6th Edition

LEADERSHIP SKILIS HANDBOOK 100 essential skills you need to be a leader

JO OWEN



The Leadership Skills Handbook

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100 essential skills you need to be a leader

Jo Owen



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FDS

Future Leaders

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Introduction

ost leadership books try to answer the question 'What is good leadership?' That is like trying to answer the question 'What are people like?' The resulting debate generates more heat than light because leaders, like people, come in many different shapes and sizes.

This handbook is different. It starts with the question, 'How can you learn to lead?' Based on research with thousands of leaders at all levels in the public, private and voluntary sectors the answer was clear: leaders learn not from courses but from experience, bosses, peers and role models. Some of the lessons are positive: we try to copy effective behaviour. Some lessons are negative: we see a boss or peer explode spectacularly and quietly decide not to copy that mistake.

The problem with learning from experience is that it is a random walk. Bump into good role models and experiences and you learn good lessons. Get the wrong role models and experience and you learn the wrong lessons. Not many people become leaders through the luck of the random walk. This handbook will help you take the randomness out of the random walk of experience. It gives you a framework for observing and learning from the experiences you go through. The structure takes some of the randomness out of random experience and lets you learn faster and better than your peers: this is the guide to accelerate your path to leadership.

Research for this book identified the main practical skills that leaders must have. No leader gets ticks in all the boxes. But you need to develop some signature strengths – and you do not want to fail badly in any area.

The book does not prescribe a single formula for success. You will not have to become Nelson Mandela, Genghis Khan or Mother Teresa to succeed. The book allows you to create your own formula for success. Your success formula will reflect a combination of what works in your sector, organization and profession plus what works for you as an individual.

The leadership riddle

There are two dead-end roads to leadership. The first is to try to be someone else. We cannot be Julius Caesar, Gandhi and Mother Teresa all rolled into one (although there are some people who think they are already that good). We have to be true to ourselves. The other dead end is to simply be who we are, in the vain hope that the world will recognize our innate brilliance and leadership talent. We could end up waiting a very long time.

So now we have a problem: we cannot become leaders by being someone else, and we cannot succeed by being who we are. How do we solve this riddle?

The solution is that we have to become the best of who we are. This book is your guide to discovering how to do so. It will help you discover, build and celebrate your strengths. You will not have to sacrifice your personality: you can be a leader on your own terms, not on the terms of some guru with a great theory.

This handbook helps you take the randomness out of your journey to leadership. The book features the core skills leaders need to develop. Each skill has a framework to help you think about how that skill should be deployed ideally. As important, note and learn from your own experience, where you see the skill being deployed well or less well. You should think hard about why it was effective or less effective. As you observe and record real-life examples of skills in action, you will be developing your own unique formula for success in your own unique context.

This handbook is to be used by you to create your own leadership DNA. Ideal leadership is always inferior to practical leadership: what works for you where you are. The handbook only succeeds if you use it as an active tool. When you are faced with an unfamiliar challenge, refer back to this handbook and your notes. Use the book well and it can become your personal guide and coach on the road to leadership.

Finally, it is worth learning one lesson from the world's top athletes. Each gold medallist is supreme in one discipline: they focus relentlessly on becoming the best at one thing. They do not focus on their weaknesses. No one asks weightlifters to improve their synchronized swimming skills. Leaders, like athletes, cannot succeed at everything. They have to focus on their strengths, practise relentlessly and find the context or discipline in which they can flourish. As a manager, you have some unique talents. Focus on what you are great at, and find the context in which your talents will flourish.

About this edition

The CMI (Chartered Management Institute) kindly voted this book as its Book of the Year for New Managers in 2013. It is as a result of this vote of confidence that I have continued this project to help new managers become better managers faster, drawing on the lessons I continue to learn from my clients, partners and original research

The world has changed since the last edition of this book was written in 2020 and that has changed the nature of leadership for two reasons.

The pandemic has made WFH (working from home) routine. This requires leaders to be far more intentional and deliberate in executing all the core skills of management that this book describes. Managing a hybrid team also makes classic 20th-century command and control skills less viable and less relevant. Instead, there is a premium on 21st-century leadership skills such as influencing, persuading and building commitment. In addition, there are practical questions over how often teams should be in the office, what working hours should look like and how to ensure a level playing field between office staff and home-based staff. This new edition explores all of these challenges.

Second, the emergence of generative AI is raising the bar for leaders. Leaders and managers can no longer hide behind routine work and pattern recognition, because that is what AI can do very well. Leaders have to focus on those skills and situations where they can really make a difference.

Ever since the first edition of this book was published in 2006, leadership has become more demanding and more challenging: leaders are having to raise their skills, refresh their skills and learn new skills. This sixth edition will help ensure that you stay at the leading edge of management thinking and practice.

This is the guide to accelerate your path to leadership.

Part One Mindset skills

- Positive leadership
- Responsibility
- High aspirations
- Have courage
- Be adaptable
- Learn to be lucky
- Managing stress
- Honesty
- Self-awareness
- Working to win

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01 Positive leadership

Cynicism is in plentiful supply in the lower reaches of many organizations. There are many cynical junior and middle managers who are going to stay that way: cynical and junior. Our research found no effective leaders who were cynical about their work, their organization, themselves or their lives. They were relentlessly positive about everything.

Being positive is different from the hippy mantra of 'Be happy; don't worry.' Positive leadership is a frame of mind where leaders:

- look to the future, not to the past;
- focus on action, not on analysis;
- see possibilities, not just problems;
- take control versus being controlled;
- create options versus accepting the status quo.

Some people behave like this naturally. For the rest of us, the good news is that these are habits that can be learnt. Choose which set of questions from Table 1 you want, in a tough situation, to be working on in your head. Keep asking yourself these questions and you will run a serious risk of appearing and acting like a positive and effective leader.

In our research, we came across some outstanding examples of leaders thinking positively:

 An arsonist had burned down one wing of the school. The headteacher saw this as a great opportunity to redesign and rebuild the school in the way she wanted it to be, and the insurance company would pay. She was not, as far as we know, responsible for the arson attack.

Table 1 Asking the right questions

Leader mindset	Follower mindset
What are some possible solutions/ options/ways forward?	What went wrong?
What can I do now to regain control and build momentum?	Why have I been put in this position?
Whose support do I need and how will I get it?	Who messed up? Who is going to put this right?
What can I learn from this?	How do I avoid the blame?

- The Japanese subsidiary of a multinational was losing US \$2 million a
 year and jobs were at risk. The leader of the subsidiary persuaded head
 office that it should invest US \$2 million a year in building its Japanese
 subsidiary. Head office thought this was great. Losses (bad) were
 miraculously converted into investment (good) and everyone was happy.
- The politician was meeting voters, and always wanted to say something nice to them. One person came up and introduced himself as a pawnbroker: what can you say that is positive about that? 'Wonderful... pawnbroking is where banking really started hundreds of years ago... and you are still the only people who provide banking services to the poor. You provide a very important and historic service.' One more vote in the bag as the pawnbroker disappeared, happy, down the street.

Cynical junior and middle managers are going to stay that way: cynical and junior.

Responsibility

Responsibility is massively abused in management speak. Most people's hearts sink when responsibility comes into the conversation: it is rarely a positive development.

It can be used as a guilt trip by senior managers on team members: 'Remember you are responsible for the outcome of this project.' It can be used as petty politics to define and defend territory: 'This is my responsibility; if I need your help I will ask for it.' It can be used by jobsworths to avoid responsibility: 'I can't do that: it's not my responsibility. It's more than my job's worth to let you do that.'

Forget how the organization abuses the idea of responsibility, and focus on what it means for you as a leader. Here are three things that all leaders must be responsible for, and where many people struggle:

- 1 You are responsible for your career. If you have a lousy job with a lousy boss in a lousy organization, who is responsible for that? Only when you take responsibility for your own destiny can you start to control it. At times, your choices may be very uncomfortable, but you always have choices.
- 2 You are responsible for what happens to you, even the bad stuff. I got ripped off first for £500,000, then for £5 million and finally for £50 million within five years. So I was making progress, of sorts: the disasters were at least getting bigger and more interesting. At first I blamed the people who ripped me off. Then I realized that if I was a victim, then I was only a victim of my own folly in letting myself be ripped off. Once you take responsibility, you take control and you start to make progress. Until that point you are a victim of a cruel world: leaders never let themselves become victims. They take control.
- **3** You are responsible for your own feelings. This is the killer, literally. Research shows that pessimists die sooner and have a lower quality of

life than optimists. And if you want to feel angry, frustrated and upset with your colleagues, that is your choice: there is no law that says you must. And if you feel that way, the chances are your feelings will affect your colleagues and things will only get worse. Or you can feel calm, positive and action-focused: your colleagues are likely to respond better. It takes time to retrain instinctive reactions and feelings, but it can be done. The starting point is to realize that how you feel is how you choose to feel: choose well.

All of this qualifies as a BFO: a Blinding Flash of the Obvious. But it is so obvious that it is very hard to see, especially in the heat of battle or in the slough of despond when emotions can overwhelm sense. As George Orwell wrote: 'To see what is in front of your nose requires a constant struggle.'

Your choices may be very uncomfortable, but you always have choices.

High aspirations

ow aspirations are self-fulfilling. People who believe they can, and people who believe they can not, are both usually right.

You may think that people in senior positions lack talent or competence. The low aspiration response is to complain about them. The high aspiration response is to realize that you can do better than them: you should be able to join the leadership ranks. The great entrepreneurs of the world did not succeed by thinking small: they dared to think big and played to win.

High aspirations by themselves are just a pipe dream. We can all dream of becoming a top musician or sports star, or perhaps a billionaire. But dreaming is not enough. Every top sports star has a long history of obsessive training. High aspirations demand hard work. It can take 20 years to become an overnight success.

High aspirations should extend to everything you do. 'Good enough' is the motto for also-rans, especially in today's world where work is ambiguous and open-ended. High aspirations mean constant challenge: challenge yourself to do better, learn more and achieve excellence.

If you want a high-performing team, do not be afraid to set high expectations. Most people rise or fall to the level of expectations they encounter. By setting high expectations, you help your team achieve more and develop faster. Provided you support and help them, they will be grateful to be part of a high-performing team, not a 'B' team.

In practice, complacency is the enemy of high aspirations and high performance. In many organizations over 90 per cent of staff are rated as above average. This is statistically impossible, but emotionally inevitable: no one likes to be told they are below average. As a test, are you below or above average in terms of honesty, effort, competence, driving ability and love making? Few people care to rate themselves below average. But if we already think we are above average, we see little need to improve. We lack

the objective performance data that drives sprinters and other athletes on to ever better performance.

To make aspirations a reality, you need to ask yourself a few simple questions:

- Where do I really want to be in five (or ten) years' time?
- Where do I think I will be in five (or ten) years' time given what I am doing now?
- What do I need to do differently (building skills, new roles and experiences) to achieve my goals?
- Am I prepared to do what it takes (time, effort, risk)?
- So what do I need to do differently now?

If you are satisfied with your performance, your aspirations are not high enough. We can all do better if we have the courage to challenge ourselves, test ourselves and learn and develop.

People who believe they can and people who believe they cannot are both usually right.

Have courage

If you follow the herd, you will never get ahead of the herd. You can have a quiet and relatively safe career by following the herd. If you want to lead, you have to take some risk.

In any organization there are moments of truth where people shine or shrink. There are crises, where no one is sure what to do; there are new ideas and projects that need a champion to take the lead; and there are moments of uncertainty where direction is needed but lacking. These are all moments when leaders step up and followers step back.

Fortunately, courage is not something you are born with or without. You can learn courage. The chief of the fire service exploded with anger when it was suggested that his firefighters must be very brave to go into burning buildings. 'I don't want brave firefighters. Brave firefighters become dead firefighters fast!' So how does he get raw recruits to do things that most of us would consider brave and dangerous? First, he makes them learn how to deploy a ladder. Then he trains them to climb a few feet safely. Then he exposes them to a small fire in a bucket. And slowly the heights and the fires get bigger and bigger. Eventually, the recruits become fully trained firefighters. They do things which seem courageous to us, but are routine to them.

As with firefighters, so with managers. We can learn courage. Start with small steps. We are often braver away from work: use family experience and perhaps volunteering experience to learn how to hold your ground, to push new ideas and to take the lead. At work, volunteer for discretionary projects: they are a great chance to learn and develop. Learn to stand up for your interests; challenge nonsense when you see it rather than complaining about it later around the water cooler.

Courage is built one step at a time, which means taking no more than small risks to start with. Very brave managers are like very brave firefighters: they risk a premature demise. Once you know how to take smaller risks, you can take the larger risks comfortably. When you are familiar with risks and know how to manage them, they cease to be risks.

- Where have you pushed yourself beyond your comfort zone in the last three months?
- What did you learn and how could you improve?
- Where do you want to push yourself in the next three months?

If you follow the herd, you will never get ahead of the herd.

05 Be adaptable

Carbon dating is a good way of dating fossils. Music is a good way of dating the living fossils of management. Ask people what their favourite music and films are, and most people will date themselves pretty accurately: people who like The Doors and Dire Straits are older than those who like Coldplay and The Smiths, who are older than the fans of Rihanna or Stormzy. And if you still like the Spice Girls, just keep quiet about it.

The same is true of films, books and management. There is a time when we are learning, absorbing and changing and then... and then we are in danger of ossifying and becoming a fossil living in a time warp of our own. We have all come across old-time managers who use their malign experience to tell you that they have seen it all before: it didn't work then and it won't work now. But standing still in a fast-changing world is dangerous to your career.

Most managers learn a success formula early in their careers. They learn by seeing how their peers and bosses succeed or mess up, and they copy and avoid those examples as necessary. But the problem is that your success formula cannot stay the same over your career. For instance, expectations change as you progress through an organization:

- Entry level: work hard, be reliable, learn your craft.
- Front line manager: delegate, motivate, monitor and develop staff.
- Middle manager: make things happen through people you do not control, influence, build alliances, work agendas, deal with ambiguity and conflicting goals.
- Top manager: strategic vision, excellent communications, deal with high-level external stakeholders, good financial sense.

As you progress you have to learn new functional skills: marketing people eventually have to understand finance and HR; IT people have to learn about customers and markets, and so on. To succeed, you have to keep

learning, growing and developing. If you are still doing stock checks for the annual audit at the age of 50, you do not have the right skill set to be the partner in charge, even if your stock checks are brilliant. You can let your taste in music remain unchanged; you cannot afford to let your skills remain unchanged.

Test yourself

- What new skills have you developed in the last three years?
- What new skills will you need in the next stage of your career?
- Are you learning to use AI effectively?
- Are you learning the skills you will need for the future?

Your success formula cannot stay the same over your career.

Learn to be lucky

All successful leaders admit to being lucky: they create their own luck. The question is how to create your own luck. Try the 5P luck programme:

- **1 Practice.** The more you practise, the luckier you get. The long-shot putt becomes a 50/50 putt; the 50/50 becomes easy. Practice converts luck into skill.
- **2 Persistence.** The difference between failure and success is giving up. Setbacks are great learning experiences: most leaders and entrepreneurs have more than their share of setbacks.
- **3 Preparation.** If you do not know what you are looking for, you will not find it. Know what you want; hunt it persistently.
- **4 Positive outlook**. Look for solutions, not problems. Look for action, not analysis. Be confident in yourself: if you are not enthusiastic, no one else will be. Don't get sucked into a culture of negativity. All this means that luck can be learnt.
- **5 Perspective.** We are as lucky as we feel. If you focus on all that goes wrong in the day, you will feel you have bad luck. If you count all your blessings, suddenly you will feel lucky. You are as lucky as you choose to be. Choose well.

Focus on luck

Review all the setbacks you have had. Are you unlucky? Review all the successes and narrow escapes you have had. Are you still unlucky? Luck is largely a matter of self-perception.

Look at all the problems you have. Feeling bad? Look at all the options you have and how you might achieve them. Feeling better? Now find some practical first steps and move to action.

Look at some successful entrepreneurs. Aren't their ideas obvious? You or I could have done it as well. The entrepreneurs do not even look smart intellectually or socially. So you must be able to do better than them. All change creates opportunities, from AI to WFH (working from home). Right now, someone is making the next obvious idea into a big success. Why shouldn't that person be you?

Leaders create their own luck.

Managing stress

If you find it hard to get to sleep, you are not alone. There is a quiet epidemic of stress among managers and leaders, and it comes directly from the changed nature of work. In the past, work and leisure were compartmentalized. If business people had a briefcase, it was to carry their sandwiches and a newspaper. The shackles of email and the internet did not exist. But now work and leisure are co-mingled: we do personal business at work and WFH means we never leave work.

To make matters worse, work has become ambiguous. It is never clear when your work as a leader is done. There is always something more you can do. If you produce a report, it could be two pages or 200. And even if it is 200 pages, there is always another fact or opinion you could gather, another analysis you could do. And so even if we leave the office, the office never leaves us. There are armies of leaders thinking, not sleeping, each night.

There are several radical options for dealing with stress:

- Drop out and start your vegan farm.
- Become a Buddhist monk.
- See a shrink or become one.

Most of us do not have the luxury of taking these options unless we want to lose our house and family. So we need something more practical. You have five ways of dealing with stress:

1 Take control. The difference between pressure and stress is control. If you are working very hard but you are in control, you may get tired but you will not get stressed. Now take away control: you are no longer in control of events on which your future depends. Suddenly your stress levels will go through the roof. The trick is to focus on what you can control and influence: if you can do something about it, do it. If you cannot do anything, it is pointless worrying about it. Even if it is only a

- small thing, do it: give yourself the impression of control and hope. Don't worry about things you cannot control.
- 2 Compartmentalize your life. You do not have to answer emails in the middle of the night or on holiday. Create barriers and set expectations with colleagues appropriately. This is especially important when working from home: your team needs to agree common working hours, when you will be available for meetings and when you should respond to emails. If there are no ground rules then you will be on call 24/7. Compartmentalizing your life is easier if you have clear goals for the week and for each day: you will know when you have reached a reasonable milestone and you can start to switch off. If you have no clear goals, then by definition your work will never finish because you will never reach your goals.
- **3** Get help. The easiest way to get something done is to get someone else to do it for you. It's called delegation. Delegation is a great way to show trust in your team and to help them grow and develop. Do not try to do it all yourself: your team will not thank you for hogging all the interesting work. Find a coach; find friends or family you can talk to. A problem shared is a problem halved. Often the simple act of talking about a challenge resolves it.
- **4** Find the right role. Some roles are inherently more stressful than others, and many people enjoy such high-octane jobs: stress junkies need stressful roles. If you are not a stress junkie but you are in a role where stress is part of the job description, then you may want to think about whether you are in the right role.
- **5** Keep perspective. Over the years I have cancelled big family events for the sake of some urgent and important crisis at work. I now have no idea what those famous work battles were all about, but I still feel the pain of missing the family events. The sky will not fall down without you holding it up for the rest of humanity. Keep a clear sense of your priorities and act accordingly.

Even if we leave the office, the office never leaves us.

08 Honesty

or a leader, honesty is not just about morals and ethics; it is much more important than that. Honesty is about survival.

Who wants to work for you?

Think about the leaders you have wanted to work for, versus those you have had to work for. How many of the leaders you have wanted to work for did you not trust? The chances are, you trust the leaders you want to work for. And you probably only trust people who are honest with you.

If people have to follow you because of your power and position, they will. But do not be fooled into thinking they want to follow you unless they trust you. To build trust with your followers, you have to be honest with them. This is hard-form honesty: telling the whole truth promptly, even when it is painful. This is an honesty test most politicians fail; then they wonder why no one trusts them.

Authority and popularity are weak currencies for leadership. Authority can be removed in a reorganization. Popularity leads to weakness: you avoid the difficult conversations; you avoid stretching the team too far; you accept excuses. Honesty and trust are the true currencies for leadership. No one can take them away from you. Honesty and trust build respect, which lasts longer than popularity.

Honesty is tough

Someone is not meeting your expectations. Do you tell the person now or let it slide in the hope that things might get better anyway?

The business is facing difficulties. Do you tell the staff or keep quiet because bad news might unsettle them?

In each case, failing to act promptly simply builds up bigger problems for later, and failure to act is corrosive of the trust you need to build.

Honesty is not just about morals and ethics. It's about survival.

Self-awareness

No leader gets ticks in all the boxes. This is deeply reassuring: you do not have to be perfect to lead. Look around you, and you will see that all leaders are flawed in some way. Having a weakness, or a 'development opportunity' in today's jargon, is not an obstacle to leadership if you know what to do about it.

Effective leaders are keenly aware of what they are good at and what they are not good at. It takes great self-confidence, self-awareness and humility to admit to not being good at things. But that is the critical first step towards doing something about it.

All leaders have weaknesses, but fortunately leadership is a team sport. The first act of a good leader should be to assemble a good team.

An ineffective team will all be clones of the leader. An effective team will complement the leader's technical strengths and personal style. Your job is not to be the best person on the team. As a leader, your job is to get all the best people onto the team.

High self-awareness allows you to focus on your signature strengths. Just as we all have weaknesses, we all have strengths. The trick is to know what you are uniquely good at doing, and then do more of it. Deal with weaknesses by building a team and delegating: if you hate accounting, learn to love accountants.

Self-awareness is also essential day to day. We have all been in meetings where someone drones on, completely unaware that he or she is boring or irritating everyone else; we have seen people lose the plot and lose their temper. The best leaders do not do this. They have an ability to detach and watch themselves from the outside. They become a fly on the wall, watching their own performance and asking some simple questions:

- If I was listening to this, how would I react?
- How are the others reacting?
- What do the people listening want and need to hear?

This is different from the internal dialogue inside inexperienced managers' heads:

- How can I get my point across?
- I wish they would shut up so I can make my point.
- Why don't these idiots understand I am right?

Highly self-aware managers are acutely aware of others and see themselves through the eyes of other people. Managers with low self-awareness only see their world through their own warped eyes.

It takes great self-confidence, self-awareness and humility to admit to not being good at things.

Developing self-awareness

Make an honest (and humble) list of what you are good at and what you are not good at in terms of:

- technical skills;
- interpersonal and leadership skills;
- personal style.

Now have someone you know and trust review the list with you. You can do the same for the other person and make it a two-way exercise. Finally, review the strengths and weaknesses of your team: have you got the balance right?

No leader gets ticks in all the boxes.

Working to win

A thletes, like leaders, do not win by playing to their weaknesses and imagining failure. They win by building on their strengths and rehearsing, visualizing success in their minds. Leaders have an advantage over athletes: leaders can delegate to other people to compensate for their own weaknesses. From this come five simple principles of working to win:

- 1 Play to your strengths. Know what you are good at and in what context (occupation, company and project).
- **2** Visualize success. This is important before big, stressful events. Walk through each step of the event, seeing what a successful outcome looks like, feels like, smells like and sounds like. Rehearse it as vividly as possible. Then make it happen.
- **3** Think like a winner. Remember all the times you have done great things. Let yourself get back into that frame of mind. When you believe you will succeed, you will. Failure is a self-fulfilling prophecy. If you have no enthusiasm or confidence, no one else will be enthusiastic or confident for you.
- **4** Create a team that compensates for your weaknesses. If you are no good at coding, for instance, rest assured there are thousands of IT professionals who can help.
- 5 Build mastery. It is not enough to visualize success: you have to earn it as well. That means you have to keep on learning new skills and improving existing skills. To succeed at anything you have to be excellent at something.

Discover your strengths

Leaders often find it hard to identify their own strengths, so try this exercise. Think about the role model at work who you most admire. What is it about that person that you admire so much in terms of their behaviour, skills, mindset, approach?

The chances are that when you see your role model, you are looking in the mirror. Either you have the strengths of your role model, or they are the strengths that you can develop for yourself. If you focus on those strengths, you can work to win.

Failure is a self-fulfilling prophecy. If you have no enthusiasm or confidence, no one else will be enthusiastic or confident for you.

Part Two Career skills

11 Your leadership journey: Key principle	l Your leadership journey: Ke	ey principi	es
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- Managing your leadership journey: The map
- Discover your rules of success
- Build your career
- **15** Careers versus careering: Avoiding the death stars
- **16** How to gain promotion
- Knowing when to move on
- Coach yourself to success
- Running the leadership marathon
- Staying employable

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Your leadership journey: key principles

Your potential is defined by your ambition and your ability (see Figure 1).

Many people think ambition is a dirty word. In practice, ambition comes in two flavours: toxic and nourishing. Toxic ambition is all 'me me me' with sharp elbows pushing colleagues aside. This sort of ambition helps you win the short-term battle but lose the long-term war as you run out of friends and allies.

Managers want you to have nourishing ambition: ambition for the firm. Managers want team members who will make change, seek improvements and challenge positively. This is the sort of ambition where you want promotion not just for yourself, but so that you can have impact at a bigger scale to help the firm.

Let us assume that you have nourishing ambition, so you can put yourself in the upper half of the diagram in Figure 1. We can, naturally, also assume that you are talented. The only real question is whether you are developing the right sort of talent to be an effective leader.

Schools teach exactly the wrong sorts of skills for becoming a leader. In school you are working by yourself to predetermined goals where there is an intellectually correct answer. Any aspiring leader who waits to be set goals, thinks all the answers are rational and works alone is unlikely to succeed. Leadership requires crafting an agenda (setting goals, not just accepting them), working in a deeply political world and working closely with other people. Schools do not teach this. Business school fails dismally to teach this. And most corporate training swings wildly between technical

Figure 1 Leadership success matrix

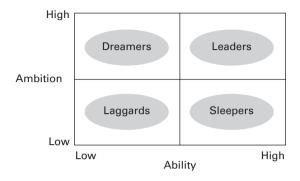
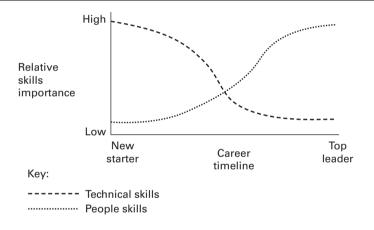


Figure 2 The Leader's skills and career



training (accounting and systems) and tree hugging, raft building and team building on the other side.

In reality, you cannot be taught to lead. You have to discover how to lead through experience and observation. To help you structure your leadership journey, look at Figure 2. This is your entire leadership career laid out before you.

Most people start their careers learning some basic technical skills. This trade craft is unique to each trade: accounting, law, IT, financial analysis, psychology or dealing in the tripartite asset-collateralized repo market. You can make small fortunes through technical skills: Premiership footballers are highly skilled and highly paid, but they are not leaders.

Technical skills are a trap. Many people see promotion as an opportunity to deal with more complex technical problems. That is not leadership: leadership requires getting other people to do things, it is not about doing it all yourself. The CEO cannot solve every problem in the organization from unfreezing your computer screen to dealing with the VAT inspector.

Leaders all develop strong people skills. People skills include a myriad of capabilities covered in this book: delegating, motivating, influencing, resolving conflict, building teams, setting goals and leading change. For any aspiring leader, the challenge is to develop the people skills early: it is easier to experiment, mess up and change early in your career than when you find yourself suddenly leading an organization with over 1,000 people in it. Some organizations develop these people skills fast: the armed forces, teaching and many service sector jobs such as hotels, restaurants and clubs provide unique training grounds in dealing with the human animal.

EXERCISE 1 Are you on the right journey?

Are you learning great technical skills (dealing in bonds, accounting, law), which lead to a profession or to middle management?

Are you also learning how to get people to do things: delegating, coaching, resolving conflict, motivating, persuading, selling a vision and direction and leading?

This is the road to leadership.

Schools teach exactly the wrong sorts of skills for becoming a leader.

Managing your leadership journey: the map

By now it should be clear that leadership means different things to different people in different organizations. It also means different things at different levels of an organization. This can become truly confusing, but there is a way through. Our research showed that, at each level of an organization, there are fundamentally different expectations of what a leader should look like and do. The differences are consistent across industries and countries, with some minor exceptions: in Japan they rate the ability to speak English as a key leadership requirement in some firms. If Anglo-Saxons could also learn to use English better, we would all be saved much drivel.

Take a look at Table 2. This table is based on original research asking followers what they expected of their leaders, and what percentage of them thought that leaders were delivering the desired quality. It shows the top five expectations of what a good leader looks like at each level of an organization (satisfaction ratings are shown in brackets). Note the following:

- Respondents all believed that you can lead at all levels of the organization: leadership is not the sole preserve of the CEO. To succeed, you need to develop and practise leadership skills from an early stage.
- Expectations of what good leaders look like change at each level. This
 explains why some people do very well at one level but then get altitude
 sickness at the next. To succeed, you need to adapt to new rules of
 success at each level.
- There is a large dissatisfaction with top leaders' ability to motivate others: only 37 per cent are satisfied with top leaders on this criterion.

Top leaders	Leaders in the middle	Recent graduates/ emerging leaders
Vision (61%)	Ability to motivate others (43%)	Hard work (64%)
Ability to motivate others (37%)	Decisiveness (54%)	Proactivity (57%)
Decisiveness (47%)	Industry experience (70%)	Intelligence (63%)
Ability to handle crises (56%)	Networking ability (57%)	Reliability (61%)
Honesty and integrity (48%)	Delegation (43%)	Ambition (64%)

Table 2 Top five expectations of leaders at all levels

- The performance expectations for emerging leaders are low and largely about behaviour: hard work, proactivity, reliability. Many aspiring leaders fall over these very low hurdles.
- The most divisive criterion was honesty and integrity. A boss who was
 rated well on this, and was therefore trusted, tended to be rated well on
 everything else. Bosses who rated poorly on this were damned on all
 other criteria.

