained for the amateurs as well as the expert swimmers. The Club also houses The Rendezvous, a restaurant, The Buttery Bar, used mostly for parties, and The Mixed Bar. The Club Library has an extensive collection of books and periodicals. The Club organizes movie screenings twice a week. Corporate membership is available at Rs. 5 lakhs per organization.

Phone: 044 25368160

Cosmopolitan Club: 63, Anna Salai, Mount Road, Chennai 600002, Phone: 044 28525004

Federation of Motor sports Club: S.P Road, Adyar, Chennai 600020

Chennai Cricket Club: 1, Bells Road, Chepauk, Chennai 600005

Chennai Press Club: Government Guest Estate, Chennai 600002

Chennai Flying Club: Meenambakkam, Chennai 600027



Art Galleries

Abinaya Creative Arts	5, 6th Cross Street, Shenoy Nagar West, Chennai 600030 Contact: Ms M. Aruna Sundari, Phone: 044 26261798
Ajanta Arts and Crafts	136, Mount Road, Chennai 600002 Contact: Mr. Motiram U. Mirpuri, Phone: 044 28527704
Alliance Francaise Of Madras	40, College Road, Nungambakkam, Chennai 600006 Contact: Mr. Srinivasa, Phone: 044 28279803
Anila Art and Craft	190, Avvai Shanmugam Salai, Chennai 600086 Contact: Mr. Prasan Chand Golecha, Phone: 044 28265160
Antique Art Gallery	2, Langs Garden Road, Pudupet, Chennai 600002 Contact: Mr. Bubli Jamal, Phone: 044 28545855
Artistic	1381, I Block, 6th Street, Anna Nagar West, Chennai 600040 Contact: Mr. B. Umesh, Phone: 044 26283715
Artplus	18, Doraiswamy Road, T Nagar, Chennai 600017 Contact: Mr. Ramanujam, Phone: 044 28226515
Ashwaa Medha Art Gallery	24, Raja Sekaran Street, Mylapore, Chennai 600004 Contact: Mr. Prabhuram, Phone: 044 28526887
C. P. Art Centre	1, Eldams Road, Chennai 600018 Contact: Mr. N Srinivasan, Phone: 044 24341778
Chettinad Hadicrafts	Bayview, 10, Vasantha Avenue, M R C Nagar, Chennai 600028 Contact: Mrs. Sivakamisubbiah, Phone: 044 24938789
Cholamandal Artists Village	Injambakkam, Chennai 600041 Contact: Mr. Senathipathi, Phone: 044 24490092
Dorcas Art Gallery	R-78 Anna Nagar East, Chennai 600040 Contact: Mr. G. Bhujangarao, Phone: 044 26269938
Firdusi	117, Fountain Plaza, Pantheon Road, Egmore, Chennai 600008 Contact: Ms. Fathima Kareem, Phone: 044 28263945
Genesis Art Foundation	32 / 1, Halls Road, Egmore, Chennai 600008 Contact: Mr. Sonu, Phone: 044 28239455
Golden Castle	769, Anna Salai, Chennai 600002 Contact: Mr. P. Radhakrishnan, Phone: 044 28522701
Gurubaran Tanjore Art Gallery	7, R.K. Mutt Rd (Basement), Near Indian Bank, Mylapore Chennai 600004, Phone: 044 24941017
Habitat	12, Khader Nawaz Khan Road, Chennai 600006 Contact: Ms Bina S. Ratnam, Phone: 044 28279095
Indo Arts - Sindoori Hotel	24 - Grems Lane, Off Grems Road, Chennai 600006 Contact: Mr. Naseer A. Shawl, Phone: 044 28233015
Kalakruti	9 C, Blue Beach Road, Neelangarai, Chennai 600041 Contact: Ms. Supraja Dharini, Phone: 044 24926064
Lakshmi Arts and Crafts Centre Exporter	19, Nainiyappa Maistry Street, Royapettah, Chennai 600014 Contact: Dr R. Thangavel, Phone: 044 28533103
Manasthala - Center for Arts and Crafts	12, Cenotaph Road, Teynampet, Chennai - 600018 Contact: Mr. Pramod Balakrishnan, Phone: 044 24332842

N. Balakrishnan and Company	62, Montieth Lane, Egmore, Chennai 600008 Contact: Mr. B. Padmanabhan, Phone: 044 28554352
R Ramanujiah and Son	17, Devaraja Mudali Street, Chennai 600003 Contact: Mr. R. Ramanujam, Phone: 044 25353366
Raviraj Art Gallery	19 / 11, Sardar Patel Road, Adyar, Chennai 600020 Contact: Mr. Ravi Raj, Phone: 044 24430573
S M C S Limited	14 A, College Road, Chennai 600006 Contact: Mr. Roy Samuel, Phone: 044 28250270
Santa Claus	10, First Floor, Alsa Mall, Montieth Rd, Egmore, Chennai 600008 Contact: Mr. Santosh Sivaram, Phone: 044 28554247
Sarala's Art Centre	25, C-in-C Road, Chennai 600105 Contact: Mr. B. Banerjee, Phone: 044 28270808
Saranya Exhibition Centre	15, Khader Nawaz Khan Rd, Nungumbakkam High Rd Chennai 600006, Contact: Ms. Raena Reddy, Phone: 044 28279248
Tanjore Collections	85 / 6, T T K Road, Chennai - 600018 Contact: Mr. P. Premnath, Phone: 044 24996668
The Accessorn	7, Wallace Garden, 3rd Street, Chennai - 600006 Contact: Ms. Suhita, Phone: 044 28279623
The Adyar Art Club - A Gallery	7, Jeevaratnam Nagar, Adyar, Chennai 600020 Contact: Ms Gita, Phone: 044 24463941
The Easel Art Gallery	Kaveri Complex, 96 and 104, N H Road, Chennai 600034 Contact: Ms Sharmila Mohandas, Phone: 044 28264855
The Guild Art Gallery	30, 1st Secretariat Colony, Kilpauk, Chennai 600010 Contact: Mr. G. Badrinath, Phone: 044 26431324
The Heritage	A-7, Anna Nagar East, Near Roundtana, Chennai - 600102 Contact: Ms. Ragini Padmanabhan, Phone: 26285566
V K Baraskar	3, Prakasam Mudali Street, T Nagar, Chennai 600017 Contact: Mr. V. K. Baraskar, Phone: 044 28269584
Vatika Arts and Crafts	50, Spurtank Rd, Near Govt Museum, Chetput, Chennai 600031 Contact: Ms. Lata Malpani, Phone: 044 28224607
Vimonisha Exhibition Centre	12, Khadar Nawaz Khan Road, Chennai 600006 Contact: Mr. Vimal M. Shivdasani, Phone: 044 28278911
Vinyasa Art Gallery	31/32, Ground Floor, 90, Wellington Plaza, Anna Salai, Chennai 600002 Contact: Mrs. Viji Nagashwaran, Phone: 044 28569026



Amusement Parks

Kishkinta

This theme park is situated at Tambaram. It offers rides like Space Shuttle, Wave Pool, etc.

Phone: 044 22367244

Dash-n-Splash

This water park is situated just 30 kilometres from Central Station. Check out the free fall slides and flumes from a height of 12-35 feet.

Phone: 044 25224618

VGP Golden Beach

This beach resort situated 30 kilometres away from Chennai. It offers fun filled children games, parks and sea side restaurant.

Phone: 044 24491101

MGM Dizzee World

This water sports park is located 24 kilometres from Chennai towards Mahabalipuram near Muttukadu.

Phone: 044 27472129

Dolphin City

Dolphin City amusement park is situated on the East Coast Road and is 46 kms from Chennai city center. Dolphin City hosts a number of events incorporating various water related activities. The most sought after event in the park is American Sea Lions' performances. Some other features of Dolphin City include Under Water View, Leisure Boating, Slide Swimming Pool, Open Air Theatre, Chuck Wagon, Disco Scooter, Tea Cup, Animal Simulator, Dragon Ride and many more. The park houses a multi cuisine restaurant and a number of eating outlets. The Notty Nutty Curios in the park complex sells various gift articles, swim suits and electronic accessories. Dolphin City is open on weekdays and Holidays. The visiting hours are from 10 a.m. to 7 p.m.

Phone: 04114-46370

Prime Time

An indoor amusement park for children, it is situated in Anna Nagar outskirts. The park activities incorporate various joy rides and crazy games. The popular events hosted by Prime Time include the Bumper Car Rides and the Play Pen.



Watering Holes

10 Downing Street	Kencess Inn Hotel, North Boag Road, T Nagar, Chennai Phone: 044 43546565, 9840510203
Bike And Barrels	115, The Residency Towers, T Nagar, Chennai Phone: 044 28156363
Grand Orient	693, Thousand Lights, Anna Salai, Chennai Phone: 044 28297111, 9840710888
Hotel Green Park	183, NSK Salai, Vadapalani, Chennai Phone: 044 66515151
Distil	Hotel Taj Connemara, Binny Road, Mount Road, Chennai Phone: 044 66000000
Dublin Night Club	Hotel Park Sheraton, 132, TTK Road, Alwarpet, Chennai Phone 044 24994101
Zara Tapas	74, Cathedral Road, Gopalapuram, Chennai Phone: 044 28111462, 9884396209
Geoffrey's	Hotel Radha Park Inn, 171, Jawaharlal Nehru Salai, Inner Ring Rd, Arumbakkam, Chennai, Phone: 044 24757788
Marriott Courtyard	564, Anna Salai, Teynampet, Chennai Phone: 044 66764000
The Rain Tree Hotel	120, St. Marys Road, Alwarpet, Chennai Phone: 044 42252525, 9884352525
The Park Hotel	601, Nungambakkam High Road, Anna Salai, Nungambakkam, Chennai, Phone: 044 42676000
Flame Le Club	Le Royal Meridian Hotel, 1, GST Road, St Thomas Mount, Chennai, Phone: 044 22314343, 9840332372
The Dome	Le Royal Meridian Hotel, 1, GST Road, St Thomas Mount, Chennai, Phone: 044 22314343, 9840332372
Zodiac	The Accord Metropolitan Hotel, 35, GN Chetty Road, T Nagar, Chennai, Phone: 044 28161000
Quality Inn Aruna Hotel	144&145, Sterling Road, Nungambakkam, Chennai Phone: 044 28259090
Durrant's Bar	Hotel Chola Sheraton, 10, Cathedral Rd, Gopalapuram, Chennai Phone: 044 28110101
The Westminster	132, Hotel Park Sheraton, TTK Road, Alwarpet, Chennai Phone: 044 24994101
Lexus	Hotel Benzz Park, New-62, Old-41, Thirumalai Pillai Rd, T Nagar Chennai, Phone: 044 28159999
Hotel Savera	Phone: 044 28114700



Carnatic Music Sabhas

Carnatic Music Sabhas

The Margazhi festival was started way back in 1927, as an event to commemorate with the founding of Madras Music Academy in the month of December. This event was widely accepted and patronised by the public at large. This culture is adopted by various other sabhas that hold art festivals in different parts of the city.