The good news about these criteria is that you do not have to be superhuman to be a leader. The leadership requirements are simple and basic, and many people fail to live up to them. Focus on these basics, do them well and you will stand apart from many of your peer group.

You do not have to be superhuman to be a leader.

Discover your rules of success

The rules of success and survival vary depending on your organization and its circumstances. Think of risk-taking: it is the lifeblood of an investment bank and it is like kryptonite to the Civil Service. In one context you cannot survive without risk-taking; in the other, risk-taking kills you.

Here is a critical, and deceptively difficult, exercise for you.

EXERCISE 2 Discovering the rules of success

What are the rules of success in your organization?

Hint one: Look at the people who get promoted and get the big bonuses. What do they do? Ignore the formal evaluation criteria. Even senior leaders have little faith in formal evaluation criteria or promotion processes.

Hint two: Think of the following sorts of trade-offs:

- Take risks versus make no mistakes.
- Achieve results versus follow the process.
- Do what the boss says versus exceed expectations.
- Be creative versus be reliable.
- Grow revenues versus control costs.
- Maximize profits versus maximize ethical pedigree.
- Be a selfless team player versus be a star that outshines others.
- Put your liver on the line versus stay sober at all costs.
- Put in face time versus deliver the goods.

- Work in sales/finance/products/the company power base.
- Find the right sponsor/power baron/projects.
- Learn golf versus learn accounting.
- Many other criteria relevant to your context.

You may not like the rules of success in your organization. Selling your soul to succeed may not be worth it. If you do not like the rules of success, do not complain about them. Save your breath. You can adapt, leave or sulk.

Sulking is not a good route to leadership.

Build your career

Your career is a marathon, not a sprint, so plan it out well. Your greatest responsibility is for your own career.

Your most important task is to find the right role with the right employer and the right boss. If you have a lousy role with a lousy employer and a lousy boss, that is your problem and your responsibility. You can either whine about it or do something about it: many people choose to whine about it because that is easier. But if you are in the wrong job then you will go nowhere fast.

Over half of new graduates find that they are in the wrong job when they leave university, which gives rise to a productive first-bounce market for hiring good graduates with a couple of years' experience who want to start again. The bad news is that it is so easy to make the wrong call; the good news is that you are not alone and despite a tough economy, there is always demand for real talent.

So how can you spot the right employer, right role and right boss?

The right employer

Ask yourself some basic questions:

- Is the employer growing? It is easier to get promoted in an organization that is growing than in one that is contracting.
- Will growth continue? Some markets have been in long-term growth for 30 years (management consulting, for instance) and some firms have an inherent competitive advantage that assures growth.
- How strong is the competition? Remember, the real competition is not another firm: it is sitting at a desk near you. If the firm recruits 1,000 graduates annually, ask how many of them go on to the top of the firm:

- probably only 1–10 per cent reach the top roles. Rest assured that the other 90 per cent also thought they would reach the top; work out the odds and place your bets accordingly.
- Will I build skills that will be useful for the future? Marketing, HR, accounting and sales are all very transferable skills. Many employers seek these sorts of skills. If you become an expert in settlements in the tripartite asset-collateralized repo market, you have far fewer career choices ahead of you.
- Does this firm have a good reputation in the marketplace? If you join P&G in marketing you can find another job more easily than if you join Jim's Acme Widgets in marketing. How will this experience and employer look on my CV?
- Will I enjoy working here? You only excel at what you enjoy. And life is short. So make sure you work in a place you think you will enjoy.
- Will I succeed? Do I have the relevant aptitude to succeed? Do not try to fake it: if it works, you will regret it. Look hard at what successful people in the firm do to succeed and ask if that is the sort of person you are and you want to be.

The right role

Again, ask the right questions:

- Will I enjoy the work?
- Will I succeed? Do I have the right support, right budget and right
 expectations? If not, negotiate before you accept the role. Once you
 have accepted the role, all your negotiating power has disappeared.
- Will I develop skills that will help me for the future? Do not get caught
 in the comfort zone where you are asked to do the same sort of thing
 repeatedly. You will be very good at it but you become the 'boffin in the
 box': good at one line of expertise, but not building the management
 skills needed for promotion.
- Will this role give me a claim to fame? Does the role have any visibility two levels higher up the organization? Or will I be trapped in an obscure area doing worthy work and becoming completely overlooked?

The right boss

Every organization has bosses from hell and bosses from heaven. And everyone knows who they are. You can hope to get lucky in the assignment process, but hope is not a method and luck is not a strategy. You need to take control over your destiny and work the assignment process. That means finding out what opportunities are emerging and either becoming very visible or doing a Harry Potter: assume the cloak of invisibility and become completely unavailable. Most bosses are looking for loyal and effective team members: you do yourself no harm by flattering potential bosses and showing an interest in working for them. If necessary, put in some discretionary effort to help them out, and they are likely to repay your commitment when it comes to assignment time.

Finally, remember that there are three one-way leaps you can make in your career: once you have leapt, you cannot go back. These huge leaps are:

- 1 Working for yourself. Once you have tasted the freedom and frustration of being your own boss, you will find it very hard to go back into the confines of a system where you have lost control and you work for a boss you probably do not respect.
- 2 Becoming a CEO (or partner in a professional services firm). Like the self-employed, you will not be able to go back to working for others. Unlike the self-employed, you will have the option of disappearing off into committee and commission land in search of a gong.
- **3** Moving off the gold standard. There are a few gold-standard firms in any industry: Google, P&G or Unilever, McKinsey and Goldman Sachs. While you are there, countless other employers will want to snare you. Once you leave, you will struggle ever to get back to the gold standard those firms represent.

Your career is a marathon, not a sprint.

Careers versus careering: avoiding the death stars

For some people, 'career' is a noun that describes a steady progression from fresh-faced graduate to a happy retirement. For others, 'career' is a verb that describes a chaotic slalom through myriad adventures on the path to leadership or disaster. Whether you want a career or prefer to career, it pays to avoid death star organizations, projects and bosses. Traditionally, these are known as CLM for good reasons: they are career limiting moves.

Death star organizations

You take a huge gamble when you join an organization. You can improve the odds if you join an organization that is likely to grow and succeed. Put simply, there are more opportunities for promotion in an organization growing at 20 per cent a year than in one declining by 20 per cent a year.

Do your research. Today's winners may not be tomorrow's winners. Anyone joining a telecoms company around 1985 would have joined a fixed-line company, not any of the small start-ups selling mobiles – which looked like bricks and weighed like bricks – to loud-mouthed and loudly dressed property developers. There have been many more opportunities with the mobile companies than with fixed-line operators over the last 40 years.

Death star projects

Ask yourself two questions before taking on an assignment: 1) is the assignment worthwhile? and 2) is the assignment set up for success?

A worthwhile assignment is one that has relevance and impact at least two levels up the organization (unless you are already the CEO). Ideally, it will also be close to the centre of power. Being asked to run the business in Japan is exciting, but after three years everyone back in your home country will have forgotten that you exist. Your new bosses will not know what promises were made when you left: fulfilling other people's promises to you will be very low on their list of priorities. Stay close to the centre of power.

An assignment is set up for success if it has the four following characteristics:

- 1 The right sponsor. If the project is relevant to someone two levels up, that person will be actively promoting and supporting it. This makes it worthwhile, and politically it makes it more likely to succeed.
- **2** The right problem. Politically, any CEO problem is the right problem because you know it will get the visibility and support to make it succeed. In practice, you need to use judgement. Spending a year fixing the wrong problem is not a good career investment.
- **3** The right team and resources. If the assignment is under-resourced or understaffed, then it is clearly not a real priority; worse, it is not likely to succeed.
- **4** The right process. Working against insane deadlines, needing double and triple checks before sneezing and testing either everything or nothing are not good success recipes.

Finally, consider whether you are the right person for the job. Doing competitive research on the Thai tapioca industry appeals to some people and some people are very good at that sort of thing. Do not be lured by the prospect of doing tapioca research on a tropical island: consider very carefully whether you will actually be able to deliver a great result.

Avoiding death star projects is not always easy. Here are some basic principles:

• Switch your radar on. Keep on the lookout for what are the emerging assignments and opportunities. Talk to everyone: gossip is good.

- Assume the cloak of invisibility when a death star assignment looms.
 Make sure that you are very busy elsewhere. Start making yourself useful by volunteering to do things for bosses: do someone a favour.
 That person will appreciate it, and you will be curiously unavailable when the death star assignment is being staffed.
- Avoid succeeding too much at things you do not like. If you are really
 good at developing business cases to justify systems changes in the life
 insurance industry, you may find that your pigeonhole becomes a career
 coffin: you will not be allowed to do anything else.
- Make yourself very useful to people who have interesting assignments.
 Volunteer to do stuff for them. Express an active interest in the assignments that tick your boxes: they will then work the formal system to get you assigned.
- Last and least, work the formal assignment system. HR people will tell you how the assignment system works. Their rational world of assignment systems tends to be overwhelmed by the political reality of bosses fighting to get the best staff on to their books. Work the politics hard, but try to avoid upsetting the HR people too much in the process.

Death star bosses

Death star bosses come in four unpalatable flavours: too strong, too weak, the wrong taste or the wrong menu:

- 1 Too strong bosses. These are the Darth Vader types who demand your soul. There is some good news about them: they will look after their team very protectively. But the moment you flinch or you fail to deliver, you are dead meat. You are 100 per cent in or 100 per cent out. They tend to chew up and spit out team members at an alarming rate.
- **2** Too weak bosses. These may feel easy to work with, but at crunch time they are often unable to deliver on expectations on pay, promotions and assignments.
- **3** The wrong taste. The wrong taste may simply be a matter of two styles that are too alike (two introverts with nothing to say to each other or two egos that take up too much space in the room). Or it may be a problem of two conflicting styles that cannot work together.

4 Wrong menu. Even if everything else is right about the boss, if he or she is working in the wrong part of the organization you will be in trouble. From your perspective, the wrong part of the organization is one where either you are unlikely to succeed or there is limited career progression.

Avoid succeeding too much at things you do not like.

16 How to gain promotion

Do you really want promotion?

There are many outstanding specialists who relish using their deep craft skills. Promotion means they have to focus on managing, not doing. The more they are promoted, the further away they become from the front line action and the less they use their craft skills. Each promotion is a moment of great peril, because you have to learn new skills and new rules of survival and success at each level.

Even if you want promotion, often the biggest challenge is to get out of your own way. Here are three classic promotion traps which people fall into:

- 1 Believing ambition is a dirty word. This means you will not push yourself, while less deserving colleagues will push themselves ahead of you. Ambition comes in two flavours. The toxic flavour is personal ambition, with sharp elbows that push others aside. The positive version of ambition is ambition for the firm. Ambition for the firm is about seeing how you can make an even bigger and better difference for the firm with a bigger role. If you can do this, you have a moral imperative to go for promotion and help the firm achieve its potential.
- 2 Thinking that you are not 100% ready for promotion. The reality is that no one is ever 100% ready for promotion. In practice, you always have to learn on the job. You are ready when you have enough strengths to make a difference in the next role; if you wait until you have no more weaknesses, you will wait forever.
- **3** Hoping that your hard work will be recognized and rewarded, just as you learned at school. In a perfect world, that would be true. We do not live in a perfect world. The reality is that official promotion criteria are ignored and performance reviews are not trusted. In practice, you have

to sell a narrative about who you are and what you have done, and you have to build your network of support among decision makers. If that sounds political, then welcome to the real world.

To make matters more challenging, real promotion criteria change by level. At the start of your career, your first promotion may well come about because of your attitude, supported by performance and the formal promotion system which is designed to recognize emerging talent. As you progress, attitude becomes less important relative to performance and politics. It is not enough to do well, you have to sell your performance and build your network of support. At the most senior levels, appointments are highly risk averse: they want someone who has proven that they can do the job already.

Here are ten rules of promotion to help you cut through the fog of the corporate promotion system:

- 1 Attitude counts, especially at junior levels when people get promoted on potential as much as performance. Show you are positive, action oriented, solution focused and helpful and you will stand out from most of your peers.
- 2 Work on promotable work which is important and relevant to people two levels above you. That is how you get noticed. If you simply do your day job and keep things going then you will not get noticed and not get promoted.
- **3** Have a sponsor. Promotion decisions, and all other big decisions about your career, will be made when you are not in the room. Who will be in the room rooting for you when decision time arrives?
- **4** Preferably, have two sponsors because one sponsor may be moved, blow up, be unavailable or discover other priorities when the moment of truth arrives.
- 5 Sell your story. Can you really tell what all your colleagues are achieving, unless they have done something remarkable? How can anyone else tell what you are achieving, unless it is truly remarkable or you tell them without being a jerk? Experience sharing and training others is a good way to demonstrate your credentials.
- **6** Treat every day as an opening night performance. You have to wear the mask of leadership: this is the best version of who you are. Colleagues may not know what you have accomplished, but will be very clear about what you are like. How you are matters as much as what you do.

- **7** Act the part. If you want to join the club you have to follow club rules in terms of how you dress, look and act. Ignore the rhetoric: teams prefer conformity to diversity. So you can be any race, colour or gender as long as you look and think the right way.
- **8** Show you can do the next job one level up. At senior levels, you will not be promoted on potential because the risks are too high. They want to know you can do the job: show that what you are doing already fills all the needs of the next role.
- **9** Read the air. At senior levels, no one tells you what the exam question is. You have to figure it out yourself, with the help of your sponsors. The more senior you become, the more political it becomes and the more you need to weave your web of trusted allies who will help you, keep you informed and support you when you need it.
- 10 Have a distinctive claim to fame which can sustain you for many years to come. Become the person who is known to be effective because you turned around a business, introduced a new product, led a merger or sealed a huge deal.

The message from these rules is simple: do not rely on the formal promotion systems or criteria. These systems are used to justify the decisions which senior managers want to make anyway. Senior managers make their decision, and then use ranking and scoring systems to prove that their instincts were right. Promotions are as much a political process as a rational process which means you need to perform, but you need to work the process as well.

Do not rely on the formal promotion systems or criteria.

Knowing when to move on

Let they are also very often lonely. In success you have friends; in setbacks, you are often all alone. These are critical moments. The difference between failure and success is often as simple as giving up. The people who reach the top are not always the best and the brightest: they just kept going. In sailing, they say that 'to finish first, first you must finish'. There is no point in going fast if you capsize.

But equally, if you are in a dead end and are getting nowhere however hard you push, when should you move on?

First, there is a poor but very common reason for moving on: you fall out with your boss. Most people do not leave their firms, they leave their boss. In large firms, this can be a mistake. The corporate carousel keeps on turning, which means that no boss is for ever: there are restructurings, you or they get moved or promoted. If your problem is your boss, you may want to look at alternatives within the same firm, before jumping ship.

There are real dangers to jumping ship. Headhunters will always paint a picture where the grass is greener elsewhere. Remember that it is greenest where it rains the most. A prospective employer will always put on their best face to you. But all firms suffer the same problems: politics, crises, dull work, career hazards. The wonderful boss who hires you could soon be replaced by Attila the Hun's alter ego.

When you are in a tough place, listen to your head and heart. But make sure you ask them the right questions. Here are three questions for you to ask.

1 What do I enjoy?

Ask your heart the most important question: what do I really enjoy doing? Don't ask 'do I enjoy my current position?' because the answer will just depress you. Ask your heart the bigger question of what you do enjoy. Most people, despite claims to the contrary, enjoy work: it gives them a sense of purpose and a sense of community. It also pays the bills. So what sort of work do you enjoy?

Asking what you enjoy may seem frivolous, but it is not. You only excel at what you enjoy. To excel at anything you have to put in huge effort, discretionary effort. We can all put in extra effort for a month or two in a crisis, even with things we do not enjoy that much. But to excel over a career requires discretionary effort over years and decades. You can only sustain that effort if you gain satisfaction from what you do. So work out what you enjoy, and then work out what sort of work and context will meet your needs. That may or may not be in your current firm.

2 Am I set up for success?

This is really a two-part question. First, do your homework on your current or prospective employer. Are they set up for success? Are they going to be growing or declining over the next 10 years? Bluntly, growth means opportunity and decline means stress. Back a winner.

Then ask if you are in a role which has potential, and whether that role is set up with the right support, management and resources to enable you to succeed. If not, then work to get it set up right. All battles are won or lost before the first shot is fired. There is no point in fighting valiantly if you are not set up to succeed.

3 What will I learn?

A career is a marathon, not a sprint. In the long term, success is determined by the skills you acquire. The skills you need tomorrow are different from the skills you need today. So you can sprint ahead today by using the skills you already have, but you will soon find that you are running nowhere. Meanwhile, the people who invest in their careers and their learning slowly move ahead. Learning does not mean formal training and

courses, although these help. Learning is as much about having the right experiences and being exposed to the best sorts of managers and leaders whom you can watch and learn from. Ask yourself where you are most likely to get the right bosses and right experience.

As you ask yourself these questions you will inevitably find that you get contradictory answers. That's life. At times like this, it pays to get help. You need to talk to someone: it could be a coach, a family member or friend. Often, the simple act of talking about these questions makes the answers obvious. Then find the courage to make it happen.

Remember, it is greenest where it rains the most.

Coach yourself to success

ow do you learn about what works and what does not? Pick two of the six possible sources of learning:

- books:
- courses;
- bosses (good and bad);
- peers;
- role models (inside and outside work);
- experience.

Most people choose direct experience, supported by observing the experience of bosses, peers and role models. Virtually no one chooses books or courses, which is bad news for an author who deliver courses.

There are two problems about learning from experience. First, experience takes time and most of us want to progress fast. Second, experience is a random walk. If you are lucky and get good bosses and role models, you accelerate your career. Bad experiences and bosses drive you straight into a dead end.

So how can you accelerate and structure your learning? The traditional answer is to hire a coach. But they are expensive and of variable quality. What you need is the best coach in the world: someone who understands you and your situation. You need to hire yourself.

Coach yourself by following the plan-do-review cycle on all your activities:

 Plan what you want to achieve and how. The simple act of stopping and thinking for 30 seconds before picking up the phone can make all the difference. Most people understand the need to plan and think ahead, except when they are caught in the heat of battle and emotions are running high: that is when cool thinking is most needed.

- Do it. This should be obvious but it is not. Sending emails, looking at
 the internet and attending meetings are often a good alternative to
 work if you have time on your hands. Planning should eliminate these
 wastes and help you focus on real work.
- Review it. Most executives are useless at this. They may start a post mortem when things go wrong, but often that is playing the blame game, not the learning game. But the review stage is where you learn most and it is your chance to accelerate your career. It is your secret weapon.

Here is how to review effectively, and it need only take a few seconds of your time. After any key event, ask yourself two questions:

- 1 WWW: What went well? Again, most people forget to think about what went well. We assume that success is the natural state of affairs. Success is not natural. Making things happen is very hard work, and there are endless obstacles which stand in our way. So when things work well, step back and ask 'why? what did I do that helped things work well?' This is how you will build your personal success formula.
- 2 EBI: Even better if. When things go awry it is easy, but pointless, to beat ourselves up about it. So don't look for the evil twin of WWW: what went wrong. That will simply depress you. Instead, ask what you could have done differently, or tried to make things work better. Then, next time you are in a similar situation, you will have a new strategy to try out. You may even succeed.

You can do WWW and EBI with team members after meetings. You can also do it privately and informally in your head as you walk down the corridor. At first, it will seem cumbersome. Over time, it will become like second nature. The real magic of WWW and EBI is not in working out where you could improve. The magic comes from capturing yourself succeeding. Bottle that success and keep on using it.

You do not need to accumulate experience; you need to accumulate learning. WWW and EBI are your key to learning and success.

Running the leadership marathon

one eminent business school professor claims that leadership is not a sprint; it is a marathon run in a series of 400-metre sprints. This shows that he does not know how to run a marathon. But, fortunately, he has more insight into leadership than he does marathons. With a few notable exceptions, who are normally successful entrepreneurs, it takes decades to reach a senior leadership position. Leaders, like actors, take many years to become an overnight success.

The question for all aspiring leaders is how to build and sustain the stamina required for the leadership marathon. The strategic answer was hinted at in an earlier section: you only excel at what you enjoy. Life is too short to do things you hate, even if they pay well. You will eventually stress out, burn out and drop out to start your organic pig farm in Wales. That is not the road to leadership. Whatever you do, enjoy it. Even if you do not succeed on the leadership journey, at least you will have enjoyed the trip.

The deeper answer is to look after yourself. This is where we enter the murky waters of wellbeing gurus, lifestyle gurus and ultimately power crystals, healing and feng shui.

EXERCISE 3 The stress test

- Do you regularly work more than 50 hours a week?
- Do you take less than four weeks' holiday a year?
- Do you let work come into your holidays and social/home life?

- Do you drink more than 12 units of alcohol a week (1 pint = 2 units)?
- Do you smoke or take any other drugs?
- Do you feel tired often and/or have trouble getting to sleep?
- Do you get lots of small illnesses?
- Do you have more responsibility than authority, or a lack of control?

Try to balance your life so that not too many answers are 'Yes'.

Work-life balance is not code for letting people go off and start families. It is about allowing you to create and sustain the energy that will carry you to the top, not to the pig farm. Here are some obvious suggestions:

- Diet. The right foods make a big difference. You do not need to be a crank, but a diet of greasy burgers and chips is a heart attack on a plate: it is not worth it.
- Exercise. Find something you enjoy. Imitating a hamster on a treadmill is not for everyone.
- Enjoyment. All the leaders we researched clearly enjoyed what they did. If there is stress, it is in the middle of the organization, not at the top.
- Relaxation. Most leaders are not one-dimensional. They tend to have active interests outside work, which may be physical (hiking, skiing, sailing), intellectual and cultural (arts, clubs) or social.
- Sleep. Turn up to work drunk and you can expect to be fired. Turn up tired, and it is a badge of honour. But the effects of tiredness on decision making, reactions and self-awareness are just the same as the effects of drinking.
- Switch-off time. Switch off the computer, text messages, phone, email and all the other technology that imprisons you into a 24/7 work style. You do not have to work at 2 am while you are meant to be on holiday. Creating boundaries is especially important if you work from home. WFH means that you are at the office 24/7, unless you create and maintain clear boundaries between work time and home time. Those boundaries have to be negotiated and honoured by the whole team.

Find what works for you. Remember that just as the mind controls the body, so the body controls the mind. Try clenching your fists and jaw and then relaxing them: the difference is immediate. Breathing exercises and mild meditation can work wonders.

Work-life balance is desirable but dangerous if it is simply an excuse to work less. The answer is not to avoid work: the answer is to find work that you enjoy, that leads you where you want to go and that has meaning and relevance to you. Leadership is hard work: you cannot shortcut to leadership by working less.

You only excel at what you enjoy.

20 Staying employable

Career is both a noun and a verb. For most people, career used to be a noun. It described how you joined a firm as a young person and then left 45 years later with a carriage clock and a defined benefit pension. You would then show your gratitude to your faithful employer by promptly dying so that you did not overload their generous pension scheme.

Career is now a verb for most people. It describes how we have to slalom from one opportunity to the next. Each employer will require us to show 100 per cent passion, 110 per cent commitment, 120 per cent loyalty and 130 per cent integrity. They will be 100 per cent loyal to us, until the day they need to restructure, downsize, outsource, right size, offshore, best shore or plain fire us. And that can happen at any time.

The result of the shift of career from noun to verb is that employment no longer comes from your employer; it comes from your employability. You have to have the right skills and experience if you want to stay in meaningful work.

Keeping the right skills is a challenge. As a test, ask yourself what the following have in common:

- camel jockeys;
- Japanese waitresses;
- Korean baseball fans;
- Welsh dairy hands.

Answer: they have all been replaced by robots or computers. Oxford University estimates that over half of all current jobs can be replaced by robots or AI. In the past, automation replaced manual work. In future, AI

will replace white collar work. If your work is based on pattern recognition, then you are at risk from AI. This includes work in law, medical diagnostics, evaluation of songs, advertising or potential recruits.

Even if you are not replaced by robots or AI, the skills you need today are not the skills you need tomorrow. Clearly, this is a threat. It is also a huge opportunity. In the old world of employment, you had security but no freedom. You did what your employer told you to do, and you progressed slowly. In the new world, we have lost security but gained freedom. We can do what we want, provided we work for it.

There are four keys to staying employable in the new world of insecure freedom.

- 1 Keep on learning. Never stop learning and adapting. Never. Keep looking ahead to see what skills you will need for your next role or your next promotion. Those are the skills you need to learn. At some point in your career, you may well have to reinvent yourself. If that happens, be brave. Take the chance to learn a new set of skills and enjoy the chance to start careering.
- 2 Build your track record. It is not enough to have worked hard. Many people work hard and are then laid off. You need a claim to fame. You need to show that you have achieved something over and above what might have been expected for someone in your role. This claim to fame has the obvious benefit of making you more attractive to employers, including your current employer. It has the less obvious benefit that any claim to fame involves pushing yourself into new territory. That means you were probably learning and growing fast.
- 3 Build your networks. If you have a good network within your current firm, you will know in advance where the good opportunities are, and where the death star assignments and bosses are likely to emerge. You can then take evasive action as necessary. And if you are well networked and well supported, then you are likely to be towards the bottom of the list when it comes to lay offs and restructurings. Your external networks are also vital. Most jobs are filled through personal networks. Even where there is a formal search, the search is often doing little more than confirming an informal decision made by your network.
- **4** Future-proof your skills. Work on the sorts of challenging tasks that AI cannot do: dealing with politics and emotions at work was always

important for leaders and becomes even more important in an AI world. Politics is about making sure you secure the right support and resources to ensure you succeed and dealing constructively with conflict; emotion is the endless and thankless task of dealing with the egos, needs, hopes, dreams and fears of your team members and colleagues.

Never stop learning and adapting. Never.

Part Three People skills

2'	1	Understand	yourself
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- **22** Understand others
- 23 Understand how you affect others
- 24 Delegating
- **25** Motivating
- 26 Disagree well
- 27 Valuing others: cultural intelligence
- **28** Give and take
- 29 Managing performance
- **30** Managing professionals

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21 Understand yourself

As a leader, understanding yourself does not require seeing a guru in India, gazing at your navel or discussing your childhood with a shrink. It requires that you understand how you affect other people.

Do not worry about what box shrinks try to put you in. Boxes are for the dead, not the living. You only need to worry about how you affect others. If you understand this, then you understand what matters about yourself.

You need some way of understanding yourself and how you affect others and, for better or worse, there are many psychological models and tools to help you or, in some cases, confuse and depress you. The Myers-Briggs Type Indicator (MBTI) is a classic tool which can help. It takes many years to become an expert at it, which defeats its own purpose. The idea is not to become an MBTI expert: it is to become a leader.

The received wisdom about all these models, including MBTI, is that there is no 'bad' category. This is a fiction used by facilitators who want an easy time with the groups they lead. Like the astrologers who always give positive horoscopes, they do not want to upset paying customers. All the categories in MBTI have a positive and a negative side. You affect people both positively and negatively with your style, and it pays to understand both sides. Table 3 shows a revisionist version of MBTI.

Critics of MBTI complain that it lacks any serious peer-reviewed academic credibility. They are narrowly right but broadly wrong. MBTI is not there to help people become psychiatrists. It is a simple tool to make you aware of and respect different ways of working. Many of these differences make a team stronger by preventing group think.

 Table 3
 Myers-Briggs Type Indicator (MBTI) outline

Туре	Description	Positive impact	Negative impact
Extroversion (E)	Gains energy from others. Speaks then thinks.	Spreads energy, enthusiasm.	Loudmouth. Does not include other people.
Introversion (I)	Gains energy from within. Thinks before speaking.	Thoughtful. Gives space to others.	Nothing worth saying? Uneasy networker.
Sensing (S)	Observes outside world. More facts, fewer ideas.	Practical, concrete, detailed.	Dull, unimaginative.
Intuitive (N)	Pays attention to self, inner world, ideas.	Creative, imaginative.	Flighty, impractical, unrealistic.
Thinking (T)	Decides with head and logic.	Logical, rational, intellectual.	Cold and heartless.
Feeling (F)	Listens to the heart.	Empathetic, understanding.	Soft-headed, fuzzy thinker, bleeding heart.
Judging (J)	Organized, scheduled, tidy.	High work ethic. Focused and reliable.	Compulsive neat freak. Uptight, rigid, rule-bound.
Perceiving (P)	Keeps options open. Opportunistic.	Work-life balance. Enjoys work.	Lazy, messy, aimless and unreliable.

EXERCISE 4 Discovering your style

Your first exercise is to figure out where you are on MBTI.

As you look at the list of positive characteristics, you will naturally believe you have all of them. You will discover the truth you long suspected: you are perfect. MBTI does not let you off so lightly. You have to choose between E and I, between S and N, between T and F and between J and P. The result is that in the world of MBTI you become an ugly acronym like ENTP, or ISFJ, or INFP.

If you are still having difficulty discovering your style, look at the negative impact column in the MBTI chart. You will probably discover quickly what you are least like.

Now do the same for your boss. Putting the boss in the right negative boxes is pretty easy for most people.

Boxes are for the dead, not the living.

22 Understand others

The pay-off from using MBTI comes when you use it to influence others effectively. A good team will be a mix of styles. If everyone is an introvert, the room will echo to the sound of silence. If everyone is an extrovert, the room will be rowdier than a chimpanzees' tea party. These odd combinations are productive, but hard to maintain. A common trade-off is between the Thinking types and the Feeling types.

Thinkers often focus only on tasks and actions; feelers will speak of little other than people. You need a team that can manage both the tasks and the people, and you need to recognize that the different styles of each team member are valuable. Table 4 shows how to deal with the different types of person.