The following are some statistics about the Margazhi festival:

- 53 Organisations conducted 60 festivals in a period of 117 days.
- They presented a total of 1604 music and dance performances in this period.
- The total included 134 music concerts and 280 dance performances.

Possibly, nowhere else in the world so many organisations conduct so many festivals offering so many music and dance performances in a short period of time.

The below table lists some of the sabhas available in Chennai.

Music Academy	#168, (Old # 306), T T K Road, Royapettah, Chennai 044 28112231, 044 28115162, musicacademy@vsnl.com
The Indian Fine Arts Society	Devi Arihant, Flat #16, 1st Floor, 15 Dr Nair Rd, T Nagar, Chennai Phone: 044 28154360, 044 24861356
Sri Parthasarathy Swami Sabha	19, T P Koil, Street, Triplicane, Chennai Phone: 044 28441837
Tamil Isai Sangam	Raja Annamalai Mandram, Chennai 044 25341425, 044 25341958, www.tamilisaisangam.in
Kartik Fine Arts	39, New # 16, Bheemanna Garden Street, Chennai 044 24997788, Kartikfinearts@vsnl.net
Mylapore Fine Arts	45, Musiri Subramaniam Salai, Mylapore, Chennai Phone: 044 24997755, 24640055
Krishna Gana Sabha	Dr. Nalli Gana Vihar, 20, Maharajapuram Santhanam Salai, T Nagar, Chennai, Phone: 044 28140806
Kapali Fine Arts	78, Vinayaga Nagar, Kutchery Road, Mylapore, Chennai Phone: 044 24941322
Narada Gana Sabha	314, T T K Road, Chennai Phone: 044 24993201, 044 24990850
Rasika Ranjani Sabha	30/1, Sundareswarar Street, Mylapore, Chennai Phone: 044 24941767
Bharath Kalachar	17, Tirumalai Pillai Road, T Nagar, Chennai 044 28223045, 044 28267892, bkygp@rediffmail.com
Hamsadhwani	2, 8th Lane, Indiranagar, Adyar, Chennai Phone: 044 24915555
Thyaga Brahma Gana Sabha	Vani Mahal, 103, G.N.Chetty Road, T.Nagar, Chennai Phone: 044 28152166
Nungambakkam Cultural Academy	64/47, Ganapathy Street, West Mambalam, Chennai Phone: 044 24834823, 044 24805050
Kalarasana	B-15, Mookambigai Apartments, 20, Srinivasa Avenue Rd, R.A.Puram, Chennai, Phone: 044 24939539
Brahma Gana Sabha	Sivagami Petachi Auditorium, Luz Church Rd, Mylapore, Chennai Phone: 044 56106425, 044 24942767, 044 28265353

Nadopasana	14, L.B.Road, 1st Street, Indiranagar, Chennai
Mudhra Fine Arts	10/4, Shenoy Road, Nungambakkam, Chennai Phone: 044 28232702, 044 28220453
Nada Inbam	85/2, Luz Avenue, Chennai Phone: 044 24992672
Sri Rama Bhaktha Jana Samaj	S-17B, Ponnambalam Salai, K K Nagar, Chennai Phone: 044 24830546, 044 247228318
Nandi Fine Arts	S-4, A-Block, Vasanth Apartments, 140, V M Street, Chennai Phone: 044 28268755
Kalakshetra Foundation	Thiruvanmiyur, Chennai Phone: 044 24524057, 044 24520836 , Fax: +91-44-24524359



Theatre Groups

The Madras Players

Some of the most prestigious names like P C Ramakrishna and P M Krishna are associated with The Madras Players. This group is about 55 years old. They do not provide any corporate training, and profess to be in theatre for the love of it.

www.themadrasplayers.org

EVAM

Founded in 2003 by Karthik Kumar and Sunil Vishnu, Evam was one of the first theatre groups to turn themselves into an entertainment company, and present theatre as a more professional activity. They accept corporate workshops for companies, and also perform corporate shows staging the specific story of a company or its founder for employees of the company, alone. They are well known for plays like 'The Importance of Being Earnest' and frequently take their plays out of the city as well.

mailevam@gmail.com

ASAP

Founded by Amit Singh, ASAP (As Stupendous As Promised) is another theatre group, that works as a company and brings comedies to stage. They are best known for their play 'Run For Your Wife'. They also undertake corporate theatre sessions, tailored to the requirements of their clients.

asapproductions@gmail.com

Masquerade

Masquerade, founded by Krishna Kumar, hosts workshops for young adults, and takes in interested actors from their workshops. A seasoned actor, Krishna Kumar, allows students their space while imparting nuances of the art. They have been around since 1994 and have staged 'Laughter Without Frills'. They usually have a summer workshop for children in May.

www.masqueradechennai.wordpress.com

Stagefright Productions

They are known for staging musicals like 'Grease'. Started by Freddy Koikaran in 2004, who is a professional corporate theatre trainer, he offers his expert services on request. Stagefright Productions is open to newcomers, and usually shows variety in the genres they perform.

stagefrightproductions@gmail.com

The Boardwalkers

They have tried serious plays like 'Amadeus' and also lighter comedies like 'An Idiot For Dinner'. The group was started by Michael Muthu (famed set designer and actor). The group is about 19-years-old.

Theatre Y

Started by Yog Japee, they have often run poetry readings for audiences, and claim to use innovative new methods in theatre. Yog frequently runs workshops for those interested in theatre at his studio in Mandaveli. Yog also takes corporate theatre sessions for companies on request.

theatreY@gmail.com

Paul Mathew

Paul Mathew is a full-time corporate trainer. He undertakes corporate theatre training for companies on request, and tailors his sessions according to the demands of the company. He can be contacted at atlonline@vsnl.net.

Beaches

Marina

Chennai's seashore hosts the second longest urban beach in the world, stretching for 13 kms (8 miles) along the eastern flank. The Marina, connecting Fort St. George with San Thome Basilica almost 5 kilometres away, was built by Mounstuart Elphinstone Grant-Duff, the governor between 1881 and 1886. Described by architectural historian Phillip Davies as "One of the most beautiful marine Promenades in the World". It is a favourite place for Chennai's citizens to escape the humidity and enjoy the sea breeze. The walk along Kamarajar Salai takes in parks, tree-lined cobbled streets, spectacular colonial and Indo-Saracenic Buildings.

Parks & Sanctuaries

Vandalur Zoo

The Arignar Anna Zoological Park, popularly known as the Vandalur Zoo is located in Vandalur, which is about 30 kilometers from Chennai city. Chennai has the distinction of having the first public zoo in India as early as 1855. It was originally situated near Park Town in the Chennai city. The zoo is located on an area of 1300 acres. This zoo is one of the largest in South Asia.

Guindy National Park

Once a distant suburb which was nearly twice its current size, Guindy has now been engulfed by the fast growing metropolis. A portion of Guindy Lodge was officially declared as Guindy National Park in 1977. This predominantly dry deciduous scrub jungle of acacia is interspersed with larger trees such as Sandalwood Banyan and Jamun. Its most famous residents are the herds of endangered Blackbuck which was introduced in 1924. Among its 130 species of birds are raptors such as the Honey Buzzard and the Sea Eagle. Winter is the best time for bird watching when migrant birds visit the forest. Also located within the park is the Madras Snake Park established in the 1970s by Romulus Whittaker, the American Zoologist, who also set up the Crocodile bank outside Chennai. Today, the well maintained Snake Park houses numerous species of snakes, among them are king cobras, vipers and pythons. Other reptiles include crocodiles, turtles and lizards. Large information boards, strategically placed, provide interesting details on the various species. For those who are interested, there are live demonstrations of venom extraction. The venom is used as an antidote for snake bites.

Anna Park

The walk starts from the victory War Memorial which marks the north end of Kamarajar Salai. This memorial originally commemorated the victory of the Allied armies during World War I and was later dedicated to the memory of those soldiers from the Madras Presidency who lost their lives in World War II. To its south, in Anna Park, is the Anna Samathi, a memorial erected in honour of CN Annadurai, the former chief minister of Tamil Nadu. Further south is the MGR Samathi, a commemorative garden with gateways and pathways, built in honour of the popular Tamil film icon and chief minister, MG Ramachandran. An array of souvenir shops and eateries can be found along this stretch of the beach attracting tourists from the rest of the state. Particularly interesting is the Sunday market, with its curious jumble of goods.

Crocodile Bank

Crocodile Bank is situated 42 km from Chennai. This crocodile breeding and research centre is run by Romulus Whittaker. It was set up in 1976. This bank was started to protect India's dwindling crocodile population and to preserve the Irula (Snake catching) tribe's way of life. This bank has already produced more than 6,000 crocodiles. There is also a snake farm where anti-venom is produced. Several species of Indian and African Crocodiles and Alligators bred in captivity are kept here in open pools. The snake venom extractions are a great attraction to the visitors.

Snake Park

Snake Park is on Sardar Vallabhai Patel Road. You can find more than 40 species of common snakes here. The crocodiles, chameleons, monitor lizards and tortoises can also be seen in their natural setting. You can visit this park from 0830 to 1730 hrs from Wednesday to Monday. Tuesday is declared holiday.

GO SHOPPING

T Nagar, Ranganathan Street

No shopping in Chennai is complete without a trip to Ranganathan Street - if you are up to tackling the crowds that throng this busy street.

Ranganathan Street, T Nagar is a good place to shop for a variety of items. From safety pins to exquisite jewellery, the place is choc-a-bloc with stores brimming with goods. Ranganathan Street is a shopper's paradise for people belonging to all ages. Right from tots, school kids, teens and the elderly, Ranganathan Street has a lot to allure every visitor.