Table 4 Dealing with different MBTI types

Your type	Their type	How they may see you	How you can adjust
Extroversion (E)	Introvert	Loudmouth. Does not include other people.	Give others time to think and to speak. Ask open questions.
Introversion (I)	Extrovert	Nothing worth saying? Uneasy networker.	Prepare in advance to have something to say.

(continued)

Table 4 (Continued)

Your type	Their type	How they may see you	How you can adjust
Sensing (S)	Intuitive	Dull, unimaginative.	Take over some of the practical detail that intuitive types dislike.
Intuitive (N)	Sensing	Flighty, impractical, unrealistic.	Ask for help on practical things: form an alliance with a sensing person.
Thinking (T)	Feeling	Cold and heartless.	Try to win a friend, not just win an argument.
Feeling (F)	Thinking	Soft-headed, fuzzy thinker, bleeding heart.	Let the thinkers think; then work the people and the politics.
Judging (J)	Perceiving	Compulsive neat freak. Uptight, rigid, rule-bound.	Ignore the chaos; quietly focus on the substantive battles.
Perceiving (P)	Judging	Lazy, messy, aimless and unreliable.	Clear up the mess on the desk and make sure the report gets in on time.

There are a few principles hidden in here:

• Do not try to be someone else. If you are an introvert, then you are not suddenly going to transform yourself into an extrovert who is the life and soul of the party. Under stress, people often resort to a second style of operation. This is often catastrophic: they have had less practice at that style, and the outcome is rarely good. Be true to yourself.

- Do not try to change the other person. Understand how the other person's style differs from yours. These differences are positive. Together, you are likely to be able to achieve more than if you operate independently. An intuitive person will have many ideas and a sensing person will be very practical on the detail. One of you is the guru with the vision; the other is the commissar who can work out how to make the vision real. It is a powerful leadership combination.
- Be patient. If you are highly task-focused (T) it can be frustrating if someone else never talks about the critical tasks in hand. Instead this person talks about people the whole time. The person is an F. This is a good combination: one of you works out what needs to be done (T); the other works on the politics and people (F) to enable it to happen.
- Be aware. Most of us stumble into personal and professional relationships. We know how long it takes to build personal relationships. We have little time to build professional relationships. We need to understand other people's styles fast so that we can influence them positively and quickly.
- Find the right situation in which to work. Warren Buffet remarked that 'when a great manager joins a lousy company, it is normally the reputation of the company that remains intact'. The same is true of work styles: you will not change the style of the organization in which you work. You need to find a way of living with the style of your organization, or you need a new organization.

When a great manager joins a lousy company, it is normally the reputation of the company that remains intact.

• Build the team. Strong teams are diverse. Diversity means more than diversity of race, gender, age and faith. It means the subtler diversity of building a team with complementary styles, skills and perspectives. A football team of 11 great goalkeepers is unlikely to do well.

A football team of 11 great goalkeepers is unlikely to do well.

Understand how you affect others

eadership requires getting other people to do things. It often means getting others to do things they would rather not do: for some people, working for you may not be as attractive as having a family life and meeting friends.

Some leaders think you lead by coercion. Coercion can be remarkably effective in the short term. When a mugger held a knife to my neck and asked for my money, I duly obliged. The mugger made me do something I preferred not to do, but he was not an ideal leadership role model. He had achieved compliance, not commitment.

Coercion and compliance were standard leadership models in the 19th century when bosses bossed and workers worked. In the 21st century there is a better educated and more demanding workforce, which requires a different form of leadership. We have all suffered at the hands of bosses who are still stuck in the 19th century. Bossing people is lazy leadership; increasingly it is ineffective leadership.

To be an effective leader, you need to move beyond coercion and compliance. You need to be able to gain the commitment and support of the people you lead. You cannot gain their commitment if you do not understand them and you do not understand how you affect them.

We have seen from MBTI that understanding people can be a fulltime profession. In practice, we do not have time to do a full psychological audit of each person we meet. As practising leaders, we need some shortcuts to help us make sense of who we are meeting and how they are behaving.

The Style Compass[™] is a quick and easy way of thinking about how to influence someone. In this exercise, think of someone you are trying to influence. You should get plenty of practice with your boss, so try them.

EXERCISE 5 The Style Compass

Step 1 is to decide what the important aspects are of the person's character. Here are some typical characteristics that practising leaders have identified as being important in the people they deal with:

- people focused versus task focused;
- process focused versus outcome focused;
- risk tolerant versus risk averse;
- big picture versus detail;
- words versus numbers:
- oral versus written communication:
- inductive versus deductive;
- tactful versus blunt;
- sensitive versus thick skinned:
- controlling versus empowering;
- quick versus slow;
- open versus defensive;
- morning versus afternoon;
- positive versus cynical;
- analysis versus action.

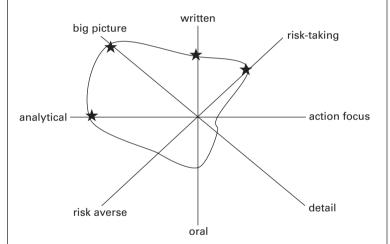
Here are a few more dimensions that different shrinks believe are important. These dimensions have considerable analytical rigour behind them, and each branch of psychology promotes its own set of dimensions as being the only true, meaningful and relevant dimensions. You decide which ones you find most useful:

- intellectual versus instinctual;
- withdrawn versus attached;
- idealistic versus practical;
- alert versus settled;
- progressive versus conservative;
- non-traditional versus traditional:
- future oriented versus past oriented;

- congenial versus coercive;
- solicitous versus antagonistic;
- receptive versus assertive;
- submissive versus domineering;
- acceptance seeking versus pleasure seeking;
- sensitive versus insensitive:
- socialistic versus materialistic.

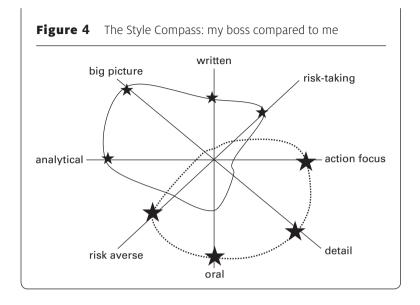
Step 2 is to plot the person's characteristics on the Compass, as illustrated in Figure 3.

Figure 3 The Style Compass for my boss



As you plot the Style Compass, focus on what is most important about the other person, not about yourself. The dimensions can be anything you think is most important. In this case, the stars show I think my boss is very analytical, likes the big picture, is a risk-taker and prefers written communications.

Step 3 is to plot yourself on your boss's Style Compass (see Figure 4, where your boss is the solid line and you the dotted line). If you are well aligned you are lucky; more likely, you will have to figure out how to get on the boss's wavelength.



In the example above, my boss and I are very different. This could make us a very effective but difficult working combination. After drawing this Style Compass, I realize that I need to adapt to get on the wavelength of my boss. I need to produce more written material: the boss feels more comfortable with that than with oral briefings. I just need to focus on the big picture, and be sure to give plenty of analytical reasons why the big picture is the right one. I also need to curb my instinct to plunge into doing lots of practical things until the big picture has been agreed, otherwise the boss will think I may be wasting my time doing the wrong thing. Naturally, I think the boss is wasting time analysing all the big stuff when we could be moving to action. When I am the boss, things will change. But in the meantime, I get to play by the boss's rules, not mine.

The mugger was not an ideal leadership role model. He had achieved compliance, not commitment.

Delegating

ow many productive hours can you deliver in a typical day? Most people find it hard to be truly productive for more than 5–6 hours per day. But as a leader you can alter time itself: you can deliver an unlimited number of productive hours per day. The key to this magic is to get other people to deliver those productive hours for you.

Despite the power of delegating, many managers do not like it because it means:

- time 'wasted' explaining, coaching and correcting;
- unexpected outcomes, and dilution of personal standards;
- stress from loss of control.

Effective delegation frees your time to focus on where you add most value and helps develop the skills of your team. Failure to delegate traps you into doing low-level jobs. You cannot lead if you cannot delegate. Here is why you must delegate:

- Delegation lets you create more than 24 hours in a day. If you don't delegate, you work yourself into an early grave.
- Delegation allows you to focus on the areas where you make the most difference. It forces you to stretch yourself: you have to learn new skills rather than simply doing your last job better.
- It shows you have trust in the team, and most teams will respond to your vote of confidence in them by working hard to show they are worthy of your trust.
- It builds and stretches your team: they have to learn new skills.

How not to delegate

The easy way to work out how to delegate well is to reflect on the worst experiences you have suffered from poor delegation – then do the opposite. Here is the delegation style of one boss from the Museum of Management Malpractice. For legal reasons we will let 'Jim' stay anonymous.

Jim would only delegate three sorts of activities:

- Routine rubbish. Delegating the administrivia freed him to do the important things, like working out how to get promoted.
- 2 Hospital passes. Whenever he had a project going horribly wrong, he would delegate it to a subordinate as a 'development opportunity'. When the project duly collapsed, he would walk away and leave the subordinate crushed under the collapse. You can delegate most things. But you can never delegate away your responsibility, and you should never delegate the blame. Delegating blame makes you look weak and creates an atmosphere of fear and politicking.
- 3 Last-minute panics. Fridays were good days to avoid Jim. He would be thinking of the weekend and of all the work he had not done: time to delegate it all, especially if the deadline was Monday morning. Goodbye, weekend; hello, office.

Jim also had a unique style of delegation. He seemed to have three main principles:

- 1 Be vague about the objectives, and then change his mind several times in the course of the project. This would double the effort and halve the morale of the team.
- 2 Be vague about deadlines, but bring them forward by several days at the last moment just to keep everyone on their toes.
- 3 Be vague about the process in terms of how to do it, the support available, the critical path and the checkpoints. This gave him carte blanche to interfere at will with sudden and extreme demands at any point in the process.

On no account would he ever discuss any of this with the team. He saw himself as a strong manager, which meant that he liked to issue commands, preferably with elaborate detail on what the consequences of failure would look like.

Principles of effective delegation are:

- Ensure clarity of the task and the eventual success criteria.
- Make the team summarize back to you what they think the task and outcomes are meant to be. Do not assume they have understood anything until they say it back to you.
- Ensure people have enough skills and resources to complete the job: do not delegate too much too soon.
- Be clear about how you want to work together (progress reports). Discuss concerns before you start.
- Be available to help, but do not interfere all the time. When they ask for help, require them to suggest solutions so that they always learn.
- Delegate meaningful projects, not just administrivia. Stretch people and they will rise to the challenge. Giving away mundane jobs only demotivates people.
- Show faith and trust in the team: praise successes and do not undermine them.
- Remember, you may have delegated authority, but you cannot delegate away responsibility. You are still accountable for the outcomes.

EXERCISE 6 Effective delegation

Review the tasks you undertake, and allocate each one to one of the four sections of the delegation chart in Table 5. Then act on the outcomes.

 Table 5
 Delegation chart

	Others could do this	Only I can do this
Very Important	Delegate – supervise and support closely.	Take the lead – involve others so they can learn and develop.
Less Important	Delegate – make sure you are delegating more than just the rubbish.	Are you sure? Could be a development opportunity for someone.

As you fill in the chart, do not ask 'Are they capable of doing it today?' but ask 'Could they do it with enough help, support and supervision?' Your goal is not just to do the job, but also to stretch and develop your team. You will be surprised by how much your team can achieve with the right support: people tend to rise or fall to the level of expectations set for them. So set high expectations and have the courage to delegate extensively. This has the added advantages of making your life easier and making you more popular with your team: they will see that you trust them and are developing them.

Delegation lets you create more than 24 hours in a day.

25 Motivating

Theory X and theory Y

There is an epidemic of alienation and demotivation at work, which are at record low levels around the world. After fifty years of the motivation industry, motivation remains a mystery. Despite this, being motivational is one of the top five expectations followers will have of you as a leader.

In this section you will discover the three main theories of motivation, and then you will discover a practical method that will help you motivate your team from day to day. You will not be required to stand on your desk and make rousing speeches every Monday morning.

The key insight is that you cannot tell people to be motivated, positive or happy. Those things come from within. All you can do as a leader is to create the conditions in which your team rediscovers their intrinsic motivation.

Our journey of discovery starts with two classic theories of motivation: theory X and theory Y.

EXERCISE 7 Applying theory to your reality

Think of one of your bosses and decide whether he or she is an X type or Y type of person (see Table 6). Do the same for a few of your colleagues.

Table 6 X types and Y types

Management criteria	X-type manager	Y-type leader
Basis of power	Formal authority	Authority and respect
Focus of control	Process compliance	Outcomes, achievement

Management criteria	X-type manager	Y-type leader
Communication style	One-way: tell and do	Two-way: tell and listen
Success criteria	Make no mistakes	Beat targets
Attention to detail	High	Moderate
Ambiguity tolerance	Minimal	Moderate

High

Network

Moderate

Hierarchy

Table 6 (Continued)

Political ability

Preferred structure

X and Y represent two ways of thinking about human motivation, as described in the classic *Human Side of Enterprise* by Douglas McGregor (1960, McGraw-Hill, New York). Now match the X- and Y-type categories to two different contexts:

- a 19th-century sweatshop, with the workers paid piece rates and hired for their hands, not their heads, and clear, simple jobs with clear outcomes and targets;
- a 21st-century service firm with high skills, ambiguity about how things should be done and a need for workers to use their heads more than their hands.

It should be fairly clear that theory Y fits many, but not all, current work contexts. But, in practice, many bosses find it easier to use theory X: it looks tough, sounds good and is easy to deploy. Think for a moment:

- How do you prefer to be led?
- How in practice do you lead other people?
- What would you change?
- How do your staff prefer to be led?

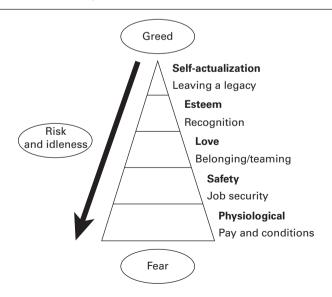
Maslow

We all have hopes and fears, and good leaders know how to tap into them. This stunning piece of common sense was wrapped up into a nice psychological theory by Maslow, now known as 'Maslow's hierarchy of needs'. His basic argument is that we are all needs junkies. As soon as we have satisfied our basic needs for food and shelter we start realizing we have other needs. This makes sense in the ordinary world. One hundred years ago no one really thought that telephones, televisions, computers, cars, refrigerators, games consoles, iPads and pepperoni pizzas were necessities. A short conversation with a modern teenager will quickly establish that life is impossible without these essentials.

In business, people are also needs junkies. People in a company near to bankruptcy want a leader who can remove fear and create job security. The leader of a big company is probably thinking of leaving a legacy before he is forgotten completely. People have different needs in different contexts.

To make the theory digestible, there are three versions of Maslow in Figure 5. The original version is in bold typeface, the leadership version is

Figure 5 Maslow's hierarchy of needs (the unauthorized, revisionist, leadership version)



below the bold in normal typeface and the simplified, revisionist version is in the oval shapes. People climb the ladder from the bottom: they do not aspire to leave a legacy if they are still in fear of losing their jobs. Equally, as soon as they have achieved one level, they want to achieve the next, as long as the leader can make it easy for them: we may all want to be famous footballers, but it does take quite a lot of work.

We are all needs junkies.

EXERCISE 8 Motivating: putting Maslow to work

Where are you on Maslow's hierarchy? Where do you want to get to? Will your current context allow you to get there? What are you going to do about it?

In the next meeting you go to, see if you can spot where your colleagues are on the hierarchy. This may be difficult, so try something simpler. As you persuade them to do something, work out if you are appealing to:

- Their greed: hopes, ambitions, ability to complete a job.
- Their fears: if they don't agree, the sky will fall down and they will not get promoted. If something is risky, they will resist. Show that the risk of doing nothing is greater than the risk of agreeing.
- Their idleness. Make it easy for them to agree, and awkward for them to disagree.
- What the risks are of doing something. If you can remove risk, you will
 make it much easier for them to agree to what you want.

As an exercise, always try to figure out how to appeal to fear, greed and idleness. Work out how to reduce the perceived risk of your idea. If people are resisting you, work out which of fear, greed, idleness and risk is out of balance.

Think of your top team member. Where is he or she on Maslow's hierarchy? What are the hopes you can play on? How can you raise expectations even further?

Think of your lowest-performing team member. Where is he or she on Maslow's hierarchy? What are this person's fears and concerns? What can you do to ease those fears and concerns?

Appeal to fear, greed and idleness.

Management practice

Theory is good. Reality is better, or at least more useful, for leaders. Our research found five drivers of motivation in the workplace. The good news is that none of the drivers is magical or difficult to understand (though they may be difficult to put into practice). They are common sense, which is why they are so rare; they are:

- **1** My boss shows an interest in my career.
- **2** I trust my boss; he/she is honest with me.
- **3** I know where we are going and how to get there.
- 4 I am doing a worthwhile job.
- **5** I am recognized for my contribution.

If your team agrees with these statements, the chances are that they will also think you are smart and caring, have insight and are dynamic. They may even think you are witty and good looking.

If they disagree with the statements, they will damn you on all the other leadership criteria as well. Naturally, being seen to be a good boss with your team is not the same as impressing your bosses and delivering outstanding performance. But it is much easier to perform well with a team that supports and respects you than it is with a team that is alienated and demoralized.

EXERCISE 9 Assess yourself (and anyone else you want to)

Use these five drivers of motivation to assess yourself on how well you motivate. It may help to look in more detail at each driver:

- 1 My boss shows an interest in my career.
 - Do you know what ambitions your staff have?

- When did you last discuss their wants and needs informally?
- Have you made any compromises to support them (juggled priorities to let them go on training events/holidays, etc)?

2 I trust my boss; he/she is honest with me.

- Do your staff really know how you rate them?
- Do your staff know your personal and business priorities?

3 I know where we are going and how to get there.

 Ask your staff to lay out the top three priorities for the next three, six or 12 months. Are they the same as your priorities?

4 I am doing a worthwhile job.

- Are you delegating meaningful projects, or just administrivia?
- Are your staff clearly stretched, are they cruising in their comfort zone or are they grumbling about meaningless chores?

5 I am recognized for my contribution.

- When was the last time you praised your team in public?
- Do you let them star in front of senior management and other departments, or do you take the lead on all the big meetings?

When was the last time you praised your team in public?

Disagree well

We do not need to disagree less, we need to disagree better.

Disagreement is the sign of a healthy team with healthy relationships. You need to create a psychologically safe space for you team to speak up, so that you can hear different perspectives to find the best ideas.

Social media is teaching us to disagree badly. Take the 'wrong' view on social or political affairs, or many aspects of history, and you will be cancelled, unfollowed, attacked and deemed to be a defective human being. We take comfort in the conformity of our echo chambers. These habits may work in the world of social media, but are dangerous for leaders. As a leader, you need to hear different voices, not just your own voice echoed back to you.

The ideal way to disagree is to disagree in private. A private meeting is one to one. As soon as there is a third person in the meeting, the meeting is public. In private, colleagues are likely to be more flexible and ready to shift their point of view. In public, they lose face if they lose an argument. Once they have taken a position in public, it becomes very hard for them to change their position. This means that disagreements in public are emotional and political, not just rational. Normally, you know in advance who is likely to disagree with you: make sure you meet with them in private and early so that you can find some common ground.

If you disagree in public, your immediate reaction may be to defend your position, argue your case and pile on the evidence. Fighting emotion with reason is like fighting fire with fuel: entertaining, but dangerous. In an argument, evidence is simply ammunition which invites retaliation and very rarely persuades.

The golden rule for disagreeing well is to listen well and talk less. You are listening well when you can paraphrase back to your colleague their own argument. This means you may start by saying: 'If I have understood

you correctly, your view is...' Listening and paraphrasing helps you in several ways:

- 1 It gives you time to think about your own response and point of view.
- **2** It shows respect to your colleague. Only when they know that they have been heard and understood will they be prepared to hear and understand you. You will start to build mutual trust.
- **3** If you have misunderstood their argument, paraphrasing will quickly show this and you will be able to correct course without any damage.
- **4** Once you understand their real concerns, you are equipped with the knowledge to respond most effectively.
- **5** If you let your colleague talk, they will often talk themselves into agreeing or finding a compromise with you.

This listening mindset is different from the arguing mindset:

- 1 Understand before you judge. Judging is easy and gives a sense of moral superiority. It achieves nothing. Understanding is harder: it requires asking questions, listening and keeping an open mind.
- **2** Show respect. Treat others as you would want to be treated. The other person will not even listen, let alone be persuaded, if they think they have not been heard and they are not respected.
- **3** Stay calm. Raising your voice does not improve the quality of your argument, will not help you think better, and will not persuade the other person. Using BLOCK CAPITALS, **bold type** and exclamation marks does not make the argument better!!!!
- **4** Be wary of evidence. We use evidence like drunks use lamp posts: for support, not illumination. We can always find evidence to validate our view: are you willing to look at evidence which might invalidate your view?
- **5** Win a friend, not an argument. It is easier to disagree with, and to persuade, friends than foes.

In practice, it is best to avoid public disagreements, unless you know you will win the argument. This means that you need to have lined up all the support you need in advance of a meeting. Meetings should never be used to make a decision, because they might make the wrong decision. Meetings should be used to confirm in public the agreements you have reached in

private. This can be hard work. You have to meet each stakeholder in private and secure their support one by one: by the time you reach the meeting you should know that you have all the support you need to gain agreement. Disagree in private, agree in public.

As a leader, you have a special responsibility to create a safe space where divergent opinions and disagreeable news are welcomed. You need to hear bad news early so that you can act on it and show that you are in control. If team members fear bringing bad news to you, they will hide problems until it is too late. And if they fear bringing divergent views to the table, you will never discover the best solutions. Suspend the instinct to criticize; instead double down on listening. You may not hear want you want to hear, but you will hear what you need to hear.

Valuing others: cultural intelligence

The role of leaders and managers is to make things happen through other people. In the past, managers used to be able to see and control other people. Now you have to make things happen through people you may not control, you may not see and you may not even like. Perhaps the most extreme version of this is when you work on a global team: your team members will come from a different time zone, different language and different culture. Leading a global team is extreme leadership: if you can lead a global team you can lead any team. So find a chance to work on such a team: you will build the skills and experience to help you for the rest of your career.

So how do you manage people who are not like you at all? You can use MBTI and the Style Compass (see previous sections) to help you understand them. But they will still behave in unexpected ways and there will be miscommunications: these often lead to loss of trust and a breakdown in teamwork. Working on a global team, you can learn all about the different cultures on your team. All of these activities will help you build knowledge about your team members. But knowledge is never enough: you need intelligence as well.

Instead of building cultural knowledge, focus on building cultural intelligence. If you do this well with a global team, you can do it even better with your local team. You will appear to be a leader who naturally reads people and understands them. There is a risk you could become a popular leader that people actually want to follow.

Here is how you can build cultural intelligence, which is also intelligence about people and about leadership:

- Seek to understand, not judge. Everyone is different. They do things differently not to annoy you, nor because they are malicious, unreliable or incompetent. Most people most of the time want to do well. They do things differently because that is how they think things should be done. Understand why they do things differently. There is a chance that their way is better, at least in the context in which they work. If you judge others by the way you work, you are making assumptions about what is best. You may know what is best in your area of work, but no one knows everything. Be humble enough to find out what works best elsewhere.
- Use positive regard. We all think we communicate well and suspect that others communicate poorly. If there is a misunderstanding, it is never our fault: it is always the other person's fault. Collectively, that is impossible. Most misunderstandings can be eliminated if we use positive regard. Positive regard is about having respect for other people and starting with the assumption that they mean well. On good days we all show positive regard for others. On good days we do the right things the right way. That does not count. The bad days are our moments of truth when we establish our reputations. On bad days it is easy to get angry, frustrated and annoyed. That just makes things worse. Use positive regard and work to a good solution.
- Communicate well. The best way to communicate is to shut up. If necessary, put duct tape over your mouth and force yourself to listen. The more you listen, the more you understand. When you really understand what the other person is thinking, then you can influence them positively. Listening also pays them respect. They feel valued and will believe that they have been heard. Once they believe that they have been heard, they will be ready to listen. The best way to get other people to shut up and listen is to shut up and listen yourself. Don't talk over them: you just land up in a shouting match.
- Learn and adapt. Google is full of knowledge, of variable reliability.
 But it is devoid of intelligence. Knowledge is about know-what, intelligence is about know-how. Knowing what you need to do is often easy; knowing how to make it happen is harder. Working with other cultures and other people you can never amass enough knowledge to

succeed. And that is pointless anyway: you are a leader, not an anthropologist. Your job is to observe, understand and then adapt quickly to all the signals that you are seeing and hearing.

These ways of thinking will help you in the extremes of leading a global team. They are also the basics of leading any team.

The best way to communicate is to shut up.

Give and take

Are you a giver or a taker?

Traditionally, takers won. Success went to people with the sharpest elbows who could push less ruthless rivals aside. Suck up and kick down was the key to winning in old style hierarchies. Put your own agenda first and don't let anyone get in your way.

The world has changed. New style leadership means that you have to make things happen through people you do not control, in other departments and possibly with suppliers, customers and partners. Even your own team resents micro-management and control. That means you need friends and allies across the organization, not just at the top. Your formal power is not enough to achieve what you need to achieve: your responsibilities are likely to exceed your authority, resources and budget. You need to amplify your formal power with informal power. That means you need friends, not enemies.

As a professional, you learn to work even with people you may not like and would prefer not to have as a colleague. But much of professional work is discretionary: you can shift priorities and you can put in more or less effort in responding to a request for help and support. Who is more likely to be at the front of the queue and get the best support from you: people you like and trust or people you dislike?

Your informal power is a mix of several characteristics:

- building trust with key individuals: how far do people trust you to deliver?
- having a claim to fame, which shows that you can get things done or have special expertise
- having a network of allies who will support you across the organization

But the starting point for informal power is to become the person colleagues want to work with, not the colleague they have to work with. A consistent hallmark of the most influential people across organizations is that they are givers, not takers. That does not mean leaving candy by the side of your desk: colleagues may like the candy, but not you.

Giving is about using your discretionary time to help and support colleagues wherever you can, and making yourself useful to the organization at large. This means investing some, but not all, of your time in what is known disparagingly as 'non-promotable' work: helping out with recruiting and training, helping on CSR (corporate social responsibility initiatives), for instance. You will not be promoted for such work, but you will build your network of allies across the organization as a result. You will get to meet people who are often hard to meet, and you will have the chance to build relationships which are not purely work based and transactional.

Your informal power network includes not only senior executives. It should also include those with hidden power, for instance:

- Executive assistants are vital gatekeepers who decide what and who the senior executive sees
- Facilities managers, often ignored, and IT support suddenly become very important when you need access to out of hours meeting rooms or emergency IT support: will they put your needs at the top of their very long list of requests for help?
- Staff functions such as finance and planning have immense powers of veto, but can also be vital in helping you navigate approval and decision-making processes.

The giving mindset is reflected in some simple behaviours which do not need to take a huge amount of time:

- Recognizing and respecting colleagues for their role and contribution: saying hello and thank you always helps
- Framing requests for support in a timely fashion and in a way which
 makes it easy for them to help, instead of an urgent and last minute
 request which is ambitious but vague.
- Responding positively and promptly when they need a small favour
- Investing time to meet them and understand their needs and expectations

Givers build up social equity across the organization. This social equity generates a good return on investment. With a strong network, you will quickly hear about emerging opportunities and threats; you will get plenty of advice and support on negotiating the politics and pitfalls of the organization and when you need help, the power of reciprocity kicks in: your request will mysteriously rise to the top of the pile. Takers often try to become your best friend at the last moment when they have a favour to ask. It is very transparent and transactional. Colleagues want to help givers, but will do the minimum required when a taker wants help, however ingratiating they may try to be.

Inevitably, takers will try to take advantage of givers by asking for more and more help but never reciprocating. There is a simple solution: dial back your generosity and focus it elsewhere.

29 Managing performance

All firms have a performance management system, which is normally full of TLAs (three letter abbreviations) such as KPI, PDP, MBO. Despite the alphabet soup, most firms are lousy at managing performance, to the extent that leading blue chip firms have given up on annual appraisals. They are exercises in evasion and dishonesty, on all sides: 90 per cent of staff are routinely rated as above average in most firms. This is statistically impossible, but emotionally inevitable. However much we believe in performance, as human beings we do not like giving bad news to other people. And the annual appraisal is a demeaning exercise in which the hierarchy becomes a parent/teacher—child relationship. The boss acts like a teacher giving an end of term report to a child, who may be older than the boss. It is a mess. And yet, you have to manage performance.

Managing performance is not just about systems. It is about how you think: if you think about performance management the right way then it is easy, whatever the corporate system may be. Here are three ways to think differently about managing performance.

Focus on the future, not the past

There is limited value in telling people that they were good or bad boys and girls in the past. Instead, focus on what needs to happen in the future. This is not just about deadlines and outcomes. It is also an adult-to-adult

discussion about what support and help they will need to succeed. This has to be a tough conversation in which there are clear commitments. If those commitments are missed, that leads to another discussion about how to get back on track. If every commitment is consistently missed, that leads to another sort of discussion about where someone might best succeed, given they do not succeed in their existing role. But at least these are constructive discussions about working towards a better future.

Focus on development, not performance

Let's imagine you have just promoted a high flier. In their new role you give them 1/5 for performance: watch them throw their toys out of the pram as they have a tantrum. Now replay the same scene, where you measure development instead of performance. You promote the high flier and say that they are now at stage 1 of five stages of development in their new role. You are no longer insulting them. You are starting a conversation about how you can help them develop and go through all the development stages required to master their new role. The score is the same, but the outcome is totally different. Once you understand the skills and experience needed to master a role, you can move to a development framework which allows people to progress and learn. If you focus just on performance, you give people no incentive to learn: they just want to maximize performance today using the skills they have today. You can drive performance better by focusing on development, not performance, because you grow your team.

Focus on the journey, not the event

Performance reviews are often set piece events which are dreaded by both sides. So why not scrap them, like many top firms have done? Instead of one big set piece event a year, make sure you have regular conversations about development and progress with each team member. This means that feedback can be given in real time, and at the right time instead of coming as a surprise at the end of the year.

Inevitably, corporate systems will require that you fill in bits of paper and tick boxes in the right place so that HR can be kept happy. But if you are having regular conversations with each team member, you can turn this into a formality. Make the process transparent and invite each team member to help you fill in all the boxes. You want your team members to feel part of a team, which means treating them as adults and equals, so treat them that way. This may not make HR happy, but that does not matter. You need to look after your team, not look after HR.

You can drive performance better by focusing on development.

Managing professionals

The chances are that you are a professional, so you should know how you would like to be managed. As an exercise, note down the five things you would most like from your boss in how you are managed. And now do the same things to your team members. Remember the golden rule: 'Treat others as you want to be treated.'

Professionals can be high maintenance: they can achieve much but they demand much. They have ambition and ego to match their ability and work ethic. And it's likely that they do not respect you: your team probably thinks they could do your job far better than you are doing. So how do you manage egomaniacs who do not respect you? In essence, professionals want less management and more leadership.

Here are the basics of managing professionals:

- Stretch them. Professionals are natural overachievers. Let them
 overachieve, learn and grow. An idle professional is a dangerous
 professional.
- Set a direction. Professionals do not respect weak managers: set a direction, be clear about how you will get there and stick to it.
- Shield your team. Become an iron umbrella that shields them from the politics, arbitrary changes of direction, demands for immediate and bespoke reports, routine rubbish and noise of corporate life.
- Support your team. Set the team up for success: make sure they have the right resources, right support and right goals.
- Show you care. Invest time in each team member: understand their needs and expectations. Help them on their career journey.

- No surprises. Don't surprise your team at appraisal time: all trust will
 be lost. Have difficult performance conversations early so they can
 change course.
- Recognize them. Professionals have pride. Feed their egos: praise good work in public. Never, ever, demean them in public. Have the hard conversations in private.
- Delegate. If in doubt, delegate everything. Do not let them delegate problems back up to you. Coach them to solve the problem themselves: they will learn and be more valuable team members as a result.
- Set expectations. Some professionals want it all and want it now. Some want more and sooner. Any half-comment about bonus and promotion will be taken as a 100 per cent firm promise. Be clear and consistent in your messaging.
- Manage less. Trust your team. Manage by walking away. Micromanaging shows lack of trust and builds resentment among professionals.
 Trust your team and they will rise to the challenge.

Treat others as you want to be treated.

Part Four Moment of truth skills

- Taking control
- Conflict management
- Crisis management
- Dealing with bullies
- Getting your way
- Fighting battles
- Power
- Managing adversity
- Knowing who to trust
- Stepping up

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Taking control

ust because you have been given a big title, it does not mean you are in control.

Plenty of people confuse position with power. Even prime ministers can make this mistake. John Major, when prime minister, was attacked by his own colleagues for 'being in office, not in power'. It is very easy to gain promotion and then drift. The drifters are easy to spot: they accept the status quo they inherited. Of course, they will make the odd incremental improvement; they will fight the odd fire. But they will not make a fundamental difference, they will not take a risk and they will not be remembered. So if you want an easy life that is the way to go. If you want to lead, you have to take control and make a difference. And you have to move fast: within one or two months everyone will have made their mind up about you and it will be hard for you to change things.

Good leaders normally have a simple agenda, which boils down to three things: idea, people, money, or the IPM agenda:

- 1 Idea. You need to have a simple idea about what you will do that will be different from and better than the past. You can call this a strategy or a vision if you want to be grand. But it should be a simple idea which your team, colleagues and bosses can remember. The best ideas are simplest: 'We will increase customer satisfaction', 'We will increase reliability', 'We will reduce costs'. And make sure you set expectations well. Get all the skeletons out of the cupboard fast, so you cannot be blamed for them. Reset expectations as low as possible: it is easier to beat a low target than a high one.
- **2 People.** If you have the B team, you have a recipe for sleepless nights and stress. Do not assume that the team you inherited is the team you must live with. Mould the team to the task, and make sure you get the A team. In some organizations you will be expected to act within

- weeks; in others it may take months to reshape the team. Do what it takes to move people on and bring the right people in.
- **3** Money. Make sure you have the right budget to fulfil your goals. And make sure the budget you have is being spent the right way: be bold in reshaping your budget to meet your aims. Again, never assume that what you have inherited is what you must live with. If you have been dealt a bad hand, it is your job to make sure you get a better one.

At a simple level, expect to work overtime when you first take over. You will be learning a new job, doing the new job and then reshaping the work and the team. And you will probably find that you will have to spend a disproportionate amount of time meeting and talking to people: your team members, colleagues and bosses. Invest time especially with your team: they will be nervous about their new boss. This is your chance to set a new psychological contract with them. Show how you will look after them (and be realistic about expectations) and show what you expect in return.

If you want to lead, you have to take control and make a difference.

32 Conflict management

Principles

Organizations are set up for conflict. This is a surprise to most people, who think that organizations are meant to be as cooperative as bees in a beehive. So let's emphasize the point: *organizations are set up for conflict*.

Different functions, business units and geographies will have different priorities. Internal conflict, be it nice or nasty, is how these conflicting priorities are resolved. Conflict is good, provided it is contained and constructive. Unconstrained conflict and open warfare are not good. The question is how leaders deal with conflict when it arises.

The first principle of conflict management is: do not take it personally, especially when it is meant to be personal. If you sink into the gutter of personal battles it does not matter if you win or lose: you will still smell awful. Stay aloof from the gutter and at worst you will get your ankles splattered. This is easy to say but hard to do. We need a simple tool that we can deploy in a conflict emergency. Welcome to turning the FEAR of conflict into the EAR of consensus.

Let's start with nasty conflict that feels highly personalized. The natural reaction is fight or flight: punching the CEO or running away is not good tactics. But the fear is real: we have to deal with it. Take the F out of FEAR (the bad response) and you are left with EAR (the good response).

FEAR stands for:

Fight furiously.

Engage the enemy emotionally.

Argue against all-comers.

Retaliate, and repudiate reason.

This can be fun, especially on your final day at work. It is also very common and very unproductive: it invites an intellectual, political and emotional punch-up. In practice, it is better to win a friend than win the argument. Once you have won the friend, then you can win the argument. If you always win arguments and make enemies, you will find yourself very isolated in your firm. EAR is how to win the friend and then win the argument.

EAR stands for:

Empathize.

Agree the problem.

Resolve the way forward.

In the heat of battle, this is much harder and much more productive.

Organizations are set up for conflict.

Practice

So how do you put your EAR into practice?

Empathize

Do not hug the other person. This might be misunderstood. Listen past the bluster and blame. Listen past the emotion. Let the person talk. Listen actively to show that you understand. (Look at the listening skills in Part Five, Section 45.)

Let the person blow off steam and cool down. Make sure you really understand his or her situation. Do not try to put your own point of view forward or justify yourself: it will only cause more conflict. Do not try to fight emotions with logic. Don't enter the other person's personal space: step back and give him or her time to cool off.

Agree the problem

Try to focus on the actions, outcomes and benefits desired. Do not do this until both of you are breathing normally and not shouting. When have you

had sustained success from shouting at other people? This is where you move from listening and paraphrasing to asking questions:

'So what we need to achieve is ...?'

'So where do we need to get to by next week/month?'

'What does the customer want as a solution?'

Resolve the way forward

Curiously, this is often the easiest part. Once you have all calmed down and agreed the situation and the problem, the way forward is often clear, if painful. To help resolve the way forward:

- Generate options: do not get stuck with a single-point solution.
- Get the other person to suggest more than one idea.
- Formally agree the next steps: ask the other person to summarize and then confirm the way ahead in writing.

EXERCISE 10 Practising conflict management

Set up a role-play with a tolerant colleague. Try getting really angry and shouting at your colleague. As a courtesy, let the colleague do the same to you. In both cases the 'victim' should just empathize. See which of you can sustain the anger longer. You will find it takes a huge amount of energy to sustain anger. It is emotionally draining. Anger pretty quickly blows itself out if it is met with the damp sponge of empathy.

As a second exercise, see what happens if the 'victim' starts to retaliate. Do not do this for too long, because emotions can get pretty high. Anger feeds on anger: soon you will both be in a shouting match.

It takes a huge amount of energy to sustain anger.

Tips of the trade

Beyond theory, there is reality. The key insight is to buy time, even two or three seconds, so that you can make a reasoned response instead of an emotional response in the heat of the moment. The rational response routinely beats the emotional response. Here are some of the most common tips we hear suggested in workshops:

- Become a fly on the wall. Observe yourself: your language and your body. This out-of-body approach to conflict prepared calls for Zen-like detachment. You do not have time to go to a monastery to master meditation so, in the short term, pretend you are a (smart) fly on the wall. Observe the emotion of the other person, but do not respond or get caught up in it. Imagine that it is a game: the goal is to manipulate the other person into calmness and agreement. It is easier to play a game where you know the rules than it is to fight a battle where you do not know the outcome.
- Detach: how would someone else handle this? We all have role models
 who do things very smoothly. Imagine you are your role model. What
 would he or she do next? How?
- Escape to a happy land. Everyone has a happy land in their heads to which they can escape at moments of idleness or stress. Go there. Chill out. Some people play games in their happy land where they can see the other person as a baby, or dressed in a tutu or being wiped out by a machine gun firing rotten eggs. It is quite difficult to get angry with a fat 50-year-old whom you see dressed in a tutu or as a baby throwing toys out of the pram.
- Depersonalize: blame the situation, not the person. When battles get personal, they get nasty. Instead of blaming someone for messing up, look at the context and circumstances that led to disaster. Perhaps there was not enough time or support, or there was lack of clarity about expectations. There are many reasons why things go wrong. Once you start this discussion, you defuse the emotion. You can start to deal with reality.

It is quite difficult to get angry with a fat 50-year-old whom you see dressed in a tutu or as a baby throwing toys out of the pram.

A radical alternative

Just occasionally, it is possible that we do something wrong. In many organizations, the standard operating procedure at this point is:

- Deny any wrongdoing: it has all been misinterpreted; that is not what happened.
- Spread the blame: you were told to do it or you were let down by someone else.
- Change the subject: in a superior way point out that we really should be focusing on more important issues, unless of course everyone wants to play the blame game...
- Shoot the messenger: this is mischievous gossip by rivals and others who are, as usual, up to no good and poisoning the well of corporate wellbeing.
- Under extreme circumstances, try a radical alternative: apologize. This
 needs courage and strength that few people have, and it needs to be
 done correctly.

The power of 'Sorry'

If you know you are in the wrong, it can be highly effective and unusual to say 'Sorry', which is a word that hardly exists in the corporate language. Be aware that when people are angry they are incapable of listening. You will often need to repeat the apology several times: this can be incredibly frustrating because it feels like people are rejecting you and your big gesture. In truth, they may not be able to listen past their emotions. Also, they will be picking up far more cues from your body language and tone of voice than from what you say. So if you start jabbing your finger at them and shouting 'Look, I've said sorry five times! Get it?' do not be surprised if their anger rises.

You will also need to act fast. Get your apology in early: the longer things are left to fester, the worse they become. People take positions, stories become exaggerated and a molehill becomes a mountain. Snuff the fire out before it spreads.

Under extreme circumstances, try a radical alternative: apologize.

A sorry knight's tale

He had a knighthood, and he was very proud of it. He could bore for Britain on any subject, and he did. He thought a knighthood gave him the equivalent of papal infallibility.

In retrospect I was, perhaps, being marginally undiplomatic when I told him he was being arrogant and narrow-minded. The knight of the realm promptly exploded with pompous rage.

At this point, I was at decision time. I could deal with either reason or emotion. Dealing with reason I could have shown why I felt he was being arrogant and narrow-minded. But fighting emotion with reason is like fighting fire with petrol: it is not a smart idea. You have to fight emotion with emotion. We could deal with reality and reason another time. So I decided to say sorry. I had to say it eight times before he even heard it. This was painful. I felt like shouting at him for being so stupid and not listening and for ignoring my gesture of apology. I felt like giving him another sort of gesture altogether. But I kept calm, and then he calmed down.

He slowly realized he had been arrogant, narrow-minded and pompous while making a fool of himself in public. He spent the rest of the day apologizing to me. So I would then apologize to him (again) and everything was sweetness and light.

Saying sorry is never easy. But say it early, keep saying it, keep your cool and even the most pompous and cloth-eared knight will get the message. Of course, the real message should be to avoid getting into situations like that in the first place. But life would then be very tedious. And sometimes it pays to stand up to people (see Sections 34 and 37, Part Four).

Fighting emotion with reason is like fighting fire with petrol.

33 Crisis management

It can't happen to us. Disasters are what happen to other people. Muggings, murders and mayhem belong to a different world from our nice, rational and safe world. And then it happens, and you are the leader.

You are at a conference in a different time zone. A panic phone call wakes you up at 2.30 am in your hotel room. What should we do? The press are on to us; the board want to know what is happening; friends and relatives are clamouring for information; everything is moving fast. Is the situation under control? Hell, no – that's why we called you: you're the leader. Tell us what we do – now. This is what the textbooks euphemistically call a 'moment of truth'. You are about to be made or broken by what happens next.

Crisis management does not start with the crisis. It starts long before. Recognize that it is not a question of *if* a crisis will happen, but what, where, when and why it will happen.

There is a three-part way of dealing with crises:

- 1 prevention;
- 2 preparation and practice;
- 3 prompt, professional, positive and proactive response.

Prevention

The best way to handle a crisis is to prevent it. Do a risk audit with your team. What are all the things that can go wrong? Work out the major categories:

- legal: employment, discrimination, product liability, confidentiality;
- criminal: fraud, theft, terrorism, violence, denial-of-service attack;
- health and safety: working practices, product contamination and scares;
- technical: data loss, power loss, water loss, website or IT systems crash;
- operational: loss of service, production, key staff;
- financial: bank covenants, takeover threat, receivables;
- market: loss of key contracts, customers, suppliers.

Find out what the major crises have been in the rest of the organization and in your peer-group organizations. This may mean that, like old generals, you find you are preparing to fight the last war. But it also means you are preparing against the most common and likely risks.

Preparation and practice

Prepare to respond not only to the known risks (above) but also to unknown and unplanned risks. You will not have time to prepare when the unexpected happens: you need to have a few responses that will at least buy you some time until you can regain control of the situation. Preparation typically focuses on decision making and communication:

- Decision-making clarity. Be clear who has authority for releasing emergency spending and communicating to the media, staff, owners and customers.
- Communication. How will everyone communicate with each other? How will you find them in the middle of the night when no one is at the office? Who are the key people who need to come together to manage any crises: legal, PR, technical, HR, etc?

Take a little time to practise. Every organization does fire drills, although fire is one of the less likely disasters to strike. Prepare for other disasters as well: the whole of London's financial district goes through regular disaster recovery exercises. If a city can do it, so can an organization.

Prompt, professional, positive and proactive response

The Hitchhiker's Guide to the Galaxy has a very simple motto: 'Don't panic.' That could also be the motto for dealing with crises. This is difficult to do under stress and when everyone else is in a panic. But there are some common themes to handling crises from the minor to the major:

- Prompt response. A fast response is needed to provide reassurance that
 everything is being done to solve the crisis as fast as possible. This neutral
 response is about buying time while finding out what is really happening and
 regaining control. In the first stages of a crisis, emotional reassurance is as
 important as a logical response. This may not buy much time, but it helps.
- Professional response. People will judge you by how you appear and act as much as by what you say. If you appear calm, collected and committed, they will respond better than if you look panicky.
- Positive response. The leader needs to avoid letting the organization get into buck passing and playing the blame game. Make the team focus on discovering what they can do collectively to regain control and move forward. In the process of doing this, they are also likely to find out the root cause of what went wrong: it is hard to regain control without knowing why control was lost in the first place. You can leave the inquests for later.
- Proactive response. Your task is to come up with the plan as fast as possible. It will inevitably change as events unfold. This is unimportant: as long as people have some sort of plan to work to, they can make progress. Morale will rise simply by virtue of feeling that there is direction, there is a possible solution and they are making progress. If 50 per cent of the initial effort is wasted because the plan was not perfect, then be happy that 50 per cent of the effort was making a difference. As things become clearer, so you can focus and refine the effort.

Don't panic.

34 Dealing with bullies

t is very fashionable, in a post-modernist way, to avoid criticizing personal styles of management. It may be fashionable and post-modern, but it is also wrong. Here we will look at just two examples of destructive leadership styles: aggressive and passive.

Aggressive leaders fancy themselves as superheroes. The conference circuit and bookshops are full of these superhero stories. Often great entrepreneurs and leaders are very uncomfortable people to work with: they think that only they can save the day because everyone else is too lazy or stupid. They are not good role models. The results are:

- a demoralized organization, which many people leave;
- no effective succession, because such leaders have not given anyone the
 opportunity to grow: this leads to failure when they leave, proving to
 them that only they were saving the ship from disaster;
- a high dependency on the success or failure of one individual: in the United States, quite a few heroes are now in the tender care of the District Attorney.

Passive people are unlikely to become leaders, unless Daddy owns the firm. They set up themselves and the organization for failure. Although they are not to be found at the tops of organizations, there are plenty of passive people lower down. As leaders, we have to work with both passive and aggressive types of person.

Table 7	Personal	styles
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	Passive	Assertive	Aggressive
Characteristics	Allow others to choose for you; inhibited; set up to lose.	Choose for self; honest; self-respecting; win/win.	Choose for others; tactless; self-enhancing; play to win.
Your own feelings	Anxious, ignored, manipulated.	Confident, self-respecting; goal-focused.	Superior, deprecatory, controlling.
How you make others feel	Guilty or superior; frustrated with you.	Valued and respected.	Humiliated and resentful.
How you are seen	Lack of respect; do not know where you stand.	Respect; know where you stand.	Vengeful, fearful, angry, distrustful.
Outcome	Lose at your own expense.	Negotiated win/win.	You win at others' expense.

The ideal way forward is assertive leadership: this is positive, professional and proactive. It enables everyone to win, not just one person (see Table 7). The essence of the assertive leadership style is:

- Be clear about your agenda and needs.
- Explain, not tell; persuade, not order.
- Understand and respect others' needs.
- Balance active listening with talking.
- Set up win/win outcomes, not win/lose.

Against an aggressive bully it takes nerve to maintain the assertive style. Success depends on:

• Preparation. Know exactly what your interests are. Most of the time you can avoid a fight either by conceding things that are not important to you or by doing a judo throw: finding a way of aligning your interests with the bully's so that you work together, not against each other.

- Professionalism. Do not rise to the bait and fight: the bully will enjoy that far too much. If you fight, the bully will have to be seen to win and make you be seen to lose, otherwise the bully's self-perception will be destroyed. It will be a nasty fight, and the bully has far more experience of fighting like that than you do.
- Practice. Once you get used to it, dealing with bullies becomes a game
 to enjoy. You can observe their antics with a level of detachment and
 respond appropriately. Bullies know when they are wasting their time:
 they will go in search of an easier victim.

With a passive person the challenge is reversed. Instead of needing to take heat and energy out of the system, the assertive leader needs to *inject* some heat and energy. This goes back to the fundamental motivation skills in Section 25 of Part Three, which looks at how you can find the triggers that will activate each individual.

Aggressive superheroes think that only they can save the day because everyone else is too lazy or stupid.

35 Getting your way

You are competing with other functions, departments, business units and geographies for the same limited pot of budget, management time and support. In the best organizations constructive conflict allows the best ideas to bubble up and help the organization improve and move forward. Some other organizations simply get bogged down with internal political rivalry, which is often far more intense than market place rivalry. Your market competition will not steal your next promotion or bonus, but one of your colleagues may do exactly that.

So how can you get your way in a sea of competing claims? At school we learn that there is a rational and correct answer to every problem. But if you rely purely on reason within the firm, you will find yourself being outmanoeuvred by rivals who may not have such a good case, but are more persuasive. Far too many executives and consultants bemoan the folly of senior management who turn down what appear to be brilliant, cast-iron rational cases. Doubling down on making the rational case leads to precisely the same result, and there are no prizes for coming second when you need a decision made in your favour.

Getting your way has three elements in the messy world of corporate life:

- rational
- emotional
- political

Rational

You always need a strong rational case to support your argument. This is your entry ticket into the race to getting your way. The most powerful proposals have a strong financial case which is credible. This is easy when it comes to direct cost savings or revenue generation. It is harder when you have something more intangible and harder to quantify like, for instance, improving motivation across the firm. This is where you need creativity. Do your research to show that low motivation leads to high attrition, and that attrition is costly in terms of recruitment and training. Convert intangible benefits, such as motivation, into tangible dollars, euros and yen.

Emotional

You may have a brilliant rational case, but what does it look like to your colleagues? They will see it quite differently. They will have a host of questions which they do not want to ask:

- will this cause me extra work?
- will I be embarrassed if I am seen to support this?
- do I trust and believe the person behind this proposal?
- will this cut across my priorities and agenda?
- if this goes ahead, will it make me look bad or outshine me?
- will this help me with my year end evaluation?

Your proposal may be very good, but if it is a threat or an inconvenience to your colleagues they will object. Your problem is that the real objection will be invisible. No one is going to oppose an idea by saying that it undermines their own agenda. Instead, they will find as many rational objections to your proposal as possible. If you then fight the rational objections, you will get nowhere: they will simply find more rational objections. Instead of arguing, start listening. Only when you listen will you discover the real objection, and then you can deal with it.

Political

Gaining agreement is always a delicate political process. The key is to keep disagreements private and make support public. In private, colleagues will be more flexible and can change their mind. But once they have taken a position in public, it is hard for them to back down without losing face. With this in mind, you have to build your coalition of support one person

at a time. Do not ask each colleague to agree to your entire proposal, because then you give everyone a veto over you. Instead, ask each colleague to validate the element which affects them most: ask marketing to approve your market projections; ask finance to confirm that your numbers add up; ask operations to agree that they can deliver the idea operationally.

Building this coalition of support takes time. You are likely to have alter your plans as you get more feedback. By doing so you increase your support: colleagues will be delighted to see that their input has been taken seriously. As your coalition starts to grow, the bandwagon starts to roll. This means you should start building your coalition with colleagues who are most likely to support you. You can gently let the hold outs know that every one else supports your proposal. In practice, no one wants to be the one person blocking a new idea.

By the time you arrive at the decision-making meeting, you should know what the answer will be. If there is opposition, you should know what it is, where it is coming from and that you have enough support to overcome the opposition. Don't ask the question if you don't know what the answer will be.

The political process requires that you have high-level support. In an ideal world, you are working on something the CEO wants, because it takes a very brave person to oppose the CEO. If you are not working for the CEO, then you need a high-level sponsor who backs you and your idea. Your sponsor can identify road blocks for you, and quietly remove them if you need.

Many naive and junior managers regard dealing with politics and emotion as a waste of time. They are likely to remain naive and junior. Dealing with politics and emotion is your passport to making things happen and making the organization work for you.

36

Fighting battles

The enemy within is often more deadly than the enemy at the gates. The competition may be laying siege, but at least they are still outside the town walls. Your colleagues have the means, the motive and the opportunity to slip the knife between your shoulder blades.

Sometimes, fighting is unavoidable. But take care. Sun Tzu in *The Art of War* advocated fighting under only three conditions, all of which must be present:

- 1 Only fight when there is a prize worth fighting for. Too many corporate battles are fought over trivia. If there is a trivial battle being fought, step aside and let others cover themselves in mud. If necessary, be noble and make a concession. You will now have earned some credit, and someone will owe you a favour.
- 2 Only fight when you know you will win. On Wall Street, if you don't know who the fall guy is, you are. If you must fight, win. A dead hero is still dead. Most battles are won and lost before the opening shot is fired: make sure you have the political support and ammunition to win before fighting.
- **3** Only fight when there is no alternative. It is better to win a friend than it is to win an argument. If you win an argument and make an enemy, the enemy will still remember you long after the argument has been forgotten.

Inevitably, there is an alternative strategy, which was advocated by Lord Nelson in his many battles against France and its allies: 'Any captain of mine who lays his ship alongside that of the enemy can do no wrong.' This ultra-aggressive doctrine would, on occasion, have small British ships

attacking French battleships. The French knew they would have to fight if they went to sea, so they stayed in port where their fighting capabilities deteriorated fast.

The enemy within is often more deadly than the enemy at the gates.

The Nelson doctrine is much used by entrepreneurs and a breed of self-styled hero leaders. When it works, it is highly effective and the leader is destined for the cover of *Fortune* magazine. For every successful hero leader, there are the corpses of thousands of dead would-be heroes.

If you don't know who the fall guy is, you are.

It's your life; you decide.

It is better to win a friend than it is to win an argument.

37 Power

n theory, smart and nice managers get to the top. You need to be smart (high IQ) and nice (high EQ or emotional quotient) so that you can deal with problems and people equally well. In theory there should not be war, famine or Morris dancing.

Now look at reality. Look at who succeeds in your own organization. The chances are that there are plenty of smart and nice people who have left or have been sidelined. Meanwhile, people who are not so smart or nice mysteriously levitate to the top of the organization. Being smart and nice may help, but clearly something is missing. IQ and EQ are not enough. The 'something missing' is PQ, or political quotient.

PQ is the art of making things happen through people you do not control, which makes it a core skill for any flat organization. You only succeed by influencing colleagues, customers and suppliers. You cannot succeed if you rely only on your formal authority and budget. You need to amplify your formal power with informal power and influence across the organization. As with most things to do with leadership, PQ is something we can all learn, and we can all learn to do better. Here are ten things you must do to build your power:

- 1 Build trust. Always deliver on your commitments; find common ground with your colleagues common interests, needs and priorities; make it easy for your colleagues remove risks and obstacles to them working with you.
- **2** Create loyal followers. Show you are genuinely interested in each member of your team and their careers; understand their needs; manage their expectations; build trust by having difficult conversations positively and early; always deliver on your commitments to them.

- **3** Find your claim to fame. It is not enough to be good at what you do. You have to be famous for achieving something which makes a mark across the organization. This becomes a key part of your personal brand and how you are recognised.
- **4** Take control. Have a clear plan for your department; know what will be different as a result of your work; build the right team and get the right budget and support for your plan. Do not accept as sacrosanct the plan, team and budget that you inherit.
- **5** Pick your battles. Only fight when there is a prize worth fighting for; only fight when you know you will win; only fight when there is no other way of achieving your goal.
- **6** Build your network. Create your network of trusted allies across the organization who will help you when you need it. That means being a giver, not a taker: help others and they will help you.
- **7** Find a sponsor. All the big decisions about your career will be taken when you are not in the room. You need a sponsor who will speak up for you at moments of truth; guide you to the right assignments and managers; protect your back when the going gets tough; and give you honest advice about what you need to do to succeed.
- **8** Act the part. Act like other influential people in your organization; be positive, confident and assertive; act like a peer to senior staff, not like their bag carrier.
- **9** Be selectively unreasonable. Dare to stretch yourself, your team and others; make a difference by going beyond business as usual and beyond your comfort zone: this lets you learn, make an impact and build influence.
- **10** Embrace ambiguity. Crises and uncertainty are wonderful opportunities to make your mark, take control and fill the void of uncertainty and doubt which others create. Ambiguity lets leaders flourish.

Crises and uncertainty are wonderful opportunities to make your mark.

38 Managing adversity

Sometimes things can look very bleak indeed. All leaders have crises: even Churchill had his 'wilderness years' between the wars. That was a 20-year stretch of adversity.

There are typically five stages of dealing with major adversity. These were identified by Elisabeth Kübler-Ross in her research on the process of dying (*On Death and Dying*, Touchstone, New York, 1969). They are often seen as the stages people go through in dealing with any major setback in life:

- **1 Denial:** 'I can't be on the slippery slope (of real or corporate life). I'm a winner.'
- 2 Anger: 'Why me? It's not my fault. I don't deserve this.'
- **3** Bargaining: 'Is there a way out? If I do x or y, can I buy some time?'
- **4 Depression:** Reality sets in, and in the gloom there seems to be no way forward.
- 5 Acceptance: 'I accept my fate and am ready to move on to another life.'
 At least in corporate life, this is where the leader takes control and starts the process of renewal: death in one corporate life is the prelude to rebirth in another life of leading in the corporate, public, voluntary or entrepreneurial worlds.

It helps to recognize these symptoms. If you feel them you are not abnormal: you are a human being suffering the normal reaction to loss and adversity.

From a leader's perspective, these are unhelpful reactions. Inaction, depression and seeking to blame people are not recipes for success or recovery. To recover you need to focus on the future:

- Create some options. Find some ways to success or recovery, in your current environment or another one. Remember that you always have choices, even if they are uncomfortable choices.
- Take control; be proactive. Do not wait for others to control your destiny for you.
- Find some balance. Your current employer does not own your soul. Know what is important to you and focus on making that work.
- Reach out. Do not suffer alone, do not be a martyr. Friends and family
 provide practical and emotional support; experts can give you essential
 support where you need it.

Do not read Nietzsche; it will only make your adversity feel worse. But do remember the one useful thing he said: 'That which does not kill you makes you stronger.' Most leaders learn from experience and from adversity. Surviving adversity builds knowledge and resilience.

EXERCISE 12 Reviewing adversity

Review a big setback you have had:

- How did it feel against the five stages of dealing with adversity?
- How did you handle each stage?
- How could you have handled it better?