Chennai Jewellery Shopping

Silk saris and jewellery make for the perfect ensemble. So with sari shops found aplenty in Chennai, it is but appropriate for jewellery shops to jostle for space amongst them. T Nagar boasts the highest number of jewellery shops that sell gold, silver and platinum jewellery. Lalitha Jewellery, GR Thanga Maaligai, Prince Jewellery, Nathella Sampathu Chetty, Khazana, Kerala Jewellers are popular shops in T Nagar. Some of these shops have their branches in other parts of the City like Parry's Corner, Royapettah, Mylapore, and Anna Nagar. Vummidi Bangaru Chetty and Sons on Mount Road also enjoys wide patronage from customers.

Silk Sari shopping

Right from 1950, T Nagar has been a favourite destination for silk sari shopping. A visit to T Nagar promises a choice of minimum of 10 reputed silk sari stores. Nalli Silks, Kumaran Silks, Pothys, Sundari Silks, RmKv silks are some of the established silk sari stores in this part of the city.

Spencer Plaza

Spencer Plaza, one of the biggest shopping malls in South Asia, is located on Mount Road, and is one of the landmarks of modern Chennai.

Chennai City Centre

Chennai City Centre, situated near Mylapore, is one of the contemporary hangout locations in Chennai, with a blend of excellent shopping outlets, Inox Cinemas and delicious multi-cuisine food courts.



Religious Places

St. Mary's Church

The church is at Fort St. George. This masonry church was consecrated in 1680. It has a building with its three arched aisles and bomb-proof roof. The marriage of Governor Elihu Yale (of Yale University fame) was the first function to be performed at this church.

Basilica of Santhome

This Cathedral is at the end of Kutchery Road, Mylapore. It is believed that the Apostle Saint Thomas lived his last years in South India. This Cathedral was originally built in 1504. It was rebuilt in 1890 with a 180 ft basilica. It is believed that St. Thoma's body was entombed inside this neo-Gothic structure.

St. George's Cathedral

It is at 222, Cathedral road. You can visit anytime between 8.00 to 18.00 hrs. It is a white colonial church, with a beautiful garden. It is the headquarters of the Church of South India. It has a 130 feet spire with its interior lit well and airy with stucco walls. The decorated roof and many fascinating tablets and tombs add beauty to the spire.

Thousand Lights Mosque

Thousand Lights Mosque is situated at Mount Road in the city. The mosque is popular for a number of reasons, such as its name, its architecture and its historical and religious importance.



Parthasarathi Temple

It is at Peter's Road, Triplicane. It is one of the oldest temples in Chennai, built by Pallavas in the 8th century and rebuilt by the Vijayanagar Kings in the 11th century. The literal meaning of 'Parthasarathy' is the charioteer. According to the great Indian epic 'Mahabharata', 'Partha' meant Arjuna while sarathy is meant as charioteer. In the epic it is said during the great battle of Mahabharata, Lord Krishna was the charioteer of Arjuna. Arjuna or partha was a brave warrior and Lord Krishna was a good friend, philosopher and guide to the Partha or Arjuna.

Sri Kapaleswarar Temple

This temple is situated near Kutchery Road, Mylapore. This ancient Siva temple is a delightful introduction to Dravidian temple sculpture and architecture. The magnificent 37 meter tall gopuram is one of the main attractions of this temple. It is very famous for its astonishing sculpture, which has an interesting story behind it. It is believed that a saint known as Gnanasambandar sung and brought a dead girl back to life.

Vadapalani Temple

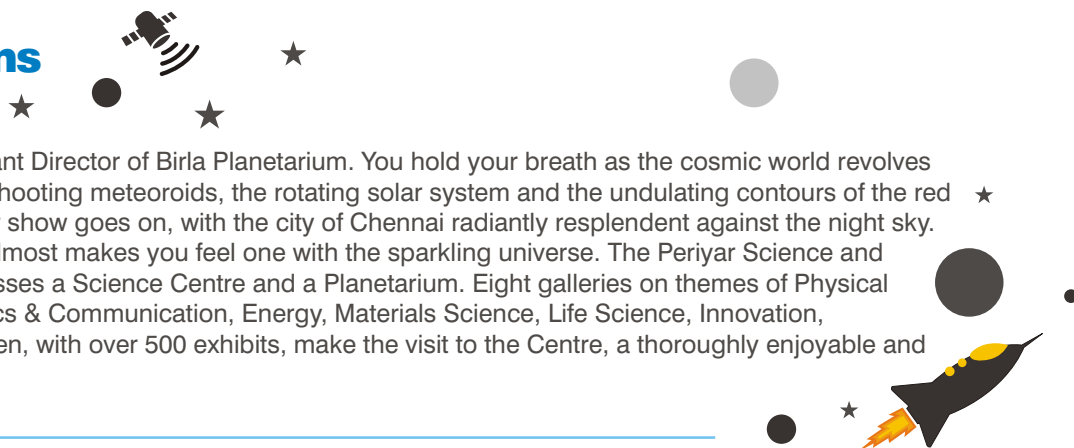
The Vadapalani temple is dedicated to Lord Muruga situated in Kodambakkam. This temple attracts a large number of devotees. The Shiva temple at Tiruvotriyur - 12 kilometers north of Chennai is associated with Patinathar, a great devotee of Lord Shiva. Innumerable legends are woven around Sundarar. Valluvar Kottam, located at the meeting of the Kodambakkam High road and the Village road, is one of the modern landmarks of modern Chennai.