Keep this in mind next time you face a major setback: preparation makes you stronger.

To recover you need to focus on the future.

39

Knowing who to trust

This is the trust paradox: trust everyone and trust no one.

In the short term, you need to be able to trust people. If you do not trust your team, you cannot delegate to them. If you do not trust your colleagues, you cannot work with them. If you do not trust your suppliers, they cannot supply you. Trust is the invisible glue which holds a firm together.

In the long term, trust no one. Time and again, executives find themselves cruelly let down in moments of truth by colleagues whom they have known and trusted for years. When this happens, it is devastating. It can happen to you at any time.

To resolve the trust paradox, first we need to consider the trust equation. That helps us understand the paradox and shows how we can deal with it. This is the equation:

$$T = (V \times C)/R$$

The trust equation shows that trust (T) is a function of values alignment (V) and credibility (C) offset by risk (R): higher risk means you need higher levels of trust to work together.

In the short term we can build alliances based on the trust equation, and that will help us make things happen. And the more we work with people, the more we tend to trust them. We understand them better, which builds values alignment and we build a track record of credibility. But this is where things start to go wrong: we assume that we can now rely on our allies permanently.

Note the words of Lord Palmerston, who was Prime Minister twice in the 19th century: 'We have no eternal allies, and we have no perpetual enemies. Our interests are eternal and perpetual, and those interests it is our duty to follow' (speech to the House of Commons, 1 March 1848). As with nations, so with executives. You have no permanent friends or allies; there are only permanent interests. At some point, your interests and their interests will go different ways simply because you are in different roles and have different priorities. At that point, the basis of trust between you evaporates. They will pursue their interests and you will be left feeling betrayed.

Feeling betrayed and upset is not a good use of time for a leader. You have to manage your alliances properly. This means:

- Always focus on common interests. You have to keep on reinvesting in
 your relationship. Make sure you understand how their interests are
 evolving. Do this well and you will get early warning of when their
 interests are diverging from yours. That is when you know you can no
 longer rely unconditionally on your ally: be prepared to be let down.
- Never rely on one person. It is useful to have a powerful sponsor in the firm. They can clear the way for you, help you with politics, nudge you towards the right assignments. But if you rely on them alone, you become highly vulnerable: if your sponsor slips, you fall; if your sponsor moves, you are abandoned. You need a network of support.
- Always have a plan B. If your ally does not help you when you need it, what will you do? When you are let down, it is often too late for you to take evasive action. Always prepare a back up plan, so that you can avoid disaster.
- Never mistake friendship for trust. If you like your colleagues, you are
 fortunate. Friendship helps at the margins, but at moments of truth
 self-interest prevails. Feeling betrayed by a colleague is bad; betrayal by
 a friend is worse. Enjoy the friendship, but be objective about how far
 you can rely on your friends to bail you out if it is not in their interests.

Never mistake friendship for trust.

40 Stepping up

ountaineers get altitude sickness when they climb too high. The same is true with executives. Some are promoted too far and too fast and cannot acclimatize fast enough to the heights they have reached. Others are too cautious and do not want to climb too high. Your challenge is to balance ambition and capability. Too much ambition and you get altitude sickness, too little ambition and you get stuck in the valley of underachievement.

Which of the two types of person describes you best:

- Type A. You believe you should go for the top job when you are about 50 per cent ready. You know that no one can be 100 per cent ready for the top job, and you have the confidence that you will learn on the job. The more you apply for senior roles, the more you will learn how to succeed in the application process. If you are turned down for a role, that simply shows that the firm has poor judgement and it has missed an opportunity.
- Type B. You believe that there is no point in going for the top job until you are at least 90 per cent ready. You know you will need to hit the ground running and make a good impression from day one. You will not have time to learn on the job. So you will keep on building your skills until you are ready to step up. If a firm rejects you, it is worth listening to their reasons so that you can learn from them and raise your game further before applying for another job.

If you are type A, you fit the male stereotype. Put negatively, you are prepared to blag your way into the top job and then hope to learn as you go.

¹ This is based on original research with Future Leaders, which looked at why men were routinely getting to headships in schools faster than their female peers. There were other reasons as well: conscious and unconscious sexism at work, and unequal division of labour at home.

If you are type B, you fit the female stereotype. Inevitably, type A people are more likely to emerge in top roles faster than type B people, even if they are not so well equipped for the top job.

The more senior you become, the harder you have to push for the next step. Early in your career, if you work hard and do well you will be promoted because every firm wants to encourage the next generation of leadership talent. But as your career progresses, there are fewer opportunities and there is more competition. Leadership is not given to you; you have to take it.

How quickly you seize leadership opportunities is your personal choice. But you have to make your luck and then take it. At junior levels it is clear what you have to do to succeed. As you progress clarity descends into a fog of uncertainty. The rules of survival and success are not clear at the top. You have to read the air and work out what you really need to do to succeed. Good leaders turn ambiguity into opportunity. You will wait in vain to be told what success looks like. Instead, work out how you can really make a difference to the firm, then build your claim to fame. Your claim to fame is your stepping stone to the top.

Stepping up is your first and most important leadership challenge. It requires all the leadership qualities of ambition, self-confidence, dealing with ambiguity and uncertainty, taking control and seizing the initiative. You can hope to get lucky and be appointed to a top role, but luck is not a strategy and hope is not a method. As a leader, you make your own luck and find your own opportunities. Over to you.

Leadership is not given to you; you have to take it.

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Part Five Daily skills

- 41 Reading
- Writing
- Presenting
- Storytelling
- Listening
- Doing numbers
- Problem solving
- Getting stuff done
- Hearing feedback
- Learning in an AI world

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41 Reading

of course, we all know how to read, write, talk and listen. Don't we? It's just that our colleagues write drivel, never listen properly, don't read our elegant prose and bore us to tears with their presentations.

We are all each other's colleagues...

Reading socially is different from reading for business. Reading socially, we want to have our heads filled with surprise, delight or shock. Reading for business we do not want our heads randomly filled with what the writer writes. We need to read with prejudice, to read with an agenda of our own so that we are not sidetracked by the internal logic and brilliance of the document in front of us.

Reading socially, we let the writer stay in control and lead us. Reading for business, the reader needs to stay in control. Being led by the writer is a recipe for being led astray.

EXERCISE 13 Reading (and meeting) with intent

Before reading a significant business document, take a moment to note down the following three things:

- 1 What is my point of view on the subject being discussed? This helps you avoid being caught by its internal logic. With an established point of view, you will be able to dazzle your colleagues with perspectives that they had not thought about, because they had let themselves get caught by the internal logic of the paper in front of them.
- 2 What topics do I expect to be covered? This helps you spot the invisible: things that have been omitted. You can also think of this as: 'What questions would I want to ask and have answered?' You will now look brilliant as you spot the invisible: the gaps that the writers hoped you would not notice.

3 What actions or coaching items do I want to pursue with the writer when I see them? This allows you to create a proactive agenda rather than being caught in the writer's agenda. You will now appear like a wonderful, sage coach who is positive, constructive and helpful.

These questions can also be applied to meetings. You can also apply these questions to each chapter of this book: read it with prejudice. With practice, you will become very good at it. You will be in danger of looking insightful and proactive: you will always seem to come up with insights, spot omissions and drive to action. It comes down to learning to read: read with prejudice, with an agenda and with preparation.

Reading socially is different from reading for business.

42 Writing

We can't all be Shakespeare, and we don't need to be. But we need to be effective in how we write. The best editor I ever had beat five writing rules into me. I still fail, but at least I try...

Write for the reader

Who are you writing for and why? Ask yourself why the reader should want to read your document and what you expect the reader to do as a result of it. This is your critical first step from which you can decide the purpose of the document, its storyline and the essential content. If you are unclear for whom you are writing, you are likely to end up with an unclear document.

Where you are writing for a group of people, work out which ones are essential to you. There will be one or two decision makers whom you need to influence: focus your document on them rather than trying to please everyone. A focused document will be much more powerful than an amoeba-style document that lacks shape, direction, backbone or purpose.

Tell a story

What is the one headline you want the reader to remember? Construct a storyline to support the headline. Throw away all the verbiage that does not drive to the headline. This helps you achieve clarity and focus. Do not start with all the facts and data you have lovingly assembled at great personal effort and cost.

Start by asking: What is the message I need to get across? One message is enough, two will only confuse people for whom your document is one of several hundred they will see during the week. The message is driven by who you are writing for (see above).

Then ask: What is the minimum amount of information required to support the message? What other information directly supports the message? All the other information can disappear into a nice fat appendix, which everyone will ignore, but it will reassure them that you have done lots of work. Remember that documents are like diamonds: they benefit from good cutting.

Even if you are simply writing a regular report, this is still an opportunity to tell a story about what is happening in your business and what needs to happen next. Every document should have a purpose, and the purpose should be communicated through a story. Long after the data has been forgotten, the story will be remembered – if you have created a clear and simple story.

Keep it simple

Use short words and short sentences. Writing short is far harder than writing long. As Churchill noted at the end of a long letter to his wife: 'I am sorry I wrote you such a long letter. I did not have time to write a short one.' If you have a clear storyline, you should be able to keep it short.

Use the Flesch–Kincaid readability test in your Word program and aim for a reading age of about 12 years old. This is not because your readers are dumb; it is because they are busy. You need to make it very easy for them to read and understand your document at speed.

Make it active

The passive and impersonal do not make a document look businesslike: they make the document boring. Avoid jargon which may impress you but will make it harder to read your document. Make it readable, if you want it to be read.

Support assertions with facts

If something is important, urgent or strategic, explain why it is important, urgent or strategic to your reader. Otherwise you invite the reader to argue: 'It may be important to you, but it's not to me.' And take care: one bad fact will make the reader distrust everything you write.

EXERCISE 14 Writing to be read

Take the longest PowerPoint presentation you can find and reduce it to one headline of 10 words maximum. Then draft a story of up to 100 words for it. Then draft a new six-page PowerPoint presentation. Your presentation is not complete when no more can be said. It is complete when no less can be said. Brevity has more impact.

We can't all be Shakespeare, and we don't need to be.

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Presenting

Substance

We have all sat through tedious presentations where the presenter fills the air with nothing more than self-importance and incoherence. Let us not inflict the same fate on others when we present.

A simple starting point for presenting is to work on the writing skills to establish the story and content you want to cover. The ancient Greeks treated public speaking as an art form. For them, and for us, good speaking has three elements, namely logos, ethos and pathos:

- 1 Logos or logic. Good speakers quickly answer the question: 'Why should I, the listener, listen?' They then say what they are going to say, say it and conclude by saying that they have said it. Clear, simple, effective and 100 per cent free of bad jokes badly told. You have to establish why they should want to listen from the start. What is the problem, opportunity or perspective that they need to hear from you?
- **2** Ethos. This answers the question 'Why do I believe this person?' Build credibility fast; use facts to support assertions. Borrow credibility by quoting people who have helped or supported what you are doing.
- **3** Pathos. This builds the emotional connection with the audience. Facts and logic are not enough. Tell a story and relate your message to their needs and their experience.

Building logos, ethos and pathos depends on knowing who you are talking to. The larger the group, the more mixed it is. In this case, figure out who you really want to influence. It is likely to be just one or two very important people. Focus your efforts on those people. It will make the entire presentation seem more focused and lively. It will also be more persuasive to those you want to persuade.

EXERCISE 15 Becoming a great Greek (and business) demagogue

Work out your logos, ethos and pathos for the following:

- Introduce your organization to an industry conference with 300 people present.
- Review what you have learnt about leadership with a group of 20 at a company away-day.

Logos, ethos and pathos.

Style

Style counts. Think back to the best and worst presentation you have listened to in the last year. First, try to remember the three key messages of each presentation. The chances are that this is a tough exercise. Second, try to remember what each presenter was like. The chances are that you can remember both presenters vividly. We remember style far more easily than we remember substance.

Over 70 per cent of the information we absorb is visual. So if you are the king of the mumblers, dress like a tramp and slouch like a teenager in full hormonal angst, the brilliance of your message will be lost on the audience. Instead, focus on the three Es:

- energy;
- · enthusiasm; and
- excitement.

Think of the worst presentation you have attended. Did it have the three above characteristics? Probably not. Here are some practical tips to help you.

Throw away the script

Reading from a script, you will sound wooden. Instead, memorize your opening to make a good start, and your conclusion to make a good finish. Memorize some choice phrases that you can insert on your way through: each phrase is a way-marker on your speech. You will keep your structure and discipline while sounding spontaneous.

Avoid complicated slide presentations

If you have slides, the principle is to have stupid slides but a smart presenter. The slide might have three or four key words to help the audience anchor where you are: you provide the commentary. The nightmare is to have smart slides that explain everything and a stupid presenter who reads the slides more slowly than the audience.

Stand tall

Stand on the front of your feet, so that a slip of paper could pass under your heel. Weight on the back of the foot encourages slouching and low energy.

Engage the audience

Look individuals in the eye, rather than gazing into the middle distance. Do not stare at one person the whole time. Get into a rhythm of using and completing one phrase or sentence while you look at one person and then move on to the next phrase and the next person in another part of the room. This has three valuable effects:

- 1 The audience will be electrified and pay attention when they all know they are likely to be engaged directly by you. Or put it the other way: if you appear to ignore them, do not be surprised that they appear to ignore you.
- 2 You stay very aware of how people are responding to you.
- **3** Your own energy levels will go up, you will appear very focused and the audience will respond with high energy and focus.

Rehearse

The more you rehearse, the more confident and comfortable you will feel. Even if you cannot rehearse everything, make sure you do the following minimum rehearsal:

- Rehearse the first 30 seconds intensely. When you start is when your
 nerves will be highest and everything can come out all wrong. But if
 you are word-perfect in the first 30 seconds, you will make a smooth
 and confident start, the audience will engage with you and you will
 have time to settle down.
- Rehearse the key phrases you want to use to make key points and to
 move from one part of the logic flow to the next. Work on the choice
 phrases: people will remember them long after they have forgotten
 everything else.
- Rehearse the last 30 seconds. 'Are there any questions?' is a feeble finish. Effective finishes often include a direct appeal to the audience, such as: 'I wish you all success on this great adventure we are now starting', 'I look forward to working with each one of you on this exciting initiative', or 'Each one of us can now leave a lasting legacy.'

The three Es are greatly enhanced by two more Es: expertise and enjoyment. If you are expert at your subject, you are more likely to relax and enjoy what you are saying. If you are enjoying it, your audience is likely to enjoy it as well. If you hate it, do not expect the audience to enjoy it.

EXERCISE 16 Presenting

Try telling someone about how the cost allocation system in your organization works. See if you fall asleep before your audience does.

Now try recounting one of the most memorable events in your career. You will naturally display all five Es: energy, enthusiasm, excitement, expertise and enjoyment. Such a simple exercise shows that we can all speak well: we simply have to transfer our skills on to the big stage.

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Storytelling

EXERCISE 17 Simple storytelling exercise

Try this simple exercise:

- Recall and explain a spreadsheet from a month ago.
- Recall and give an account of a memo or email from a month ago.
- Recall and retell a story you heard a month ago.

Normally, this exercise works. Do not, however, try it with a group of actuaries: you will spend the next three hours being told about spreadsheet disasters and triumphs. But back on planet earth, most earthlings find it far easier to recall a story than a spreadsheet or a memo. Presentations will be recalled only if they told a story, not for the brilliant words and numbers that the presenter slaved over for days and weeks.

Leaders understand the power of a story. A good story is memorable and has an emotional intensity that no amount of facts and argument can achieve. Most corporate stories talk about the journey we are taking, and the obstacles and opportunities that lie along the road. Effective leaders are often effective storytellers.

A good story has the following elements:

- Meaning and relevance to the listeners or readers: remember you are writing for the readers, not for yourself.
- A storyline, which will have:
 - A beginning, which is often framed as a challenge for the hero or organization to overcome. The resolution should not be clear from the start, otherwise all the suspense and interest are lost.

- A journey, which tells how the challenge was or will be overcome.
- An ending: a resolution in which there is often a lesson or a sudden insight or reversal of fortune. The best stories have an element of suspense and uncertainty.
- Emotional impact: readers or listeners should be able to see themselves in the story, and should be able to see themselves overcoming the challenge presented.
- Authenticity: the story should come from your heart so that it has your voice and your passion behind it.
- The story should relate to a reality that both storyteller and listeners recognize.

To see the power of stories in action, look at the stories CEOs spin to the financial media. They tend to be captured in a few very simple headlines:

'We are entering a price war, so we are going to cut costs hard.'

'We need scale economies to drive down costs, so we will acquire other companies and integrate them.'

'No one is competing in the bottom end of the market, so we will enter it.'

'We will diversify our sources of income into less cyclical markets.'

'We are going to refocus on a few core businesses where we are leaders, and sell the other businesses.'

Each of these simplistic headlines may reflect months of work, and may well drive the efforts of the whole organization to success or failure. But they are very simple messages that most people can remember easily and act on.

Ivan's terrible day

Ivan was in despair. He had tried everything to show that a major change in strategy was required. He had charts and data and research in plenty of reports and PowerPoint presentations. The more he hammered away at his facts and figures, the more things went wrong: some people would

nit-pick his data; others would simply switch off under the barrage of data. In his frustration he went to the flipchart and drew a picture.

'Look,' he said, 'we are on this side of the river. We are being attacked non-stop by competitors who are taking our territory. On the other side of the river there are these green pastures that no one has yet occupied. And the good news is there is the bridge to those green pastures if we can work with the right partners. We need to move now, before it is too late.'

There was a deafening silence. People looked at the picture. It might be possible to argue with some of the detailed numbers. But everyone knew in their hearts you could not argue against the big picture. The reality was staring them in the face: they knew they had to move. The meeting switched gear from analysis and denial to working out how to move across the bridge. From then onwards, crossing the bridge to the green pastures became part of the language of the organization.

EXERCISE 18 Telling the story of your journey

Develop a story that tells about the journey that you are taking your organization on. Work out how the story changes for your team members, for other departments and for the CEO. It helps to think about:

- What do they need to know about the journey?
- What might their role in the journey be?

Develop a story that talks about the journey you are on: are you on the right journey, or do you need to turn down another road?

A good story is memorable and has emotional intensity that no amount of facts and argument can achieve.

45 Listening

Listening is your secret weapon, for two reasons

- It is persuasive. The more you listen, the more you find out what others
 really think, hope and fear. You then have the ammunition you need to
 persuade them, using their logic instead of yours.
- It helps your team improve performance. It is easy to tell people what to do, how to improve or how to solve their problem. But instead of telling, try asking and listening. Let them discover what to do and how to improve. Let them discover the answer to their problem. That way they have more ownership and commitment to the way forward, and they learn some skills and independence in the process.

Here are three keys to effective listening:

- 1 Paraphrasing. When someone talks, try paraphrasing back to them what they said. If you get it right, the other person will be delighted that you were listening so well. If you get it wrong, you will quickly avoid any future misunderstandings. Paraphrasing is not the same as agreeing: it simply shows you have understood the other person.
- 2 Asking open questions. The more open the question, the more people talk. A closed question gets a yes or no answer. It gives little information and often leads to conflict. Open questions often start 'How would you...?', 'Why did they...?' or 'What would you do if...?' Closed questions often start 'Do you agree...?' or 'Shall we...?'
- **3** Debriefing. After any significant meeting, spend a few minutes debriefing with a colleague. You will both have heard and seen different things. Together, you will quickly get more intelligence and feedback

than if you try scribbling notes furiously during the meeting. An effective debrief will cover the following:

- Hot buttons: What were the hot buttons for each person at the meeting? Did we press the hot buttons effectively and get people properly engaged with their issues? Did everyone have the same hot button or different ones?
- Red issues: What were some of the objections, issues and challenges people raised against what we were saying? Did we handle them? What do we do about them next?
- Roles: Who had what role in the meeting? Who is the real decision maker? Do they all have a common agenda or not?
- Body language: What was that telling us about how people were feeling about each of the topics that arose?
- Our own performance: How did we do? What could we do better both individually and as a team? How can we divide up responsibilities better next time?
- Next steps: What happens next and who is going to do it?

Listening judo

Chris is an expert at listening judo. He always has very strong opinions and he likes to get his way. He does so not by talking, but by listening. He is so smart that he knows the best thing to do is to shut up and listen at the start of a meeting.

When everyone has had their say, and largely cancelled each other out with their contradictory views, Chris will step in to offer a summary of what he has heard. He will then carefully extract a few half-formed ideas he has heard from each person. He will present them back to the group as the wonderful ideas that Kate, Julia, Jim and Amir had. As he does this, you can see Kate, Julia, Jim and Amir puff up with pride. Each person's idea has not only been heard in the babble of the meeting: it has been recognized as a smart idea and it is seen as that person's idea. Everyone is now eating out of Chris's hands. No one is going to argue against him, because that would be tantamount to arguing against their own ideas.

Naturally, Chris's summary just happens to support the prejudiced agenda that he entered the room with. By the end of his summary, the war is over. Chris has not only won the intellectual battle, but he has won friends all around the room.

Long after the meeting is over, Chris will still attribute all the great ideas not to himself but to others. As a result, he builds networks of deeply loyal colleagues and there is no chance that the ideas are going to get unpicked.

EXERCISE 19 Listening skills

Try paraphrasing, perhaps in a role-play with a colleague. After your colleague has spoken, summarize by saying 'So what you mean is...' or 'If I can summarize what you said...'.

Create a list of open and closed questions you can ask in different situations. Start by noting what sorts of questions other people ask and whether those questions get productive or unproductive answers.

Test your listening skills by doing debriefs with a colleague who has been to the same meeting as you. Ask the following:

- Who said what? (Who was in favour? Why? Who was against? Why?)
- How did people react at different stages (body language as well as words)?
- What did you learn about the agendas and priorities of each person present at the meeting?

Video yourself and focus on questioning. Make a T-chart. On one side, keep track of the number of open questions you ask. On the other, keep track of the closed questions. What sorts of responses do these elicit?

Listening is the leader's secret weapon.

46 Doing numbers

anagers use numbers the way drunks use lamp posts: for support, not illumination. We all know what the answer should be in the bottom right-hand corner of the spreadsheet. So we manipulate the assumptions until the correct number appears, with a bit of safety margin thrown in for good measure.

For the leader, reviewing a spreadsheet is not about numeracy, it is about thinking. You have to test the numbers by testing the assumptions behind the numbers, as follows:

- 1 Know your key data inside out. You lead the business; you should know the key numbers and ratios. Do not get confused by the whole spreadsheet: look at the key numbers and ratios used and see if they fit with what you expected. If not, push hard to find out why.
- 2 Play that 'What if...?' game. You should know not just the key numbers and ratios, but all the key sensitivities in the business. They might be prices, market share, market growth, costs, interest rates or many other items. Ask what assumptions have been made and how the result would change if different assumptions were made on these sensitivities.
- 3 Know who is presenting the numbers and why. The credibility of the numbers is directly related to the credibility of the presenter. A cautious profit projection from an executive with a great track record is worth far more than an exciting profit projection from an untested executive. Turn this logic around for a moment: if you are the presenter, make sure you have credibility on your side. Get the support of the finance department and of seasoned and trusted executives before finally presenting your numbers. The leader also needs to beware of the motives behind the numbers. When not using numbers like drunks using lamp posts, executives will use numbers like lawyers using facts. They will use the numbers selectively to make a point.

EXERCISE 20 The numbers (and assumptions) game

On a blank sheet of paper write down the key numbers and ratios for your business: financial, market and people numbers. Now compare them with the actual numbers. Draw up your key data list of the sacred and serious numbers and ratios you need. Learn them.

Play the numbers game. Look at a company budget or five-year plan: what are the key assumptions and how would you plausibly massage them to produce a huge profit or loss? What actions can you take to influence a positive outcome on the key assumptions?

Managers use numbers the way drunks use lamp posts: for support, not illumination.

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Problem solving

Answering the right question

The first rule of problem solving is: do not try to do it all by yourself. A solo answer is rarely better than the group answer. Even if it is a good solution, no one else will own it and you will have to spend excessive amounts of time getting others to accept your solution. Let them work on the problem with you and own the solution with you.

As a leader you will not, however, simply present other people with a problem. You will have thought it through sufficiently to know:

- You have the right problem.
- You are focused on causes, not symptoms.
- You know who needs to be involved in the solution because of their skills, interest or position in the organization.
- You have some potential solutions in your mind.
- You have a structure or approach for solving the problem.

The critical step is to find the right problem. Three questions for you to ask about the stated problem are:

- 1 Who owns this problem? Who really wants this fixed?
- 2 What are the consequences of not fixing it?
- **3** What are the consequences of solving the problem?

If there are compelling answers to these questions, you probably have the right problem and you will quickly find out who are the right people to involve in solving it.

EXERCISE 21 Making sure you are solving the right problem

There are many good exercises to show how group problem solving is better than individual, which you can find on the internet if you search for 'desert survival exercise' or 'space survival exercise'.

Look at your current projects and see how well they fare against these three questions:

- 1 Who owns this problem? Who really wants this fixed?
- 2 What are the consequences of not fixing it?
- 3 What are the consequences of solving the problem?

Find the right problem.

Process and techniques

Welcome to the world of fish bones, six thinking hats, brainstorming, synectics, SWOT, Pareto analysis, decision trees, metaplanning, mapping, Chicago rules, concept fans and many more problem-solving techniques. There are countless problem-solving resources available on the web, and many facilitators if you need them.

The basics of any problem-solving process are relatively straightforward:

- Understand the problem. Be clear who has the problem and the consequences of fixing it or not. Learn enough about the problem to know that you are focused on causes, not symptoms. Keep asking 'Why...?' to find out the root cause of the problem.
- Create hypotheses. Some people advocate complete brainstorming ('What if we covered New York with sticky treacle?'). But if you have really understood the problem, the answer is often not far away. To create insight as opposed to funky ideas, look at the problem from new angles. How do our customers see this? How will the competition

exploit this? How has this been handled elsewhere in the world or in other industries?

- Evaluate and select the best hypotheses. Don't waste time evaluating
 every option. Let the group pick the two or three they most want to
 work on. The best ideas normally come through. If you are leading the
 group, you can use leader's rights to add one more for group
 consideration.
- Drill down to action planning. If the first three steps have been completed well, this is the easiest step. The drill-down may reveal further, lesser, problems, which can be solved with the same process.

Facilitation techniques

Here are some simple rules to follow in a brainstorming, problem-solving and team-building meeting. You should ask a facilitator to enforce the rules. Like a referee at a sports game, the facilitator must avoid taking sides. The facilitator's job is to enforce the rules. Some facilitators have a big book of rules, which just gets in the way of a productive discussion. At most, you need four rules. People can just about remember and respect four rules. No one will remember 50 rules, and you cannot follow what you cannot remember. The four rules are:

- 1 Benefits before concerns. Smart people like to show they are smart by showing they have analysed a problem and found its weaknesses. This is good survival strategy: we avoid doing stupid things. But it also means that we kill ideas before we know how good they are. It is far tougher, and more productive, to understand the benefits of an idea before we see the concerns.
- 2 No heat-seeking missiles. This is an extreme version of 'benefits before concerns'. Watch when an idea is shot down by a smart intellectual missile. Everyone quickly learns that having ideas is dangerous, so they shut up and that is the end of constructive thinking.
- **3** Headlines before the detail. Think of newspapers: a three- or four-word headline is all you need to understand the thrust of a story. Stop people giving long speeches: focus on getting ideas out. This makes the facilitator's job easier: it is possible to write headlines on a flipchart; it is not advisable to try writing speeches on one.

4 Express concerns positively. Instead of, 'That's stupid – it costs far too much', try, 'How can we improve the cost–benefit profile?' The first statement leads to conflict; the second to a productive discussion.

Like a good air traffic controller, a good facilitator will make sure that all the ideas that are raised land safely on the flipchart. When lots of ideas are flying, the facilitator will need to put some in a holding pattern until cleared for landing. A good facilitator will make this feel natural and productive to the group.

EXERCISE 22 Using the problem-solving process

Use this framework to discuss with a colleague any of the following:

- How would you reduce crime?
- How would you increase pensions?
- How would you increase savings?
- How would you beat the competition?

You cannot follow what you cannot remember.

48 Getting stuff done

Think about the days you have been at your most productive. Those are the days when you blitz through routine matters and make real progress on important matters. They feel like great days. But even the highest performers have unproductive days. They are the days when molehills turn into mountains, obstacles appear everywhere and nothing seems possible. Everyone has good days and bad days. The challenge is to make every day as good as possible.

Time management tools clearly can help productivity. But as you think back on your best and worst days, the usage of time management tools was unlikely to be the big difference. People who use time management tools have good and bad days, just the same as people who do not use them.

In practice, productivity is a combination of three skills:

- 1 mindset skills
- 2 time management skills
- 3 work management skills

1 Mindset skills

Often, unproductive days come from:

- being tired or feeling stress
- feeling overwhelmed by the volume of tasks and amount of noise to deal with

- being overwhelmed by the scale and complexity of the task ahead: how do you tackle an impossible mountain?
- facing confusion over choices and direction in an ambiguous and uncertain situation
- lacking power to make decisions or to take action
- suffering too many interruptions from colleagues
- getting distracted by the internet and social media

These are fundamental causes of unproductivity, which mindset skills address. But the most productive people think and act in two ways that set them apart from their colleagues:

- They own their work. They do not think and or act like a disempowered employee. They think like it is their own business. When it is your business, every minute matters. When they face obstacles they do not focus on their feelings (being overwhelmed, confused, not empowered etc): they drive to action and find solutions to each productivity challenge they face. For instance, if they feel confusion or disempowerment, they identify who to ask for clarity or empowerment and then ask them. Job done. You will own your work when you are working on something important and worthwhile and you feel a sense of agency over your work.
- They are very goal-focused. They know what they want to achieve. The day may look chaotic, but they are always keeping their eye on making progress against their goal. This makes them ruthless in dealing with the noise of work (emails etc): they blitz through the noise so they can declutter their minds and focus on what they need to do.