Other Attractions

Birla Planetarium

"Lights off!" orders the Assistant Director of Birla Planetarium. You hold your breath as the cosmic world revolves around you twinkling stars, shooting meteoroids, the rotating solar system and the undulating contours of the red planet, Mars. The spectacular show goes on, with the city of Chennai radiantly resplendent against the night sky. An ethereal experience that almost makes you feel one with the sparkling universe. The Periyar Science and Technology Centre encompasses a Science Centre and a Planetarium. Eight galleries on themes of Physical Science, Transport, Electronics & Communication, Energy, Materials Science, Life Science, Innovation, International Dolls and Children, with over 500 exhibits, make the visit to the Centre, a thoroughly enjoyable and enlightening experience.



Theosophical Society

Few Places in Chennai offer greater serenity than the sprawling gardens of the Theosophical Society, situated in the city's Adyar neighbourhood, on the banks of the Adyar River. Founded in New York in 1875, the Society moved here seven years later when it acquired Huddleston Gardens. Built in 1776 by John Huddleston, a wealthy civilian, this large mansion is today the world headquarters of the Society. Its magnificent estate comprises several 19th Century buildings, one of which is the former home of its founder Colonel Henry S Olcott. The main building houses the great hall, where prayer meetings are held. Bas reliefs, representing the different faiths and engravings of verses taken from the holy books of all world religions can be seen here. There are also marble statues of the founders Colonel Olcott and Helena Petrovna Blavatsky, as well as Annie Besant, who became President in 1907.

Brodie's Castle

Brodie's Castle north of the Theosophical society, is an imposing white structure on the banks of Adyar. Now known as Thenral, it houses the prestigious College of Carnatic Music. This house was built in 1976 by James Brodie, an employee of the East India Company. These spacious, airy houses with broad pillared verandas, set in sprawling wooded gardens, were characteristic of colonial Chennai. This house later became the home of the first Chief Justice of the Madras Supreme Court.

Government Museum

It is situated in the Pantheon Road, Egmore. It holds an exquisite collection of more than 2000 Indian bronzes and Amaravathi marbles. Three great buildings of architectural value - the Museum Theatre, the Extension Hall and the Connemara Public Library are in this complex. The present Museum has several sections, four galleries- Hindu sculpture gallery, the Amaravathi gallery, the Bronze gallery and the National art gallery constitute the main attractions.

You can visit the museum from Tuesday to Saturday between 09.30 and 17.00 hrs.

Kalakshetra

This pioneering institution for classical dance, music and the fine arts was established in 1936, and was the brainchild of Rukmini Devi. A Protégés of Annie Besant was deeply influenced by the progressive views of the Theosophical Society. The International Centre for the Arts, which she set up for the revival of this dance form, now called Bharat Natyam, is today Kalakshetra, the "Temple of Arts".

Vedanthangal (85 kms from Chennai)

One of the largest bird sanctuaries in India. Its marshy 30-hectare park is visited by a huge number of migratory birds every year. The majority of these birds can be seen between November and February. Herons, Darters, Spoonbills, Pelicans, Sandpipers, White Ibis, Cormorants and Blue Winged Teals can be seen here.

Muttukadu (36 kms from Chennai)

The backwaters of Muttukadu have been developed by Tamilnadu Tourism Development Corporation as a scenic picnic spot and a centre for water sports. The wind surfing regatta organised in February every year attracts enthusiasts from all over the world. Training programmes are held for beginners.

Vellore

Surrounded by a deep artificial moat, this 16th century Vellore Fort dominates the heart of this town. The British occupied the fort in 1760 following the fall of Srirangapatnam and death of Tipu Sultan. As an impressive example of military architecture, the fort has a turbulent history. This formidable structure has withstood many battles, including an ill-fated mutiny led by the son of Tipu Sultan in 1806 against the British East India Company. Today, part of the fort houses some government offices, including the Archaeological Survey of India (ASI), district courts within has a small but good collection of historical objects found in the area. The only major structure to survive in the fort is the magnificent Jalakanteshvara Temple, constructed by the Nayakas.

Pulicat

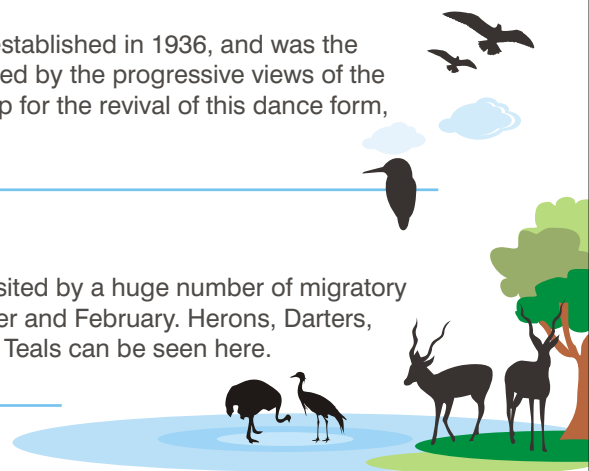
Pulicat is a small town situated at a distance of 60 km from Chennai. It houses a Dutch cemetery dating back to the 17th century. The Dutch had built a fort here in the year 1609, to ensure a comfortable stay at the Coromandel Coast for a long time. It was finally occupied by the British in 1825.