If you really own your work, think like an owner and have total goal focus you will always find a way of being productive, and you will not accept the usual excuses for lack of productivity.

2 Time management skills

Here are three simple principles to help you manage your time even better.

a Be clear about what you need to achieve this week and today

Goal focus helps you separate the signal from the noise. It is easy to let routine noise dominate your day: dealing with emails, attending meetings, filing expenses. All these things need to be done. If you don't do them, chaos ensues. But if that is all you do, then you make no progress and have no impact.

Once you are clear about your priorities, you can organize your time. You need time to deal with both the noise and the signal. Some people prefer to deal with routine matters first thing in the day, to give themselves a sense of progress. Other people like to focus on their important priorities first, before all the other distractions of the day set in. Create the routine which works for you, but make sure you leave enough time in each day to achieve what is important for you.

b Set yourself small goals for the next hour

To do this, break down all that you need to achieve in the day into a series of small tasks. Some tasks will be easy to achieve inside an hour or less, such as answering emails. But there will be other tasks which will take several days or even weeks to accomplish. These can seem daunting. The key to success is to break that large task down into a series of small tasks which are easy to achieve. For instance, writing a major report may take a week or more and seem insurmountable at the start. But calling five people to ask for their input is a small task which you can achieve in an hour and helps you get started.

Inevitably, your day will not go exactly as you planned. There are always disruptions and distractions. Allow time for these. If you work for seven hours, you may only be able to deliver on four or five of your one hour sprints: that is fine, because you have made progress and dealt with the disruptions and distractions without becoming derailed. Once you have completed your sprint, reward yourself with a break.

There are many variations on this theme, including the pomodoro technique. This is named after a kitsch kitchen timer in the shape of a tomato, which you could set to ring after 20 minutes. It does not matter whether you use pomodoros, hour glasses, smart watches or even a pendulum to measure the time and it does not matter too much if your sprint is

anything from 20 minutes to one hour. Find a routine which works for you and then stick to it.

c Create breaks and boundaries to your day

Short breaks every forty minutes or every hour are vital: they are what keeps you fresh. The godfather of time and motion studies, F W Taylor, insisted that labourers rested for five minutes every hour. He was not trying to be nice to them: he found that they achieved more work if they rested regularly, even if they thought they did not need to rest. High concentration work requires at least as much rest to stay at the top of your game as does physical work.

Use these rest breaks to have a coffee, check social media or have a chat. But then when you work, work: no interruptions or distractions. Stay goal focused for your next work sprint until you can reward yourself with another break.

Boundaries are also about staying fresh. You need boundaries between work and life, especially if you work from home. Although you will not work 24/7, it can feel like you work 24/7 if you do not create clear boundaries about when you will work and when you will not. Break the shackles of email and other messaging: answering messages at 3am is not good for your health. Enforcing boundaries requires clear expectations setting with your team and your managers.

3 Work management skills

Unproductive days often come from a sense of feeling overwhelmed: the task is too big, too ambiguous and there are too many other things that need to be done as well. This is where you need to regain control over your work.

Set yourself up for success

You cannot succeed if you are working on the wrong thing, or if you do not have the resources and support you need. This means you need to set yourself up for success from the start, by having the success conversation with your manager. The success conversation is about asking all the questions you need to understand the goal and make sure you can achieve it, for instance:

- What is the outcome you really need? What is the minimum viable output, and what is ideal? Are there any alternative outcomes?
- Why is this important, and for who? Why now?
- How does this sit with my other priorities?
- When do you need it?
- What are the potential blockages and how can we overcome them?
- Who else need to be involved, to give advice or support, to approve things, to work on detail?

This may be one conversation or several. But by the end of the conversation you should be satisfied that you:

- understand not just the goal, but also its context. There should be no ambiguity about what needs to be done.
- know what the potential blockages and barriers to success are, and how you can deal with them
- have the right resources, time, team and money to make it happen

Create the right work environment

Not all work was created equal. Two different sorts of work require two different environments: high concentration work and highly collaborative work.

High concentration work requires no interruptions. You need an environment where you can cut yourself off from distractions, or at least minimize them. Open plan offices are a nightmare for high concentration work, for most people. A study of coders found that every small interruption cost them fifteen minutes of productivity and reduced their accuracy: two interruptions an hour costs half the day. Ideally, find a place where you can close the door and find a time when you will not be required to be answering emails and on calls. If you can also clear your desk of everything except the matter in hand, then you minimize the risk of distraction from your task.

Highly collaborative work is best conducted face to face. If you already have strong bonds of trust with your colleagues, or the work is purely transactional (such as agreeing a meeting time), then you can work remotely. But where the work involves high trust, or colleagues you know less well, face to face is more productive. High trust work can involve agreeing priorities, reviewing performance, resolving problems, initiating change and mentoring new staff. When you have a day like this, attempt to minimize the amount of high concentration work you will do because you will be subject to endless ad hoc conversations and distractions: these may be very useful, but they will not help you concentrate.

Different work requires different places.

Deal with work blockages

Occasionally everyone hits an obstacle which stops work, and there appears to be no way round it. This can destroy productivity: paralysis sets in and you do not know what to do. You have two ways of dealing with this:

- Ask for help. Don't suffer alone and don't get stuck. Your colleagues or
 manager will have a different perspective and may be able to help. Even
 if they do not have the answer, you will often find that just asking the
 question and talking about it lets the answer magically emerge in your
 own mind.
- Do something else. Instead of focusing on what you can't do, focus on
 what you can do. Make some progress on another task or a related
 task. Maintain momentum and don't get depressed by the obstacle you
 face. This avoidance tactic can be highly effective: as you work on other
 tasks, your mind will quietly discover a solution to the obstacle you
 faced. Your subconscious will achieve what your conscious mind could
 not achieve.

49 Hearing feedback

Discovering the truth

In most cultures, managers do not like giving feedback, especially if it is negative. Like the jilted spouse who is the last to discover the truth, so the last person to hear about a performance problem is the owner of the problem.

In theory, you should be able to ask for feedback and you should get it. In theory, wars, famine and poverty should not happen. In practice, you need three strategies for finding out where you stand.

- 1 Watch the feet, not the mouth: actions speak louder than words. You will know how well you are doing by how far your manager entrusts more work, and more important work, to you. If you are being overloaded with highly demanding work, do not complain too loudly: this is a sign that the boss trusts you personally and values your ability to deliver results. If you find yourself with time to burn while all your colleagues are very busy, start to worry. Start asking for assignments: if you are met with evasive answers and prevarication then that is a sure sign your manager is not confident about you. You need to start finding some simple tasks where you can deliver, demonstrate your competence and build trust.
- 2 Listen to the silence. You know what the formal evaluation criteria are for your role. You should also understand the informal ones your manager will use. Listen carefully to any comments your manager makes and see which criteria he or she is talking about. Then listen very carefully indeed to what your manager is not saying. If your manager

praises you on five criteria and ignores another four, you should ask yourself (and your manager) why there is such silence on the missing topics. At best, the boss simply has no information about those areas: make sure you provide him or her with the evidence required. It may also be that your manager has some concerns. Find out about them early and you can do something about them.

- **3** Be your own boss. Evaluate yourself against these key benchmarks:
- How am I doing against the formal evaluation criteria?
- How am I doing against the informal evaluation criteria?
- How am I doing against the best of my peer group?

This is how the boss will think. If you have already thought this through you will at least be well prepared for the evaluation meeting with your boss. More to the point, you will be able to take action to make sure you are performing well.

The last person to hear about a performance problem is the owner of the problem.

Listening through the pain barrier

When you are hearing feedback, it is very easy to hear badly. The three most common mistakes are as follows.

- 1 *Dr Pangloss's trap.* Voltaire's Dr Pangloss declared that 'Everything is for the best in the best of all possible worlds.' We like to hear good news, and at least some of us have cloth ears when it comes to bad news. The shrinks say that we are in denial. It can be painful to hear bad news, but it is important to hear it so that we can act on it.
- **2** The Cassandra trap. Cassandra did not actually say that 'everything is for the worst in the worst of all possible worlds', but she was still a pretty miserable companion. She was always foretelling doom and gloom. Sunny weather would, for Cassandra, simply be a prelude to a storm. Just as some people cannot hear bad news, so others only have to hear a marginally adverse comment to go into paroxysms of despair.

You need to hear both: build on strengths and find ways of working round weaknesses. Some bosses advise you to 'work on your weaknesses'. This is a recipe for disaster: no one succeeded by working on weaknesses. Like sports people, leaders do not focus on weakness: they focus on their strengths.

3 *The perceptions trap.* Perceptions may not be real, but their consequences are. The boss may be wrong to think that you are an idle lay about. The perception may be wrong, but the consequences of that perception will be very real.

When you hear bad news do not get defensive or aggressive. Try to listen objectively. Go back to some of the principles of coaching (Part Three, Section 60) and negative feedback (Part Four, Section 35). Make sure that you understand what is being said and then how you can jointly move to action:

- What is the issue we are talking about?
- What are the practical and specific examples of this issue? Is this an occasional and minor matter, or a regular and serious matter?
- What are some alternative strategies for dealing with the examples raised? How would the boss have dealt with those situations differently?
- How can we move forward?
- What coaching and training support is available?
- What does this say about the sorts of assignments I should take on?
- What are the practical next steps?
- When shall we meet again to review progress?

Make sure that you leave with a positive, and shared, agenda about how you will work together on the topics identified. Give the boss some stake in the game, through a coaching, training or assignment responsibility. And follow up: make it impossible emotionally, politically or rationally to return to the same negative issues at the next formal review meeting.

Perceptions may not be real, but their consequences are.

50 Leading in an AI world

eadership is a world of fads which come and go, but AI is not a fad: it is here to stay and will accelerate profound changes in the nature of leadership. It is a change which is happening at breakneck speed:

- It took 75 years for telephones to reach 100 million users.
- It took 3 years for WhatsApp to reach 100 million users.
- It took one month for ChatGPT to reach 100 million users.

The telephone was a static innovation: once you had learned how to use the telephone, there was nothing more to learn. AI, and generative AI in particular, is a rolling revolution. As AI continues to improve, so it will challenge and change the nature of leadership and management.

At its heart, AI is no more than pattern recognition. In the past, this is what marked out smart managers from the rest. Smart managers would recognize the patterns in recruiting the right staff, buying merchandise or raw ingredients or making loan decisions and deciphering company accounts. In the future, AI will do this sort of pattern recognition at least as well as managers. Managers need to raise their game so that AI supports you rather than replaces you. AI can relieve you of routine work and routine pattern recognition, so that you can free up time to deal with tougher challenges. Not all managers will make this transition, which makes AI a great opportunity for you to progress.

AI is simply accelerating a revolution which is already happening. In the past, bosses had the brains and workers had the hands. Thinking and doing were separate activities. You were meant to be the smartest person in the room if you wanted to be the most senior person in the room. The rise of the educated professional and specialist means that you are more or less certainly not going to know all the best answers yourself. As a manager, you no longer need to be the smartest person in the room: you need to get the smartest people into the room. That used to mean attracting the best talent to your team. You still need to do that, but now you have one more team member you can attract onto your team: AI. AI may need plenty of training, like the rest of the team, but will be far less demanding in terms of pay, rewards, dealing with egos, emotional problems and conflicts, demanding promotion, performance reviews and all the other challenges of managing human beings.

Although AI is very good at pattern recognition, there are many things AI cannot deal with in real time. These are the situations where the next generation of managers need high competence.

- **1** *Ambiguity:* AI needs recognizable patterns to function. Ambiguity is like kryptonite to AI. Organizations are full of moments of crisis, uncertainty and opportunity where no one is quite sure what to do. These moments are sufficiently complex, uncertain and ambiguous as to defy regular pattern recognition. They need managers who can identify the critical themes and priorities and then help the organization move to action.
- **2** *Emotions:* AI can recognize emotional ticks in faces, voices and language and can suggest scripts to call centre workers to respond appropriately. But call centres deal with a fairly limited and predictable set of situations. AI struggles to deal with the emotional complexity and variety that occurs in the day-to-day trench warfare of work.
- 3 Politics of organizations are always shifting: how do you ensure your priorities and needs are met? How can you sell your narrative about who you are and what you have achieved? How can you gain promotion? How can you build your alliances of influence and trust so that colleagues want to support you, rather than have to work with you? AI can spew out some basic principles about how you can build trust, but that is of little help in the moment when you have to decide what to say and what to do in front of your colleagues. Politics is a real-time, face-to-face activity not an AI activity in front of a screen.
- **4** *Iinfluencing people:* Management is largely about selling: persuading and influencing people to do things. This is not an entirely rational exercise. It is more about listening and asking smart questions than it is about smart talking. You have to be able to read people in real time and

often find creative answers and solutions where someone disagrees with you. You need to show empathy and build rapport. Most people find it hard to build rapport with a machine, even if it is a smart machine.

- **5** Dealing with conflict and crises: These are the moments of truth which make or break careers. It is not just what you do and say that matters, it is how you do it and say it that will often be remembered most vividly. Perhaps one day AI-enabled avatars or robots will be able to replace managers in such circumstances, but that is likely to be long after you have finished your managerial career.
- **6** Motivating people and building a high-performance culture: These activities are as easy as reading the air because they are about human behaviour which is constantly shifting in a changing world. Behaviour is the sum of countless small things you and your colleagues do throughout the day. AI can spell out some of the principles, but knowing how to apply them in real time all the time is a profoundly human endeayour.

This list is far from the traditional role of the manager which was to pass orders down the hierarchy and pass information back up the hierarchy. It is a list which represents the future of management. If you can do all these things well, you will have many of the core skills of success. This makes management far harder than ever before, but also far more rewarding and exciting than ever before.

Embrace the future.

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Part Six Organization skills

51	Making decisions
52	Making decisions in uncertainty
53	Being productive in an unproductive
	world
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Making decisions

Rational, political and emotional decisions

If you believe economists, decision making is rational. If you believe economists, you would not have predicted the last recession but you would have predicted 10 more since then. Decision making in firms is not just a rational exercise. It is also deeply political and emotional. A good decision works at all three levels.

Rational decision making

In theory this is where you can use decision trees, mind maps and Bayesian analysis. As a practising manager, you need a simpler way of thinking about decisions. At the heart of good business judgement is pattern recognition: once you have seen the same movie a few times you know what happens next and you can prepare accordingly. This is tough if you are new in the post: you will not have seen the movie before. So that is when you need to get help from people who have seen it all before. But you need to triangulate: get advice from several sources. Each person will have seen things from a different angle. That means they will see reality differently and will come up with different suggestions. Once you have a good idea of what the pattern of events really is, you can come up with the right course of action.

Political decision making

There is no such thing as a good idea which didn't happen. The first test of any idea or decision is whether it is implemented or not. This means you need to build a coalition of support for your decision. You can try to do this by selling the brilliance of your idea. But do not be surprised when this results in everyone else shooting your idea down. If it is not their idea, then they have nothing to gain from supporting it, but much to gain from asking you awkward but 'helpful' questions. If you ignore their advice and things go wrong, you are in trouble. If you take their advice, then they can claim all the credit.

Instead of talking at people, listen to them. Ask what they would do. They may come up with good ideas. Even if they don't, the act of asking them gives them a sense of ownership and involvement in the process. The trick is to make sure you do not give them a veto over the entire decision. So make sure you ask finance about their advice on the financial aspects of the decision only; involve marketing in only the marketing aspects. You then retain control over the complete decision.

Once you have taken advice, you can return to each of your stakeholders and thank them for their brilliant insights and show how they have helped to shape the decision. Highlight the areas of agreement, so that they feel valued and involved: you want them to have ownership over the decision. If there is an area of real disagreement, ask them how they would resolve it. The best way to win is by cooperating, not fighting.

Emotional decision making

Making any decision involves risk. Rational risk is covered by risk assessments, risk logs and issue logs. These are relatively trivial risks. Because they are known and rational risks, it is easy to find the required mitigating actions.

The greater risk is personal and emotional: if I make this decision, will I look like the office idiot? What will that do for my career? This is why it is so hard to get people to support you and your idea. No one wants to be seen as the office idiot. Saying 'no' is less risky than saying 'yes': people may get fired for costing the firm money as a result of a dumb idea. No one gets fired for stopping a good idea. You have to manage the emotional agenda, which is always unstated. You do this by de-risking the idea. This

is another reason you do not ask experts to support the whole idea: you ask them to sign up on their particular area of expertise alone. Then, if it goes wrong they can distance themselves and there is no risk to them.

The larger the firm, the harder decision making becomes. Everyone wants to get involved, and anyone may veto your decision. Equally, there are few people brave enough to stick their heads above the parapet and make a decision. This is a wonderful opportunity. If you have the courage to make decisions, and the ability to sell the decision to the firm, you quickly acquire power and influence as someone who makes things happen. When others choose to hide, you can choose to shine.

The best way to win is by cooperating, not fighting.

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Making decisions in uncertainty

any decisions are about pattern recognition: you know what good looks like based on experience. These routine decisions will increasingly be replaced or informed by AI. Decision making is harder in a VUCA world: Volatile, Uncertain, Complex and Ambiguous. AI struggles in an AI world, and so do managers: no one wants to wear the dunce's cap for making the wrong decision.

Leaders have a few tried and trusted ways of making decisions in a world where you lack all the data yourequire, you lack the time and resources, and you face endless conflicting and changing pressures. The main principles for making decisions are:

- Use your judgement. If it is your decision, the chances are that you are the expert. Back your judgement.
- Get advice. But don't let your judgement be clouded by too many contradictory opinions. Often the main value of talking to other people is not to hear their point of view, but in making yourself articulate the pros and cons of each alternative. The more you talk, the more you will discover the sensible solution.
- Follow the strategy and the values of the firm. When a decision is very close, the chances are the strategy and values of the firm will drive you in one direction. For instance: should you give this customer a refund on this very marginal problem? That depends on whether your firm is profit-focused, process-focused or truly customer-focused. Many jobsworths will hide behind the process.

- What would your boss do? This may give you a clearer insight into the
 real priorities of your organization. Equally, if your team is looking for
 direction, let them decide. If it is their decision they will be committed
 to making it work; if it is your decision they may or may not feel
 committed.
- Focus on the outcome. Don't fall into the trap of being obsessed with the immediate challenges and obstacles. Perhaps the next step is difficult, but if the outcome is big enough it is worth suffering the immediate pain for the later gain.
- Build your coalition. There is no such thing as a good idea which did not happen. A decision is only good if it is implemented. That means you need support. Decision making does not exist in a rational vacuum: it is also an intensely political exercise. Work out who the key stakeholders and influencers are; ask for their advice and slowly build a consensus for the decision you want.

Decision making does not exist in a rational vacuum. It is also an intensely political exercise.

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Being productive in an unproductive world

The US Bureau of Labor Statistics surveyed tens of thousands of office workers to see how many productive working hours they achieved every day. The average was two hours and fifty-six minutes of productive time per day. Heroically, they assumed that meeting time was productive time. Real productive time may be less than two hours per day. Much of the rest of the time was spent on the greatest destroyer of office productivity ever invented by mankind: the internet. The internet, coupled with social media, news feeds and shopping, is like kryptonite to productivity.

Modern offices are more or less perfectly designed to destroy productivity. Aside from the distractions of the internet, open plan offices maximize the chances not only of interaction, but also interruption. Research on coders showed that after each interruption, it took them about 15 minutes to get back up to speed and they were more error prone. If just two people an hour stop to say hello, offer coffee or gossip, then that is half the day gone immediately. In theory WFH gives you more control over interruptions. In practice, the loss of peer group pressure makes it far easier to wander off task.

The third destroyer of productivity is the nature of office work itself, which is profoundly ambiguous. In factory work you can measure how many cars are built and with how many defects. In office work, a report could be one page or 100 pages long; however long it is, there is always another fact you could gather or another opinion you could seek.

All of this is very good news for you. It means you can be far more productive than your peers. Here is how:

- 1 Be clear about your goals. This means having difficult conversations with your boss and team about expectations: what you will achieve and how you will achieve it. Be clear on outcomes, timing, resources, support required and decision-making processes before you start. It is better to have a difficult conversation at the start than an impossible conversation at the end about what went wrong. Minimize any activity which is not goal related: ditch routine meetings and pointless calls. Free up your time to focus on what matters.
- **2** Avoid distracting yourself. If you can avoid the internet, social media, news and shopping, you will create huge amounts of productive time. You do not need to go cold turkey on the internet. Just make sure you use it in a controlled manner for set times.
- **3** Avoid letting others distract you. This is the hardest trick to master. Learn that emails do not need to be answered immediately: if it is truly urgent, someone will call you. In an open plan office, find a way of signalling that you are not available to look at cute kitty photos: wearing headphones deters all but the least aware colleagues. Try a 'Do Not Disturb' sign if necessary. Find what works for you.
- **4** Use short interval scheduling. Set yourself clear goals for the day, the morning, the next hour. The goal may be as simple as setting up some meetings, doing some research or writing up some notes. When you finish your task, reward yourself: get a coffee, or even hang out on social media for five minutes. But make sure that these breaks are deliberate and time bound.
- **5** Delegate. The easiest way to raise your productivity is to get others to do the work. If you delegate well, your team will rise to the challenge, they will grow and they will love you. Delegation shows you trust them.

The key message is simple: when you work, work. Stay focused, stay on task. Then allow yourself rest breaks, social breaks and social media breaks. To use time well, you have to control time well.

168 Organization skills

By being properly productive, you can begin to gain some work–life balance. When work and life become co-mingled, you are never truly off work. Just as social media follows you into the office, so the office follows you into the home if you let it. Being disciplined about your goals and the way you use your time, lets you keep work where it belongs: at work.

Modern offices are perfectly designed to destroy productivity.

54 Effective meetings

There are three tests of an effective meeting. You can use them to decide if you want to attend a meeting or hold a meeting and who you want to attend. Each participant, including yourself, should be able to answer three questions at the end of the meeting:

- 1 What did I learn?
- 2 What did I contribute?
- 3 What do I do next?

If you and the participants have good answers for all three questions, it has been a good meeting. If you learnt nothing, contributed nothing and do nothing next, it was a failure and you could have used your time better elsewhere.

These tests help you avoid the just-in-case and face-time syndromes that convert a small meeting with the CEO into a major convention:

- Just in case. Executives bring all their bag carriers with them, because
 the bag carriers did the work and know the answers. They are there just
 in case an awkward question is asked. If executives do not know the
 answers, they are in the wrong meeting and possibly in the wrong job.
- Face time. Junior staff mistakenly believe that turning up at a meeting
 with the CEO and staying mute the whole time will impress the CEO.
 It does not. The CEO would rather staff were doing something useful
 with the organization's money.

Asking the three questions above sorts out those who *need* to be at the meeting from those who simply *want* to be at the meeting.

EXERCISE 23 Questions for meetings

Next time you arrange a meeting, think through the three questions for each person attending. If people will not have good answers at the end, do not invite them.

Next time you go to a meeting, go with your own agenda structured around the three points. It may be that your only action point is to catch a hard-to-get person informally at the end of meeting. Do not blindly accept the given agenda: make sure you know what you want to get out of the meeting and what you will contribute as well.

If executives do not know the answers, they are in the wrong meeting and possibly in the wrong job.

55 Managing projects

Principles

The outcomes of projects, like battles, are normally determined before they start. The wise leader invests heavily in starting the project right, before much time, money and effort are consumed across the organization.

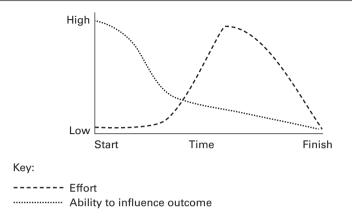
Projects normally fail because they succumb to one of the four horsemen of the project apocalypse:

- 1 the wrong problem;
- 2 the wrong sponsor;
- **3** the wrong team;
- **4** the wrong process.

Figure 6 shows that the later you leave it, the harder it is to influence the final outcome. Heroic firefighting is futile near the end of the project: by then the outcome is largely determined and the effort has largely been spent. To ensure success, the leader must set the project up for success from the very start.

The outcomes of projects, like battles, are normally determined before they start.

Figure 6 Projects: effort and potential to influence the outcome



The four horsemen of the apocalypse

The wrong problem

The right problem is someone's red issue. Three tests of a red issue are:

- **1** The stakes for failure and success are high, and you can measure them in financial or non-financial terms.
- **2** The issue is not just important (solving climate change) but also urgent ('We will go bust next year if we don't...').
- 3 The organization is already working on the problem and is experiencing some setbacks. If no one is working on it, then is it really important and urgent?

The wrong sponsor

Someone must own the problem. That person will have the power and authority to implement the solution. A simple first test is to ask who needs to be involved in implementing the solution: the chances are that it will involve many people from across the organization. If the sponsor can bring these people together and get them to commit time, money and resource, he or she may be the right sponsor. A weak sponsor guarantees

failure: he or she will not be able to remove the inevitable political roadblocks when the going gets tough.

The wrong team

Insist on the A-team. This is a fundamental test. If the project is important, the A-team will be put on it. The B-team is a sign that the project is not important and is a recipe for hell: it will never quite achieve the desired outcomes in the desired time to the desired quality, and it will keep on stumbling over hurdles that an A-team will leap over. The leader of a B-team will find that evenings, weekends and holidays disappear in a miasma of crises and chaos.

The wrong process

Most project planning gets hung up on this. If the first three horsemen of the apocalypse are avoided, this one vanishes as well. No amount of good process will save a project if the first three horsemen are wreaking havoc.

The leader of a B-team will find that evenings, weekends and holidays disappear in a miasma of crises and chaos.

Techniques

This is where geeks get very excited about Gantt and PERT charts and critical path analysis and come up with highly complex engineering-type diagrams that only they understand. Gantt and PERT charts are designed to help people who do not need help. The rest of humanity needs something simpler.

Gantt and PERT charts are designed to help people who do not need help.

Organization skills

Here are some design principles for a good project plan:

- Do not start at the start. Start at the end with a very clear view of what needs to be achieved, summarized in 10 words maximum. If you start at the beginning, you will never get to the finish.
- Find the minimum number of steps required to get to the end: make it simple. This should show what critical steps happen in which order. Then create a timeline. Then drill down on each of the key steps to get as much detail as you wish.
- Find some early wins to create momentum. People want instant gratification and to believe they are backing a winner.

Here are some classic project planning traps:

- No clear deliverables, and conflicting expectations among stakeholders.
- No clear staging posts where progress can be reviewed and measured against goals.
- Excessive caution. If you need to do it, do it right and do it once. Investing just enough to lose is not smart. Running unrepresentative pilots and proofs of concept wastes time and achieves nothing.
- Process myopia. This is where the geeks fall in love with their process maps, risk logs, issues logs, meeting logs, telephone logs and master logs. The purpose of the project is to achieve an outcome, not run a perfect process.
- Poor governance structure and process (see below).

If you start at the beginning, you will never get to the finish.

Governance

Senior managers can get very excited about starting a project, and then lose interest in the hard grind of seeing it through. Good governance of a project is essential to its success.

The best way to let a project spin out of control, fail to deliver and cost a fortune is as follows:

- Fail to put in formal governance procedures. Assume the consultants will do this for you.
- Make decisions, when they are needed, slowly. Indecision kills projects and kills morale.
- Change your mind quite often.

Good governance is not rocket science. Have a clear governance structure. Create a RACI chart for the programme:

- **R** = **responsibilities**. Who is responsible for delivering which part of the programme? There should be clear lines of accountability: it should be clear who gets praised at the end of the project, and for what.
- A = authority. Who has ultimate authority for making decisions, approving budgets and reviewing progress? There should be only one authorizer per project. The authorizer also has ultimate accountability for the project. The authorizer is powerful and may not be involved day to day, but will call the project into existence and conclude it; in between, the authorizer may help remove political roadblocks and monitor progress.
- C = cooperation. Whose cooperation is required and who needs to be consulted for what (eg finance may need to check your figures, but are not responsible for delivering the project)?
- I = involvement. Who else needs to be involved (by providing expertise, assistance, etc) or needs to be kept informed?

Have a clear governance process in addition to the structure. The basics are easy and normally ignored:

- regular updates and review sessions;
- standardized reports;
- rapid and effective decision-making processes.

Indecision kills projects and kills morale.

56Setting goals

G oal setting in a car factory is easy. The work is standardized; you have objective measures of quality and throughput and you can see if people are working or not. None of this applies to office work. Goal setting in an office is hard for three reasons:

- 1 Ambiguous work. The nature of managerial work is ambiguous. It is often unclear when a task is complete, and assessing quality is even harder. If you have to produce a report, there is always more fact you can find out and more perspective you can add. It is never complete, even after the deadline. This is one of the reasons managerial work is tough: if you are diligent, then you will always feel that there is more you can do and should do.
- **2** Variable work. You are not producing so many cars a day; you need your team to chase decisions, fix suppliers, prepare reports, work with other departments. This makes it impossible to assess productivity. You are always attempting to compare apples and bicycles. It is a pointless exercise.
- **3** Variable capabilities. Your team will have different levels of capability, which will not be apparent from the outset. Some team members will be good at some things, less good at others. And teams change over time: experienced team members move on and new team members start who will be an unknown quantity.