Fisherman's Cove

The hotel has many luxury cottages and elegantly appointed rooms with spectacular views of the sea which also includes one private open garden shower, private sit-outs, and more.

Madras Club

North of Brodie castle is the Madras Club built by George Moubray, who came to India as an accountant in 1771. He acquired of the Land on the banks of Adyar and built a house with a central cupola surrounded by a beautiful garden. Known as Moubray's Cupola, this was once exclusively preserved by the city's European Population. Indians were only allowed to have membership in 1964, after it merged with the Adyar Club.



Fort St George

Britain's first bastion in India, the nucleus from which an empire grew, was established in a banana grove. The first factory within the fortified enclosure was completed on St George's Day, 23 April, 1640, and named Fort St George. This was the East India Company's Principal settlement until 1774, when Kolkata, was declared the seat of the government.

Valluvar Kottam

Valluvar Kottam, located at the meeting of the Kodambakkam High road and the Village road, is one of the modern landmarks of modern Chennai. Valluvar Kottam was inaugurated in 1976, it is a grand auditorium devoted to the poet-saint Thiruvalluvar. The poet had written a celebrated epic known as the Thirukkural.

The memorial to the poet-saint Thiruvalluvar is shaped like a temple chariot and is, in fact, the replica of the temple chariot in Thiruvavur. A life-size statue of the saint has been installed in the chariot which is 33m tall. The 133 chapters of his famous work, Thirukkural, have been depicted in bas relief in the front hall corridors of the chariot. All the 1330 verses of the poet's epic are depicted on the granite pillars which surround the auditorium. The auditorium at Valluvar Kottam can accommodate about 4000 people.

Little Mount and Mount of St. Thomas

A Rock-hewn cave on Little Mount is believed to be the place where, in AD 72, the mortally wounded St. Thomas sought refuge. Near the modern Church of Our Lady of Good Health is the older Blessed Sacrament Chapel built by the Portuguese over the cave. Inside the cave is the opening through which the fleeing saint is said to have retreated, leaving behind a still visible imprint of his hand near the entrance. At the rear end of the cave is the Masonry cross before which St Thomas is said to have prayed. Legend claims that the spring originated when St. Thomas struck the rock with his staff to provide water for his thirsty congregation.

Portrait St Thomas

About 3km southwest of Little Mount is the 95-m high Mount of St Thomas or Great Mount. A flight of 132 steps leads to the summit and the Church of Our Lady of Expectations built by the Portuguese in the 16th Century. The most important relic here is the ancient stone cross embedded into the wall of the altar is said to have been engraved by the saint himself. This is the legendary "bleeding cross" that miraculously bled between 1558 and 1704.

High Court

High Court was established on June 26, 1892 under the guidance of the famed architect Henry Irwin. This red Indo-Saracenic structure at Parry's corner is Chennai's main landmark. This complex houses the High Court, the small Cause's Court and the City Civil Court. It is considered to be one of the three High Courts of India. It is time-honoured at Presidency Towns by Letters Patent granted by Queen Victoria.



Ambulance Services

A.C. Ambulance Service	044 24355942
Accident Relief Force	044 42077777
Apollo Hospital	1066
Aysha Hospital	044 26426930
Balaji Hospital	044 22345282
Bismi Ambulance Service	9444280414
Chennai Kaliappa	044 24936184
Child Trust Hospital	044 42001800
Emergency Ward Direct No	044 28260816
Devaki Hospital	044 24993391
Govt. Royapettah Hospital	044 28483051
Govt. Stanley Hospital	044 25282350
Hindu Mission Hospital	044 22262244
Helping Point	044 28280257
Jayadev Ambulance Service	044 26412317
K J Hospital	044 26411513

MV Hospital	044 25954913
Madras Medical Mission	044 26561801
Malar Hospitals Ltd.	044 24914023
Mass & Co.	044 22301890
Miot Hospital	044 22492288
National Hospital	044 25240131
Nichani Health Centre	044 25978777
Rakshith Hospital	044 42029999
Robina & Robin Healthcare	044 26223344
Sampath Nursing Home	044 24980572
Sankara Nethralaya	044 28271036
Sri Kumaran Ambulance Service	044 23743348
Sri Ramachandra Hospital	044 24768027
St. Isabel Hospital	044 24991081
St. John Ambulance Association	9381001272
Voluntary Health Service	044 22541972