The standard approach to setting goals is to set SMART goals. SMART is an acronym with many variations. Here is what it typically stands for:

- Specific: know what it is you want to achieve.
- Measurable: measures can be financial, non-financial, quantitative or qualitative. You only get what you measure, so make sure you have good measures.

- Actionable or assignable: know who is going to be responsible for making it happen.
- Relevant or realistic: ensure it meets a business need and can be achieved.
- Time bound: be clear about when it must be finished and when you will check progress.

Clearly, this is better than the opposite sort of goals: vague, unmeasurable, unactionable, irrelevant, impossible and with no deadline. But in a world of ambiguous and variable work, SMART goals can be hard to achieve. But get as close as you can. In a world of ambiguity and uncertainty, your team craves clarity. The more clarity you can create for your team, the better.

There are two missing elements from SMART:

- How ambitious should your goals be, for yourself and your team?
- How will you ensure ownership of your goal?

How ambitious should your goals be, for yourself and your team?

If you believe that SMART goals should be realistic, the chances are that you will always underachieve. Realism is code for caution. You do not change the world, or the firm, by being deeply cautious. As a leader, your role is to take people where they would not have got by themselves. That means you should be ambitious. The 'S' in SMART should stand for 'Stretching' not 'Specific'.

An ambitious goal is one which is noticed, and relevant, at least two levels above you in the firm. If you are at the top of the firm, an ambitious goal is one which causes your team to suck air over their gums as they realize the scale of your ambition. Here is why it pays to be ambitious in goal setting:

- It is easier to gain support for a big idea than a small idea: big ideas engage powerful people, and once you have them on your side, then you can attract the team and resources to make it happen. Once you succeed, you will be marked out as a future leader.
- As a leader your job is to make a difference, not to manage the status quo. Your firm needs people who step up and take the firm forwards.
- Your team will only learn and grow by taking on big challenges. They learn nothing from doing more of the same. The more they learn and

grow and achieve ambitious goals, the more they will want to work for you. You will become the leader people want to follow.

- You will personally learn and grow from being ambitious, and you will be noticed and supported more by both bosses and team members.
- Management lives in the legacy of scientific management, which is
 meant to be rational and reasonable. As a leader, you need to do better
 than that. Learn the art of unreasonable leadership. Be unreasonable
 and inflexible in setting highly ambitious goals, but be reasonable,
 supportive and flexible in how your team reaches the goal.

How will you ensure ownership of your goal?

Goal setting is more than just telling people what to do. You need your team to understand the goal and why it matters. You need your team to take ownership of the goal. You need commitment, not just compliance. In practice, this means that setting the goal will be a journey, not an event. It will take several discussions to help your team understand all the thinking that you have put into crafting the goal. Each discussion may only take one or two minutes to check understanding. You should expect to cover the classic who what where when why and how questions:

- What is the desired outcome? What is ideal and what is the minimum required?
- Who is this for, and why does it matter to them? What is the problem we are solving?
- Where does this sit in my priorities? Should we re-prioritize, and why?
- Who has decision-making authority, and who else needs to be involved?
- What budget, resources and support will be required?
- When does this need to be done by, and are there any staging posts on the way?
- What and who are the potential obstacles and how can we deal with them?

You will have thought through all these questions as you developed the goal. You will be aware of all the risks and trade-offs. But, fortunately, your team members are not mind readers. They will not have gone through

the same detailed thought process. That means you need patience as you download your thinking to them in a series of short conversations.

This ad hoc process works well in the office: it is easy to have short ad hoc conversations when you see a colleague nearby. This process is far more challenging when WFH. You need to be far more structured and deliberate in setting goals. You can use the questions above as a checklist so that you can create a 'success conversation' from the start where you cover all the major questions that your team will have. The conversation is not just about setting a goal, it is about setting them up for success. Inevitably, there will be a need for follow up clarifications, but the success conversation will minimize the number of clarifications you need to make.

In a world of ambiguity and uncertainty, your team craves clarity.

57 Selling and persuading

Features, benefits and dreams

Selling is not just for salespeople. The more senior you become, the more you become a salesperson: you have to sell your ideas, initiatives and plans. If you cannot sell, you cannot lead.

First, do not think only about what you are selling. You may be very excited about your idea. The bigger question is why your listener should be interested in your idea. Your enthusiasm for a new way of cleaning toilets may fire you up, but not everyone is necessarily excited about toilet cleaning. So you have to get into their shoes and into their heads and see the world through their eyes. You have to start not with your idea, but with their problem.

Everyone is selling: ideas, proposals and social events. We normally sell at three levels:

- 1 features ('My computer has 16GB RAM memory');
- 2 benefits ('It can handle video editing');
- 3 dreams ('It could turn me into a Hollywood mogul').

Features are about the product and rarely appeal to anyone except geeks. Features are things like engine size and the alphabet soup of technical specs for your computer. Benefits are unique to each person and are more compelling. These are things like 'Daz washes whiter' and 'This car goes faster/is safer.' But if you can tap into people's dreams then you are winning. These are things like:

- You will look cool and successful in this car/jacket, etc.
- Presentation training will help you with your amateur dramatics skills and ambitions.

•

Avoid selling features. At least work out the benefits, or ideally the dreams, that will appeal to the person you are selling to. Start with what the person wants, not with what you have.

EXERCISE 24 Selling features, benefits and dreams

Work out how to sell the following, using features, benefits and dreams. Then see which sounds most convincing:

- a fridge to a desert nomad, a local family and an Inuit;
- an off-road car to a school mum, a farmer and a football star;
- a pencil to an illiterate tribesman, a child and a cosmonaut.

If you can tap into people's dreams then you are winning.

Tapping into people's minds

We have already met fear, greed, idleness and risk in motivation skills. We meet them again in selling skills. They work together:

- Fear: What problem am I solving for the other person?
- Greed: What hope or dream am I helping the other person achieve?
- Idleness and risk: Am I making it easy for the other person to agree? Have I removed the risks he or she perceives?

Do not start with your product, idea or perspective. The other person does not care about it. The starting point is that person's hopes, fears, dreams and risks. You can use this not just for selling soap powder. You can use it for selling your project, your idea or your proposal to peers and bosses alike: tap into their natural fear, greed, idleness and risk aversion.

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As a simple exercise, look at how you might use hopes, fears, idleness and risk to sell an off-road vehicle to a school-run parent and to a business person (see Table 9). Now do the same exercise with selling a mobile phone. In both cases you will probably find:

- Trying to focus on features such as engine size is not very compelling.
- The selling proposition varies dramatically depending on who you are selling to. You succeed when you focus less on the product and more on the buyer's needs.
- The way you convey the message is not the same as the message. The salesperson will not say 'This car is for snobs' but will hint at the status associated with the car ('This is a limited-edition version; many people want it, but few can afford it'; 'It seems to be very popular with rock stars/explorers/people with country estates', etc).

Table 9 Using hopes, fears, idleness and risk in selling

	Off-road vehicle (school-run parent)	Off-road vehicle (business person)
Hopes: What the person may want.	Show you are a caring parent: and be one up on other parents.	Look cool, affluent and adventurous: and look down on lesser mortals.
Fears: What is the fear this might remove?	Safety for children.	Very safe in bad weather.
Idleness: How do I make it easy for the person to buy and use?	We will fit child locks and seats for you.	No hassle: insurance and servicing included.
Risk: How do I eliminate the perceived risk of purchase/use?	Your spouse will like it as well.	Other business people buy this (you will not look stupid in this car).

Do not start with your product, idea or perspective.

The selling process

It is not enough to know what to sell. You also need to know how to sell. Here is a classic seven-step sales cycle:

- **1** Agree the problem/opportunity.
- **2** Preview the benefits of addressing the problem/opportunity.
- **3** Suggest the idea.
- 4 Explain how it works.
- **5** Pre-empt objections.
- **6** Reinforce the benefits.
- Close.

Check reactions at each stage. The cycle can take from 30 seconds (suggesting a dinner date) to years (selling a fleet of aircraft). The most important step is the first: agree the problem/opportunity from the buyer's perspective. Until you know what the buyer wants/needs, you do not know what you are selling.

Consider the example of suggesting a drink after a long day at work using the seven-step cycle:

- 1 'It's been a hard day.'
- 2 'We all need to relax.'
- 3 'Let's go for a quick drink.'
- **4** 'The pub is next door.'
- **5** 'I'll buy the first round.'
- 6 'We can all unwind there.'
- 7 'Last person out, turn off the lights.'

When you start, this process can feel complicated. Get used to it and it soon becomes second nature. Ideally, the process is a conversation in which you let the other person talk. You simply use the process to check where you are in the conversation and where you want to guide it next.

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There are two important exceptions to following this process. First, if the person is ready to agree with you, move straight to the close. At this stage, the more you say, the more you are giving the person the opportunity to rethink the decision and say no. Many sales have been lost by the seller getting overenthusiastic and carrying the conversation on for too long. Second, if you find the other person starting to make objections, you have three choices:

- 1 Respond to each objection. This is obvious, but highly dangerous. You may well find that, instead of helping the conversation, you land up in an increasingly bitter argument. The reason for this is that you may well not have understood the problem that you are solving for the other person, so the best course of action is often option 2.
- Quietly go back to the start and make sure you understand the problem. This avoids an argument and gets you both back to agreeing with each other.
- **3** Finally, you may decide that the objections are not substantive: they may well be an emotional and automatic response. Do not respond rationally to such objections: it simply invites an argument. Great salespeople find ways of ducking the objection completely by changing the subject, distracting the person or making a joke. The buyer rarely wants to repeat a half-baked objection, so will be happy to move on with you.

EXERCISE 25 The sales process

Go back to the fridge, the car and the pencil in Exercise 24. Try selling them using the seven-step framework.

Until you know what the buyer wants/needs to buy, you do not know what you are selling.



The art of the close

Buyers are not mind-readers. They do not know what you want them to do. You have to ask them: you have to close the discussion and the sale. This causes some salespeople to panic. In reality, it is easy. The buyer is expecting you to ask for something, otherwise that person would be wasting his or her time talking to you. So make sure you ask and close.

When someone is ready to agree, let the person agree by closing the sale. Bank it. Do not go on selling: you may land up unselling by mistake. There are four main ways of closing a sale/discussion:

- 1 The alternative close: 'Do you want the red car or would you prefer the blue one?' You are not offering the choice of no car. Sneaky and effective.
- **2** The action close: 'Here are the car keys. Just sign on the line and I will guide your new car out of the showroom.'
- **3** The direct close: 'Do you want to buy the car?' Very dangerous: the person might say 'No'.
- **4** The assumed close: 'So we are all agreed that we are buying a fleet of pink and yellow cars.' Often used by those chairing meetings.

The classic mistake for managers is to leave a meeting without clear next steps: you make your pitch, you deal with objections, you carry the day and everyone is happy. But as you leave the room, you realize that no next steps have been agreed: triumph has been turned into disaster. You always have to leave with clear next steps, even if the next step is only that you will meet again at an agreed time.

In practice, this means you always need a Plan A and a Plan B before every meeting. Plan A is what you intend to achieve, and you have to make sure you close the meeting to do so. But the unexpected can happen and Plan A can become impossible. Some people are quick on their feet and can work out their escape route, their Plan B, in real time. For the rest of us, preparation is key. We need a clear Plan B so that if Plan A unravels, we do not panic: we still have a viable way to close the meeting with clear next steps.

EXERCISE 26 Closing

Try all four types of close for the car and the mobile phone from earlier in this chapter.

Note down each time you are in a meeting how effectively people close and what lines they use. Start building your own list of effective closes. If a close fails, look back and see what went wrong:

- Check against fear, greed, idleness and risk.
- Check against features, hopes and dreams.
- Check against the seven-step sales process.
- · Check against the close.

Buyers are not mind-readers. They are expecting you to ask for something.

The ultimate secret

Great leaders and great salespeople share a common secret: they have two ears and one mouth.

EXERCISE 27 Have you got what it takes?

Count the number of ears and mouths you have. You may well share the secret of great leaders and salespeople.

The ultimate secret is that great leaders and salespeople not only have two ears and one mouth: they use them in that proportion. They listen at least twice as much as they talk. You will be surprised at how often managers talk themselves into submission, buyers talk themselves into buying and

lovers talk themselves into bed. Let people listen to their favourite voice, their own, and they will think that you are wonderful.

Listening skills are covered in Part Five, Section 45. Once you can really listen, understand and learn, you are on the path to success. You may think that listening is just a sneaky sales trick – it is. But it is also much more than that. When you are in a meeting with senior people, observe closely who does the most talking: it is normally the more junior people, who are pitching their ideas to the more senior people. The senior people, like judges in a courtroom, have all the power and need to ask little and say even less. Talking less and listening more is the privilege of power.

Let people listen to their favourite voice: their own.

EXERCISE 28 Listening

Try it. Here are a few hints to help you reflect on an important discussion:

- Who was asking more questions? If you were focused on answers not questions, you were probably talking more than listening.
- Write down how much you learnt from the other person: if you have fully understood the other person's hopes, fears and dreams you were probably listening well.
- Ask a neutral third party who they thought was doing the talking versus the listening.

Leaders and salespeople not only have two ears and one mouth; they use them in that proportion.

58 Reorganizing

Rationale

Some people naively believe that reorganizations are about finding the perfect organization structure. Over the years, such naivety turns to cynicism as they see the corporate carousel turn full circle time and again: centralize and decentralize and back again; functional to product to geographic to customer focus and back again; another delayering, which only seems to add more layers and confusion.

In practice, a leader can use a reorganization to achieve three outcomes:

- **1 Improve the organization structure.** This is in line with received wisdom. Changing conditions require changing responses, so no single organization structure will remain perfect for long.
- **2** Change the balance of power. Some leaders are like weak monarchs who are held to ransom by powerful barons. Moving the power barons around, with perhaps a ritual execution of one or two, has a powerful effect on the barons: they start to respect the power of the monarch and, cut off from their old fiefdoms, become more dependent on the patronage of the monarch. Every leader needs to put in place their preferred team: a reorganization is therefore as much about people and politics as it is about structure and logic.
- **3** Reset expectations. A reorganization is a perfect opportunity to change the psychological contract between the leader and individual team members. This is not just about performance goals: it is a two-way conversation about styles, how they should work together and what needs to change in future.

In theory, a leader reorganizes with the aim of designing the right organization structure to support the corporate strategy. This is the rational

method advocated by consultants. Back in the real world, most leaders intuitively reorganize the right way; they start by looking at the people they have, and then they work out how to deploy them to best effect. The result may be theoretically suboptimal, but it is practically the best thing to do

Moving the power barons around, with perhaps a ritual execution of one or two, has a powerful effect.

The need for speed

Reorganize fast. Reorganize once. Remove the uncertainty as fast as you can, and then focus on building the business.

The best time to reorganize is when you start in a new position. Most CEOs alter their top team when they are appointed. There are four reasons for this:

- **1** They put the right leadership team in place as soon as possible: a dysfunctional leadership team is not good for the organization.
- **2** They minimize the FUD factor: fear, uncertainty and doubt. The longer you leave it, the more the FUD factor rises, politicking increases and morale collapses.
- **3** They avoid getting trapped in the old ways and the old psychological contract. It makes change, not stability, the way of life.
- **4** Reorganizing cements your power. Power barons are moved from their power bases; everyone realizes that your powers of patronage can make or break their careers, and you are willing to use that power.

Speed is particularly important when 'letting people go'. If you have to destroy someone's career, at least be humane and do it quickly. The legal fetish for due process simply spins the agony out for everyone: the victim hangs on desperately for the last breath of corporate air; the executioner boss feels in turn embarrassed, frustrated, angry and sympathetic; and the organization is transfixed by the trauma being played out. Move the person out as fast as you can. Then concentrate your efforts on the survivors:

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they are your future. They need to be assured that you are not continuing to swing your axe randomly: they need to focus on doing a good job, rather than jockeying for survival.

If you have to destroy someone's career at least be humane and do it quickly.

59 Selecting your team

Building your team

How many effective working hours are you capable of delivering every day, every year? Allow for all the distractions of social media, time-wasting meetings and pointless bureaucracy. Three hours, four hours a day? More?

The answer is that you can deliver countless thousands of hours of great work every day, if you have the right team to deliver it for you. As a leader, your job is not to make things happen yourself. Your job is to make things happen through other people. So how do you build the right sort of team, and what does a good team look like?

The right sort of team has two qualities: balance and values.

Balance

An orchestra of the 50 best conductors in the world might be talented, but it would not be much good. The trap for all leaders is to hire people like yourself. This has the virtue of making life easy, because everyone thinks the same way. But if you are the equivalent of the orchestra's conductor, you will land up with an orchestra of conductors. Balance has to balance skills and styles:

Balance of skills. Most team leaders understand this. You need people
with different skills to fill different roles. If you hate bookkeeping, then
learn to love bookkeepers. Let the rest of the team do what you are
unwilling or unable to do.

• Balance of styles. Many leaders struggle with this. They want to hire people like themselves, because they are easy to understand. But a good team needs different perspectives and different approaches. You need people who can see the big picture, and others who can sweat the detail; you need the great analysts and the great people managers; you need people who are good with words and good with numbers; you need thoughtful and expressive people. There may be the odd superhero out there who is all of these things. But the easier way forward is to make sure that you have balanced the strengths and styles of each team member. Diversity is more than race, sex and religion: it is about how people think and interact.

Values

You can train skills, but you cannot train values. And not all values are good. So it makes sense to hire to values, not just to skills. Ideally, you will find both the right skills and right values in the same person. But if you have to compromise, compromise on the skills: the person with the right values will learn and grow fast.

Values do not mean the garbage which firms produce in values statements or put on brass plaques. Values are about what you want to see from your team day to day. Values are about how people behave when they think they are not being observed. Make your own list of what you want and what you do not want; for instance:

- Hard work, honesty, diligence, being fast to learn and adapt, being positive, treating people with respect.
- Evades responsibility, settles for 'good enough', fixed way of thinking, does not learn or adapt, cynical, abrasive with peers.

We have all seen team members who have plenty of the first set of values, and they are a joy to work with. We can all remember enduring individuals with too many of the second set of values: we know that they will not change their ways.

Once you know the values you want on your team, look in the mirror. How well do you embody those values? The values of your team will reflect your values. Use your target values to hold yourself to account. Behave as you want others to behave.

Many leaders come to the realization that they hire for skills and fire for (the wrong) values. Do not make that mistake. Hire to values, not just to skills.

Values are about how people behave when they think they are not being observed.

60 Developing your team

Growing your team

Leadership is a two-way street. As a leader, you should expect your team to perform for you. Equally, your team has expectations of you. In the short term, you need to manage their workloads and set them up for success. In the longer term, you have to look after their career interests. This is more than going into battle for them once a year to secure them the right bonus and promotions. It is about helping them all grow and develop so that they can succeed in the long term. You have to help them on the journey that you are also taking.

You have three ways of helping your team develop. Use all three.

Training

Training is the focus of most development, and it is often the least useful approach. Team members are normally happy to go on training for technical subjects such as understanding accounting or using spreadsheets. There is a clear transfer of knowledge and a clear payback from attending. But you can be the world's best expert at spreadsheets and be the world's worst leader.

When you ask your team to go on training for leadership or soft skills, you will hear a litany of excuses for why they cannot go. There are two reasons why people try to avoid such courses:

1 Perception of weakness: Going on a training programme about managing people is seen as an insult. It implies that you are no good at managing people and you are having to remediate a weakness.

2 Variable quality: Some courses are great, others are rubbish. Once you have spent a day being told to guess what the facilitator with their franchised theory wants to write on a flip chart, you never want to go again, even if the drinks at the end of the day are free.

The reality is that even with the best training course, you cannot arrive at 9 am knowing little about leadership and emerge at 5 pm as a great leader. Training helps by giving you some principles and a structure to understand a new skill set. Putting principles into practice is invariably harder than the exercise you do on the training day.

Coaching

You are your team's No 1 coach. And the best way to train people is not to tell them what to do, but to let them discover what works best for them. That is the essence of coaching, which is covered in detail elsewhere in the book.

You may be the No 1 coach, but you are not the only coaching resource available. You can unleash two other coaching resources for your team.

First, get your team members to help and coach each other. At its simplest, this is about creating a problem-solving culture. The more your team helps each other, the less they rely on you. Your workload goes down and you can focus on wherever you think you will add the most value.

Second, get each team member to coach themselves. You are your own best coach. Help each team member learn the basic questions of coaching; help them learn the structure of the coaching conversation. Slowly, they will internalize the dialogue. They will not need to turn to you or other team members for help. They will develop themselves.

Experience

Experience is only valuable if you learn from it. That is why it is vital for team members to learn to coach themselves.

As the team leader, you have to help your team have the right experiences to help them grow and develop. Clearly, this is not possible all the time. There will always be dull and routine work which does not stretch or develop people. It may be boring, but it is necessary. As the team leader

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you need to balance routine work with work which challenges and stretches each team member.

If you succeed, you will end up promoting and losing your best team members, which is a perverse incentive for you. But in reality, this means you will be leading a team that the best and the brightest want to join: you will be seen as the high road to success.

Helping others succeed is a great way to help yourself succeed.

Experience is only valuable if you learn from it.

Part Seven Political skills

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61 Influencing people

eadership used to be relatively simple: you led people you controlled.

Now leadership is harder. You have to lead people you do not control. If you want to make things happen, you have to work with other departments, with other firms, with your customers and suppliers to succeed. You cannot control the people you need, but you can influence them. Influence lets you stretch your power far beyond your formal authority limits.

Influence is the key skill for leaders of the future to learn. Here are 10 ways you can influence people positively. You do not have to be expert at all of them. Try one or two techniques to start with. Even these will make a difference. As you perfect one technique, add another. Slowly you will find yourself acquiring the magic of influence. No one else will quite be sure how you do it. This is your magic sauce:

- **1 Build rapport.** People trust people like themselves, so find out what you have in common professionally, personally and in terms of experience.
- 2 Align your agendas. Find out how they see the world, what they need, want and fear. Work your agenda to fit with theirs: don't start with your agenda and mindlessly inflict it on them. When you see the world through their eyes, you can start to influence them better.
- **3** Build your trust and credibility. Always deliver on your commitments. Credibility is like a vase: hard to build and easy to break. Once broken, it is hard to repair and is never really the same again. So be crystal clear about what you commit to: it is better to have a difficult conversation before committing to action than to be making excuses after the event.

- **4** Be a giver, not a taker. Become the colleague that people want to work with, not the one they have to work with. Put the power of reciprocity to work: if you help colleagues, they will want to help you in return. Selfish people struggle because they have to succeed alone.
- **5** Build your network of allies across the organization. Find powerful sponsors who will back you and speak up for you. When you need help, you need a network of willing supporters at all levels.
- **6** Act the part: the partnership principle. This is especially important when dealing with senior executives. Act as their partner and equal, not as a supplicant. You want an adult-to-adult conversation, not a parent–child conversation. You will be treated as you appear.
- 7 Listen. The more you listen, the more you find out about them and the more they relax. Let people talk about their favourite subject: themselves. Look interested. Smart questions work better than smart ideas.
- 8 Build commitment incrementally. Don't ask for everything all at once: don't scare them. Ask for small commitments and limited involvement. Let the commitments build over time.
- **9** Put scarcity to work. Find something they want which you can give. And then make them work for it: they will value it more than if you give it away.
- 10 Manage risk. People are risk averse. Remove perceived risk and personal risk. Perceptions may be false, but the consequences of perceptions are real. Understand how others see the world and see risk and manage that reality. Your world view is not the universal world view. Their world view is the reality they live with, so understand it and manage it.

Let people talk about their favourite subject: themselves.

62 Achieving influence and power

t is hard to influence a person. It is even harder to influence a firm. But if you want to make things happen, need influence across the firm as a whole. Part of that comes from having the right networks of influence: you have to know the right people and they have to want to work with you. But influence and power are more than simply knowing the right people.

Having looked at 10 strategies for influencing individuals, here are seven strategies for becoming influential across the firm:

- 1 Be ambitious, for yourself and your firm. The world remembers Alexander the Great who conquered the known world by the age of 30: that was an insane task for the king of a tinpot state on the edge of civilization. Who remembers his cousin Alexander the Reasonable? Leaders lead people where they would not have got by themselves. Your ambitious agenda will help your firm, your team and yourself.
- **2** Take control. Many people in leadership positions are not leading. They are in role, but not in power. They are simply administering a legacy they have inherited. To take control, you need three things:
 - Idea. Your idea will show how you will make a difference. Big ideas beat small ideas every time.
 - People. You have to build the right team. Do not assume that the team you inherited is the team you need for the future.

- Money. You can't change the world without balancing the books. Money is the rocket fuel of ambition, so fight for the right budget. But beware. A big budget without a big idea is a waste of time and effort. The idea always comes first. If your idea and your team are genuinely good, then the money will follow. If the money is not there, then either people do not believe in your idea or they do not believe in your team, including you.
- **3** Build your network of support. Your network will consist of decision makers, decision influencers, and all the key functions which can support you or sabotage you. Staff departments may not be able to approve your plans, but they can stop your plans. It is easy to think of them as a burden; treat them with respect and they will treat you with respect.
- 4 Align your agenda with top management. Make sure that what you are doing is relevant and useful to top management. Those boring speeches, emails and conferences have a purpose: they signal what top management want to achieve. If you show you understand what they want and you are proactive in finding ways of helping them achieve their goals, you will suddenly find yourself with friends in high places.
- **5** Seize the moment. At moments of truth leaders step up, followers step back. There are four sorts of moment when you can see power shifting from one person to another. They are the moments you become a leader, even if you do not have the title:
 - Crises. There are always crises in firms when many people want to duck or to point the finger of blame. Be the person who looks forward to what can be done, rather than looks back to what has been done. Focus on the solution, not the problem. Become the 'man or woman with the plan'.
 - Conflict. Firms are set up for conflict. It is through constructive
 conflict that the priorities of the firm are decided and the resources
 of the firm are allocated. Do not duck conflict, but engage with it
 positively, so that you can protect and promote your agenda and
 your needs.

- Ambiguity. There will be times when no one is quite sure what to do
 or who should do it. Many people will hide behind analysis and
 having meetings: this gives the impression of action without the risk
 of doing anything. The brave move to action, not analysis. By
 moving to action, you take control and you become the leader.
- New initiatives. Initiatives are always starting, either in response to external challenges, or to top management ideas. There is never the management capacity to deal with these new ideas, especially when they are first being thought about. Strike as early as possible: help shape the idea. You can then lead it, knowing that it is shaped the way you want.
- 6 Have a claim to fame. It is not enough to be good at what you do: all your colleagues will also be good at what they do and will also work hard. You need some way of standing out from the pack. Your claim to fame might be expertise: if you are the go-to person on a key topic that helps ensure you remain employable. But the expert road is different from the leadership road. As a leader, your claim to fame needs to be about something you have accomplished. Beating budget by 6.3 per cent helps, but is not distinctive. Your claim to fame has to be something which gets noticed at least two levels up the hierarchy, and is noticed across the organization not just in your own area. Fortunately, there are always opportunities to build your claim to fame if you seize the moment (above).
- 7 Pick your battles. Most corporate battles are pointless. But you do need to know when to stand up and protect your interests. But if you are going to fight, follow the three rules of corporate warfare, which were originally laid down by Chinese philosopher Sun Tzu over 2,000 years ago:
 - Only fight when there is a prize worth fighting for.
 - Only fight when you know you will win.
 - Only fight when there is no other way of achieving your goal.

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Normally, it is better to win a friend than it is to win an argument. The times you have to stand up are around budgets, assignments, resourcing and team selection. Get these right and life is manageable; get them wrong and you invite a year of stress and underachievement.

At moments of truth, leaders step up; followers step back.

63 Influencing decisions

The art of management is about making things happen through people you do not control. This means you have to use influence as much as power. And influence is essential when it comes to all the critical decisions that affect you and your role: budgets, staffing, assignments, priorities, etc.

The classic work on influencing decisions was written by the Nobel Prize winner Daniel Kahneman. Let's save you the trouble of reading all his works, and focus on the main lessons we can draw from his research:

- Anchoring. Is the diameter of the moon more or less than 8,000 km? I have no idea. But I have just anchored the debate on 8,000 km. The way to anchor a debate is to follow the motto of the Welsh rugby team in the 1980s: 'Get your retaliation in first.' Set the terms of the debate early, and on the question you want answered. Do you want next year's budget debate to be anchored on achieving a 15 per cent cost reduction or on a 5 per cent increase (with an increase in revenues)? If you let the planning department set the terms of the debate, you will probably be answering the wrong question.
- Social proof. If we wear the same gear as our sports heroes, perhaps we can play like them. Some hope. But the power of endorsement is great: if it is good enough for the champions, it should be good enough for us. You do not need to get an Olympic champion to support your latest idea; you need to find powerful sponsors inside your organization who will endorse your idea. Senior managers are like venture capitalists: they do not judge the quality of the idea alone; they judge the quality of the people backing the idea. Find good sponsors.