Blood Banks

Apollo Hospitals	21 Greaves Lane, Thousand Lights, Chennai – 600006, 044 28294870
Cancer Institute	18 Sardar Patel Road, Chennai – 600036, 044 22350241
Child Trust Hospital	12-A Nageswara Rao Road, Chennai – 600036, Phone: 044 42001800
CSI Rainy Hospital	45, Gowthiar Agraharam Road, Chennai 600021, 044 25951204
Devaki Hospital	148, Luz Church Road, Mylapore, Chennai – 600004, 044 24992607
Govt. General Hospital	Chennai – 600003, Phone: 044 25363131
Govt. Kasturbha Gandhi Hospital	Bells Road, Triplicane, Chennai – 600005, Phone: 044 28545001
Govt. Stanley Hospital	Blood Bank, Chennai – 600001, Phone: 044 25284941
Indian Red Cross Society	50, Montieth Road, Egmore, Chennai – 600008, Phone: 044 28554425
Institute of Obstetrics and Gynecology and Hospital for Women & Children	Pantheon Road, Egmore, Chennai – 600008, Phone: 044 28191982
Institute of Child Health & Hospital	Halls Road, Egmore, Chennai – 600008, Phone: 044 28192138
Jeevan Blood Bank	7, Rutland Gate, Chennai – 600034, Phone: 044 28330300
K J Hospital	182, PH Road, Chennai – 600084, Phone: 044 26412514
Kilpauk Medical College Hospital	Kilpauk, Chennai – 600010, Phone: 044 28255331
Lions Blood Bank	20, Marshalls Road, Egmore, Chennai – 600008, Phone: 044 28414949
Madras Clinical Research Lab	Pandalai Nursing Home, 160, PH Road, Chennai – 600010 Phone: 044 28252080
Madras Medical Mission	4A, Dr. J J Nagar, Mugappair, Chennai – 600050, Phone: 044 26565961

Madras Port Trust Hospital	1, Rajaji Salai, Chennai – 600001, Phone: 044 25362201
Nagmani Hospital	116, G A Road, Chennai – 600021, Phone: 044 25952725
Vijaya Blood Bank	180, NSK Salai, Vadapalani, Chennai – 600026, Phone: 044 24881392
Southern Railway H Q Hospital	Ayanavaram, Chennai – 600023, Phone: 044 26461008
Sri Ramachandra Hospital	Porur, Chennai – 600116, Phone: 044 24768017
Voluntary Health Services	Dr. K. Ranganthan Memorial Blood Bank, Adyar, Chennai – 600113 Phone: 044 22541972

Eye Banks

Govt. Ophthalmic Hospital	130, Marshalls Road, Chennai 600008, Phone: 044 28555281
C U Shah Eye Bank, Sankara Nethrala	18, College Road, Chennai – 600006, Phone: 044 28271616 Toll Free Number: 1919
Lions Eye Bank Trust	Govt. Eye Hospital, New Bldg, 1st Floor, Room No.42 Chennai – 600008, Phone: 044 28553840
DR. Agarwal's Eye Hospital	19, Cathedral Road, Chennai 600086, Phone: 044 28116233

Gas

Bharat Gas Complaints	044 24756111
Emergency Services Call	1600445115
HP Gas complaints	044 28415153
Indane complaints	044 26212202, 044 26211923

Voluntary Organizations

Accident Victims Assn	044 26423145, 044 25365733
Aids Control Organization	1097
Arora De-addiction Centre	044 24343672
Asha Nivas Concern Counseling	044 28331601, 044 28333311
Bala Vidyalaya (School for Young Deaf Children)	044 24917199
Child Line (The 24 Hours Free Phone Outreach Service)	1098
Deepam Educational Society for health	044 24340620
Guild of Service (Central)	044 28261279
Haemophilia Society - Madras Chapter	044 22541652
Indian Council for Child Welfare (N) and Don Bosco Anbuillam (Child Line - North)	044 25352101, 044 25330092
Saadhan Clinic (Counseling & HIV testing)	044 55856746

Sneha Suicide Prevention Centre	044 28115050
T T Ranganathan Clinical Research Foundation	044 24416458
Women Help Line	1091

Railway and Road Transport

General Enquiry (Other than Train Arrival & Departure)	139
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Road Transport

APSRTC (Tirupati Depot)	044 25342122
KSRTC	044 25340449
Metropolitan Transport Corporation	044 25366063
State Express Transport Corporation	044 25341835

Tourist Information Centres

Directorate of Tourism Government of Tamilnadu	Panagal Building, Chennai, Phone: 044 24321694
Tamilnadu Tourism Development Corporation	25, Dr Radhakrishnan Salai, Mylapore, Chennai, Phone: 044 28547344
Government of India Tourist Office	154, Anna Salai, Chennai, Phone: 044 28524295
Tourist Information Centre	Kamaraj Domestic Airport Terminal, Trisulam, Chennai, Ph: 044 22340569
India Tourism Development Corporation	29, Victoria Crescent, C-in-C Road, Chennai, Phone: 044 28274216
Tamilnadu Government Tourist Office	LLA (Local Library Authority), Building 735, Anna Salai, Chennai Phone: 044 28514850
TTD Counter	4, EVR Periyar High Road, Chennai, Phone: 044 25360294

Chennai, formerly called Madras, was originally a cluster of villages, perched amidst paddy fields, bordered by palm trees. In 1639, a fishing hamlet called Chennaipatnam was selected by the early English merchants of the East India Company as a site for their settlement. Chennaipatnam became Madras in 1639, when Francis Day and Andrew Cogan, two merchants of the East India Company, started a factory-cum-trading post here.

During the British rule, Madras went under drastic changes, to become a prominent city, with a strong naval base. With the introduction of railways in the late 19th century, it got linked with other important cities like Mumbai and Kolkata. In 1997, the Government of Tamil Nadu officially changed the name of Madras to Chennai. Chennai has now become the hub for all industries and serves fittingly as the capital of Tamil Nadu state. Even though Chennai has expanded a lot, it still retains its traditional values and its inherent culture.



From Voice of Youth, we have tried to give some key information about the city. We hope this booklet will be helpful to you in getting to know the city better.