- Repetition. All advertisers and dictators have discovered the same eternal truth: repetition works. Repetition works! Never tire of hammering the same message home time and time again. Eventually people start to remember it and even to believe it.
- Emotional relevance. Most human beings find their eyes glazing over when presented with endless data and analysis. And we have all got so used to lobbyists, politicians and even sponsored scientists making dodgy claims based on dodgy and partial use of statistics that few of us believe any more. But we believe what we see. So if the latest employment figures show unemployment is up by 15,000, who cares? I have a job and all is well. If the company starts cutting back, then clearly the economy is in a bit of a mess. If my job is cut then we are not just in recession, but a major depression. If you want to make your case, make it vivid. Use a killer factoid. For instance: 'We say we have a performance culture, but in the last 20 years more people have died in service than been fired for poor performance.' Or make it emotionally intense. Instead of showing research about customer dissatisfaction, show a video clip, recording or social media feed of a customer going nuts as a result of poor service.
- Restricted choice. Give people 37 options to choose from and they will be paralysed by indecision: they will inevitably fear that they have not chosen the best option. Make it simple. Give them a choice of at most three: the cheap and nasty option, the brilliant but absurdly expensive option and the option you want them to pick.
- Scarcity. Which is the best croissant in the bakery? The one which has sold out and you can no longer have. FOMO (fear of missing out) is a powerful incentive to act, and to act fast. Luxury goods manufacturers deliberately produce less than they can sell, and create short run special editions, so that demand exceeds supply. If you can show that your proposal is unusual and time limited, you create FOMO pressure to agree.
- Loss aversion and risk. No one wants to be the fool who made a bad decision. And risk is not just about rational risk. Real risk is personal and emotional: 'How will I be seen if I make this decision?' So help people look good. Give them a story they can tell their colleagues to

show why they made a smart decision. Think about buying a car: we all have tales to tell about how we got a good deal. We got a great trade-in price, cheap financing, some free extras, free servicing or extended warranty. Be assured, however: the dealer was not losing money. You have a great story, and the dealer has made a tidy profit.

- Smart managers work the flip side of risk. They show that the risk of doing nothing greatly exceeds the risk of doing something. If we do not spend £100 million on renewing our systems, then the current systems will fall over and we will be out of business. Use risk to your advantage.
- Incremental commitment. Retail companies use this trick endlessly. 'Three months' free trial period...' and by then you are hooked or it is just too much effort to switch. Internet companies do this: you spend 10 minutes working through the website to arrange your flight, and then you get hit with the booking charge, the delivery charge, the credit card charge: again, it is just too much effort to start again and look for another provider. You can use the same trick. Don't ask for the £2 million commitment right away. Ask to do an initial scoping phase, or a pilot, or a test market: build momentum. Once momentum is built, people find it harder to stop it than to let it continue.
- A radical alternative: just do it. Sometimes, it is easier to ask forgiveness than it is to ask for permission. So assume that you have approval and move ahead. This puts the onus on others to stop you. They may not want to give you permission, but they also do not want to pick a fight: it is too much effort and too risky. So they let you proceed. But make sure you succeed; there will be plenty of people who will be very happy to kick you when you are down.

Show that the risk of doing nothing greatly exceeds the risk of doing something.

64 Learning to say 'no'

This is a critical skill for any leader. Saying 'no' to your boss can be a career limiting move. But agreeing to nonsense is also a recipe for stress and disaster. The art is to say no without appearing negative.

In practice, saying no is tough because very often you are ambushed by an idea and you are put in a position where you feel the need to respond yes or no. The first principle comes from the need to avoid the 'commitment ambush' by buying time.

The art of buying time

When you are asked to take something on, go along with a new idea or support some initiative, you need time to think. You can buy time by asking questions. At all costs, avoid giving answers. The temptation may be to curry favour by going along with an idea for a while. You will then find yourself quickly committed to a course of action that you will slowly regret.

Think of the questions you want to ask as the 'success conversation': how do we set this idea up for success? Your manager should like the idea of having this success conversation with you. This conversation is not about judging the idea or arguing with your manager. It is about asking open questions which will establish if and how the idea will work. Here are the sorts of questions you can ask:

Agree the goal of the idea:

- What is the problem this idea solves? For whom?
- What are the benefits of doing this? For whom?

• Understand the context:

- Who is sponsoring this? Why?
- What are the time frames?
- What support and resources will be available?
- Why are we looking at this now?
- How does this fit with my other priorities?
- Create and evaluate options:
 - How else can this be achieved?
- Identify the obstacles to success.
 - How can they be overcome?
- Conclude.
 - What are the next steps?

By the time you have gone through these questions, time will have elapsed to let you think and you will have gathered enough information to make an informed decision about what you want to do. You may even want to say yes instead of no. It is also possible that the other person will have talked him or herself out of the original idea and into another, better idea.

As a leader you will be coming up with ideas you want others to agree to. Now turn the model on its head: work out what all your answers to the questions above will be. You may convince yourself you need a better idea: at least you will have saved yourself the embarrassment of suggesting a half-baked one. But if you can answer all the questions clearly, then you probably have a good idea and are well placed for a discussion with others about it.

At all costs, avoid giving answers.

A radical alternative: just say no

Occasionally, you just have to stop a dumb idea in its tracks, before it assumes a life of its own. This is where you need to find the courage, and

reasons, to say 'no' clearly and directly. Here are four ways you can make 'no' work for you:

- Show why the idea is not good for your manager. It is not enough that you don't like the idea. You have to show that the idea is not in your manager's best interests either. This is classic selling and influencing: see the world through their eyes, not just your own.
- Attack the idea, not the person. Sympathise with your manager for being put in a position where they have to ask for difficult things. Build common cause and show that you are on their side, which sets up the next step: suggesting an alternative approach.
- Suggest an alternative: agree with the broad goal, but find a different
 way of getting there. A 'nice save' is where you build common ground
 by finding at least one part of the idea which is good, and then you can
 build on that.
- Keep your disagreement private. In private, your manager can climb down without losing face. In public, this is very hard.

Although it can feel awkward to say no, in practice many managers will be deeply grateful that you have saved them from doing something they might regret. It is also a good way to establish your credibility and power: you mark yourself out from the rest of your team.

65 The partnership principle

We compete and cooperate with our colleagues. Hierarchy is being challenged within and beyond the firm. Outside the firm it is clear that elites are no longer trusted or respected: the age of deference is over. Within the firm, staff are increasingly professional and well qualified: they do not take kindly to being managed by people they often see as being less able than themselves.

So how should we relate to our peers, and to people above and below us in the pecking order of the firm? As a leader, we need to reset the way we think. If you think in terms of hierarchy, then you land up defaulting to the parent–child script which is implicit in all hierarchies. The boss is the parent, who may be supportive or abusive, telling the child what to do. No wonder that people resent being managed.

In place of the parent–child script, you need to create the adult-to-adult script. Day to day, set aside the hierarchy and treat colleagues above, below and beside you as your partners. The hierarchy will re-assert itself at critical moments, such as pay and promotions. But day to day you can treat colleagues as partners. You may be above or below your colleagues in hierarchy terms, but that is irrelevant: you jointly need to achieve something and you both bring different capabilities to the challenge. Focus on capabilities, not power.

The partnership principle works wherever you are in the hierarchy.

Working with more senior leaders

If you act and look like a junior and inexperienced member of staff, that is how you will be treated. The classic symptoms are:

- talking too much and too fast (or sitting in dumbstruck silence);
- not dressing the part;
- fidgeting and looking nervous;
- being too eager to 'make your point' which you carefully prepared beforehand, but is completely irrelevant given the way the meeting has progressed.

If you want to be treated as a partner, you have to act that way. This requires a shift of mindset. You are not a junior person seeking an audience with a deity of the firm. You have a role to play which will ultimately help the CEO achieve her goals. You have something to contribute, so you are there for a reason. If you have the right mindset, the way you behave will change: behaviours are the symptoms of mindset. Here are the symptoms to check and the behaviour to work towards:

- Stay calm and focused.
- Listen and be ready to adapt to what you hear.
- Dress the part.
- Be clear about what you want from the meeting and what you can contribute.

Much of this comes down to preparation. Preparing for a presentation is easy: you are in charge of the script and it is mainly one-way communication. Preparing for a conversation is much harder. The conversation can go many different ways; you have to understand their agenda and needs; you need to be able to respond to many different scenarios and still get the outcome you want. And you need a back-up Plan B if Plan A is not going to work. But if you prepare well, you will feel confident and look confident you will be halfway to acting like a partner, not a junior.

Working with less senior staff

It is easy to see why people resent traditional bosses. The classic symptoms of a traditional boss are:

- talking, not listening;
- telling, not asking questions;
- being short and abrupt;
- ignoring staff members completely.

If you regard team members as partners, you shift your mindset. You realize that each person has something to contribute. As a leader, you need to find out how to get their best contribution. Each team member will have skills, knowledge and information to give. They will simply hear and see different things from you. You need everything that they can give. Equally, there is a huge amount they need from you: resources, direction, support, insight. Treat team members as partners and you start to build commitment, not just compliance.

You can treat your team as partners by doing the opposite of the traditional boss:

- Listen to your team, don't talk at them.
- Focus on asking smart questions, not giving smart answers.
- Invest time with your team.
- Recognize what each team member can contribute.
- Value your team's contribution, don't ignore it.

This may look like common sense, but sense is rarely common in most firms. If you can do this, you will stand out and you will build a high-performing team.

If you act and look like a junior member of staff, that is how you will be treated.

66 Negotiations

Principles

Negotiations are a fancy form of selling and decision making. They are often misrepresented as battles where one side wins and the other side loses. In practice, effective negotiations are based on two fundamental principles:

- 1) win/win;
- 2) focus on interests, not on positions.

The idea of negotiating is not to trick the other side. That ends up in a fight, which you might not win. Instead of competing, collaborate. All the greatest victories are won without a fight.

To succeed without fighting, find out what the other person wants to gain from the negotiation. The challenge is to think a little further than cost or price. Think through what the person's interests are, and focus the discussion on their interests, not on their positions. For example, a salary negotiation seems a classic win/lose argument. One side pays too much or the other receives too little. Working on interests shows a different perspective. The employer will want to retain talent. But there will be other interests as well: perhaps there is a new programme to be started or a challenging assignment to be undertaken. The employee is not interested only in money. The employee will be thinking about career development, work–life balance, assignments and risk and rewards in measurement and appraisal.

Based on this, there can be a productive discussion on what the employee really wants: how to balance work-life commitments, how much extra work, responsibility and risk he or she wants to take on, what skills the employee can develop and how much support and investment he or she should get (like money for training courses or sabbaticals). Suddenly, money becomes just one variable in a much wider mix. Both sides can now find areas of give and take and arrive to an outcome in which both sides feel they have had a win.

In a good negotiation, the language changes from a me/you discussion to a we/us discussion. You should both be working together to achieve a common outcome, rather than fighting each other.

Negotiating a partnership

The partnership should have been a marriage made in heaven. Hiro brought some great product to the table; Jayne had a great list of clients to whom she could sell. They were introduced to each other and success looked assured. Then it all went wrong. Hiro immediately focused on how much equity he should get for his product: he wanted over half because there would be nothing without him. Jayne wanted over half because Hiro would not be able to sell anything without her. We went back to basics.

What Hiro really wanted was money (of course, but that is different from equity), recognition for his achievements and the chance to create some more exciting products. He hated the idea of getting bogged down running a business. Jayne wanted to build a business with a portfolio of products and a real team supporting her. By looking at interests, the two sides realized they could work together happily: Jayne would sell Hiro's product, brand it under his name and give him an advance so that he could continue research work without the hassle of managing a business, and a royalty so that he could get rich if things worked well. Jayne kept 100 per cent of the equity. Both sides were happy: they got what they wanted.

All the greatest victories are won without a fight.

Process

By now you should be familiar with the sales process. Negotiations follow the same logical flow. The difference from selling is that you are working together to develop the logic; you are not simply pushing your own logic and solution. The process is:

- **1 Agree the problem.** What is the common opportunity or challenge we can help each other with?
- **2 Preview the benefits.** What are the positive outcomes for each of us? What are our interests, not just our positions?
- **3** Suggest the idea. In negotiations, you want to explore a range of ideas and possibilities: do not get locked into a single-point solution that invites a yes or no response. Create room for manoeuvre.
- **4** Explain how it works. Work this together so that both sides own the solution: this way, both sides will feel committed to it.
- **5** Pre-empt objections. Work together to identify the potential pitfalls and how you will overcome them.
- **6** Reinforce the benefits. Keep your eyes on the prize: this is why you are working together. And be very clear about what each side needs to deliver to the other side.
- **7** Close. Work out exactly what the next steps and responsibilities are, and then follow up.

This is rarely a single discussion.

You are working together: you are not simply pushing your own solution.

Networks

Naive negotiators negotiate with one individual, hoping that he or she has all the power, authority, responsibility, time and goodwill to deliver the entire organization in support of what you are negotiating. Real life is not like that. Many negotiations depend on influencing a whole network. If you depend on only one person, you can depend on failure. It is up to you to identify and manage that network. Typically, there are six main roles in a negotiating network:

1 Authorizer. This person has the final decision-making authority and budget. You may only see him or her at the very start and end of the

- negotiations. Even if you are lucky enough to have this person as your main contact, he or she will still need your help in managing the decision-making network in his or her own organization.
- 2 User/proposer. This is often the person you will negotiate with on a day-to-day basis. This is the person with the immediate opportunity or problem, where you are part of the solution. Ideally, you will turn him or her into your coach (see below) so that you are jointly working to get the organization to support you. You want the user to be working with you, not against you: that requires understanding and respecting the user's real interests in the negotiation.
- **3** Technical buyers. These people must be satisfied that policies, standards and procedures are met. They are often in places like finance, HR, or health and safety. They cannot approve the proposal, but they can hole it beneath the waterline. These people are often ignored, which makes them dangerous. But involve them early, and they are often very helpful in clearing the way for you.
- **4 Key influencers.** These people may not be obvious on any organization chart. They have informal influence, not formal authority, over decision making. They could be executive coaches, non-executive directors or senior non-line managers whom everyone trusts. Hunt them down: their opinions often carry weight because they are seen to be above the day-to-day political fray.
- **5** Gatekeepers. Gatekeepers provide or deny access to key decision makers. Personal Assistants are an obvious example. A good relationship leads to diaries becoming available; poor relationships mean the diary remains shut. Be careful of the executive who promises to get you access to the CEO or other senior leaders. This is often a simple power play: 'Do what I want and I (may) get you access to the CEO.' You have just lost control, and the chances of gaining the access you want are still close to zero.
- **6** Coaches. These are people on your side who want to guide you through the decision-making jungle. There is always someone in the organization who will see value in what you are doing and will want you to succeed. The ideal is to turn everyone in the negotiating network into your coaches: they should see themselves as partnering with you, not negotiating with you. If you have properly understood their interests, they will normally be more than happy to help and support you.

EXERCISE 29 Influencing a network

These networks apply not only to sales situations. Try to map out the decision-making network for:

- a major project you are trying to push through;
- how your next bonus and promotion will be determined.

Now take the next critical step and identify for each person:

- What are their hot buttons: what will make them support me?
- What are their red issues: what concerns or limitations (time, money, power) do they have?
- What do I need to do next to bring them along?

Have one page per person, where you can keep track of contact details and each meeting you had with him or her, and the next steps. You will keep a complete map telling where you are and where you need to go to bring your project, promotion, proposal or bonus to a successful conclusion.

If you depend on only one person, you can depend on failure.

67 Networking

Breaking the ice

Some people love networking events, others hate them. Even people who like such events often fail to make the most of the opportunity. Watch what happens at conferences: people speak to people they already know, through shared geography, function or status. Very few people actually use the opportunity to extend their networks: people prefer to stay in the comfort zone of familiar faces. Leading from the comfort zone is not the road to success.

Networking is essential. Over 70 per cent of jobs are found through networking, not through headhunters or formal advertisements. Your career may depend on your network. Within your organization, you depend on networks to secure support for your assignments and to find your way to the next great assignment or opportunity.

Preparation is important. Know to whom you want to talk and why. Have a list of topics where you might want help and support: this will help you spot opportunities in the course of the conference or networking event.

A simple networking approach can be summed up as another alliterative three Es: engage, enthuse and enquire:

- Engage. Prepare some standard ice-breaking questions. Royalty uses: 'And what do you do?' Let people talk about their favourite subject: themselves. They will like you for this. As they talk about themselves, you will find hooks to catch them with.
- Enthuse. Build rapport. You need to look for common interests: this could be work interests, pastimes or people you both know. Although enthusiasm is still a certifiable disease in some organizations, most people find enthusiasm infectious (unless your enthusiasm is train

spotting, in which case you have probably not put this book in your anorak to read on the station platform).

• Enquire. Find out what they are interested in, and where the common points of interest are. Do not try to negotiate a deal there and then: suggest that it might be worth getting together later to discuss the matter in more detail. Do not put them in a negotiating position: make sure you have built rapport and earned the right to follow up.

Next day, drop them an email saying thank you and following up on any promise made.

Let people talk about their favourite subject: themselves.

Building trust

There is a difference between knowing many people and having an effective network. An old-fashioned Rolodex full of business cards is not much use if no one returns your calls, or you find their diaries are mysteriously booked up whenever you want to meet them. You have to get beyond the ice-breaking stage promptly and start building a relationship.

Take care not to mistake alliances and business networks for friendship, even if you go to company-sponsored social events together. Remember the dictum of Lord Palmerston, the 19th-century British prime minister, who said we 'have no permanent allies, only permanent interests'. In business, do not expect to have permanent allies, let alone permanent friends. Even your interests will change.

In this shifting and uncertain world, you need to anchor your relationships in mutual interest and mutual advantage. At the heart of building alliances is the need to build trust. Put simply: how far will you go to help someone you do not know or trust? In building alliances, think of the trust equation, where T = trust, V = values, C = credibility and R = risk:

$$T = (V \times C)/R$$

An old-fashioned Rolodex full of business cards is not much use if no one returns your calls.

EXERCISE 30 Building alliances and trust

Create a shortlist of the people whose support you most need, including your boss. For each one, build a trust profile to see how well connected you are with them. Use the trust equation above.

Do you share the same goals, same values, same priorities and same outlook? You do not need to like them. You can start building trust fast here, even if you have not met someone before. Your starting point is to find some area of common interest.

Networking starts with the heart, not the head. Find ways to engage them emotionally. For example:

- Let them talk about themselves. Look interested. Flattery works.
- Find common colleagues ('Do you know So-and-so?').
- Find common business experiences to share: salespeople love swapping war stories, and so do most business people.
- Find common social interests.
- If you are meeting them in their office, look around for vital signs. Real examples include:
 - Pictures of lakes: 'How wonderful! Do you enjoy walking as well?
 In the Lake District? What a great place!'
 - Professional qualifications on the wall: 'I see you got your degree from Harvard/Hull/Hamburg. What was that like?'
 - A picture of a classic car: 'Is that yours? How long have you had it?'

For your own boss, you should be very clear about:

- How the boss will be measured and rewarded at the end of the year (his or her real interests).
- The three major projects the boss is working on this year.
- The boss's career ambitions, and how they will be achieved.
- The boss's personal interests, and whether any intersect with yours.

Once you have engaged the heart, you can engage the head. To make your network work, you need to find some common interests where there is mutual advantage to working together. Go back to the selling skills section (Part Six, Section 57): try to discover a common problem or opportunity to work on together, with clear benefits to both sides.

Back to our equation: C = credibility. This is the extent to which you have credibility with each other: have you delivered the results and fulfilled promises to each other? Trust building normally starts with small promises and obligations, and then builds up to larger ones. Credibility is about being able to walk the talk. Small things count. After a meeting, send a thank-you note or a summary of the meeting the same day. Speed impresses: it shows that you are both efficient and committed.

R = risk. We often think of risk objectively: financial risk, health and safety risk, litigation risk, political risk. This is important, but it is a side-show in building alliances, trust and networks. Real risk is personal risk.

Look at risk from the other person's perspective: how will this affect me, how much will it cost me, how much effort will it take and will I look good or bad if it succeeds or fails? The more you can do to reduce the perceived risk and effort for someone else, the more likely he or she is to collaborate with you.

In building credibility, you will need to start on small and low-risk things so that confidence and credibility can build step by step. Ultimately, your network of alliances will be built one person at a time, one action at a time.

Networking starts with the heart, not the head.

Altitude sickness: dealing with top management

f you climb a great mountain too fast it is easy to get altitude sickness. You face the same problem if you suddenly find yourself at the top of the corporate mountain, dealing with the top bosses. Many people get corporate altitude sickness. The symptoms are normally paralysis or panic, neither of which help you career. Altitude sickness both in the mountains and in your firm can be fatal. Here are three ways you can manage altitude sickness:

1 Believe that you are valued: you have something to contribute

The view from the top of the mountain is different from the view at the bottom of the mountain. Both views are correct: they are just different. At the bottom of the mountain you might see the chickens in the yard and the children playing in the street. At the top of the mountain, that is invisible. Instead you can see the hills and valleys receding into the far distance.

The same is true in a firm. The view from the top of the firm is different from the view at the bottom. This means that if you are at the bottom of the firm you have something that the people at the top really want to know about: they want to know what is really happening down in the yard and on the street. Few top managers trust the formal reporting data to tell them what they most want to know: what is morale like, what are customers really thinking, what is working and not working, where are the bright ideas coming from, what are our competitors and suppliers up to, who is making a difference and who is coasting? You always have something of value to contribute: if you don't you probably should not work at the firm.

2 Know what the top bosses are looking for: focus on the headline, not the detail

This is where you have to bridge the gap between what you see (the animals in the farm yard) and what they see (the far horizons). The bosses may have some interest in knowing that the animals in the farm are healthy, but they really do not want to hear all the detail of each animal's escapades. Avoid giving the bosses too much detail. Follow the journalistic rule: give them the headline before giving them the detail. The headline should state the 'who, what, where, when and why' in a couple of sentences. That should be enough for the bosses to decide if they want to hear more detail.

Face time with top management shapes how they think of you -30 minutes with the top boss will count for more than three months of hard work out of sight of the boss. So make this time work for you: over invest in preparation. Get help. This means:

- Find out what they really want from you and how you can help them.
 Find out what decision they are making, what problem they are solving.
 You can then focus your contribution to meet their needs.
- Rehearse your presentation or contribution. Get feedback on both substance and style. Get the detail right. A typo shows lack of attention to detail. One false number means that every other number will be questioned.

3 Act the part: follow the partnership principle

You will be judged as much by how you are as by what you do. Here is how you can make a good impression:

- Be positive. That means finding solutions, not problems; driving to action not just to analysis. It does not mean ignoring problems: it means dealing with problems.
- Be honest. Honesty makes a refreshing change for many leaders who are used to hearing half truths all time. Be prepared to face brutal facts: if you are found to be avoiding the inconvenient truth, your credibility will evaporate. But then link honesty to being positive: where there is a brutal truth, there should also be a potential solution.
- Master your brief. This is more than just knowing all the facts and figures. It is about being prepared for the three questions you least want or least expect. The questions you do not want asked will be the first to be asked: have your answers ready. At least they are predictable. Unexpected questions reflect lack of preparation. If you have really understood what top management are looking for, you will know what questions they are likely to ask. Get help from a senior coach who can guide you to the thinking of top management.
- Don't bluff. If you do not know the answer to something, say so. If you make up an answer, you might get lucky. Luck is how you play the lottery, but your career should not be a lottery. And if you get unlucky with your answer, you lose all credibility very fast. The good news is that top management do not expect you to be omniscient. A good way to deal with a question you don't know the answer to is to ask a couple of questions of clarification in return. This gives you time to gather your thoughts, and their replies may well guide you to a good answer.

You will be judged as much by how you are as by what you do.

69 Managing upwards

Managing your boss

Most people assume that their boss manages them. Few assume the opposite: if you want to progress you have to manage your boss. In modern organizations, if you want to get things done, you have to make things happen through people you do not control: colleagues as well as your boss. Managing your boss is a core management skill.

As a simple test, write down the five things that you would want from someone working for you. Forget the formal evaluation systems. Focus on what you really expect. The chances are, that is what your boss wants from you. Here are five things bosses normally expect:

- 1 Hard work. You may think that you can get away with slacking or with presenteeism. But most bosses are not complete fools, despite appearances. They want a serious contribution from you, and that takes serious effort. They notice who puts in the effort and who does the minimum to survive.
- 2 Initiative. Don't wait to be told; don't expect the boss to provide all the answers. Don't delegate upwards. Take problems away from the boss, take initiative and help out. Drive to action, don't wallow in analysis.
- **3** Intelligence. Don't check your brain out at reception. Provide solutions, not problems. If you face a real challenge that you need to talk through with your boss, at least have some ideas of what a good solution might look like.
- **4** Reliability. Never surprise your boss, because surprises are rarely good. Set expectations clearly. If you can't do something, say so from the start. Once you have made a commitment, make sure you deliver on it.

No excuses. And if things do go pear-shaped, make sure your boss knows early so that remedial action can be taken.

5 Ambition. Surprisingly, most bosses want ambitious staff. They want staff who will make the extra effort, who will solve problems, achieve results, make things happen.

Most boss problems come about because either there is a lack of trust or there is a clash of styles. In both cases, you can whine about the problem or you can do something about it.

If you do not trust your boss, it may well be time to find another boss. But take care. The corporate carousel moves round with tedious regularity, and no boss lasts for ever. It is often best to wait for the carousel to turn and let your ways part naturally. And remember that you can learn from even the most dysfunctional bosses. There is normally a reason why they were promoted, something they are good at: learn those positive lessons while also learning about all the things you will do differently when you are in their position.

Where you have a clash of styles, your boss has no problem; you have the problem. Business is full of humanity and humans are different. Effective managers learn how to adapt to the style of the people they need to influence. You do not have to agree with the style of your boss; you have to adapt to it. If you can influence your boss successfully, you can probably influence anyone successfully. It is a skill worth learning.

Each boss is unique. In an unequal relationship, you have to adapt to your boss, because your boss is not likely to adapt to you. And given that bosses are unique, you have to understand not just their style: you have to understand their expectations. Everyone has a psychological contract with their boss, which is far more important than their formal employment contract. The essence of the contract is: 'You work hard for me and I will look after your career.' Some bosses are better than others at fulfilling this contract. You have to understand what your boss really wants from you. How much initiative and risk should I take? How much should I communicate and when? What does the boss really want in terms of performance? How could I really screw up with this boss? None of this will be written down: you find out partly by talking to the boss, but also by talking to the rest of the team. Find out the reputation of the boss and act accordingly.

Finally, create some options. Make sure you network across and beyond the organization. You may need an escape route. By the time you need to escape, it is too late to start looking for the way out. If you have no alternative to your current boss, you are in a very weak position. At

best you will have a benign patron. At worst you will be in a master–slave relationship, and you will not be the master.

Cardinal sins

There are an almost infinite number of ways to upset a boss. I once watched four security guards remove a marketing director from his office: one took hold of each limb and carried him out of the front door. His sin? He always walked through doors in front of the CEO, which made the CEO feel he was being upstaged.

Foibles and egomania aside, our research found a few common cardinal sins that bosses find difficult to forgive:

- Disloyalty. Disloyalty is by far the most unforgivable sin. Even the most demanding bosses tolerate occasional mistakes, bad jokes, bad dress and even bad performance. But disloyalty breaks the fundamental psychological contract between the boss and the team. Disloyalty is not just about bad-mouthing the boss. It is also about failing to support the boss and the team in a tight corner or failing to speak up when it is needed. If the team is to succeed, each team member must know that they can trust and depend on every other team member. When times are tough is when trust is most needed and is either built fast or lost fast.
- Surprises. Bosses don't like surprises. Don't hide bad news. Deal with it early; set expectations well.
- Outshining, outflanking or outsmarting bosses. Like you, your boss
 needs and wants to look good. Many bosses also have fragile egos. Do
 not try to steal their thunder. Help them. Good bosses will give you
 plenty of chances to shine.
- Not delivering: unreliability. Sometimes there are no easy shortcuts. Ultimately, you have to deliver, even if it is hard work.
- Unprofessionalism. This covers a multitude of sins. Keep careful note
 of the behaviour that pleases or annoys the boss. It can be small things
 like timeliness, who walks through doors first, who speaks up at
 meetings and when, dress codes, use or non-use of humour, and so on.

70 Flattery

ow many people think that they are overpaid, over-promoted and over-recognized? How many people think they are below average in terms of intelligence, honesty, diligence, trustworthiness, driving, loving and working?

The sad reality is that we live in a world which usually does not care very much for who we are and what we do. The world can live without us, but we cannot live without the world. But just occasionally, a minor miracle occurs: out of this sea of indifference someone appears who appreciates us for who we are, what we are like and what we have achieved.

Naturally, we will tend to think such a person has wonderful judgement, and we are likely to return the compliment when we can. In other words, when someone flatters us, we like it. Flattery works.

Research shows that there is no point at which flattery becomes counterproductive. You simply cannot flatter people enough. The more you flatter them, the more they like it. Flattery is an easy way to win friends and influence people. Here is how you can flatter people effectively:

- Listen and empathize. Just by doing this you flatter. You are investing your precious time in listening to their wisdom, knowledge and experience. Ask questions and let them talk about their trivial triumphs and travails. Be impressed, empathetic and supportive as appropriate.
- Praise in public. Make the praise specific and personal: 'The way you
 dealt with that customer has shown us how we can turn a crisis into a
 triumph...'.
- Seek advice. Show how much you value their wisdom and insight by asking for their advice. They will quietly purr with delight that they are being so respected.

- Praise behind their back. Spread praise to friends and colleagues of your target. The praise will get back to them and your stock will rise.
- Contradict to conform. Start with a contradiction: 'At first I did not see your point...' and then conform: 'but now I realize how right you were.' The initial contradiction makes the final conformity more credible and even sweeter to the listener.

There are a few ways to not flatter:

- Avoid one-minute-management flattery. 'Wow, you polished your shoes really well today.' At least try to make the flattery relevant and not demeaning.
- Don't compete. When your target is telling you their potentially very tedious stories about their challenges and triumphs, it is very tempting to match their story with your better and more compelling story. Avoid the temptation. You win by listening, not competing.

In any organization, it is better to win friends than to win battles. Once you have an army of allies, most battles melt away. You win without fighting. Flattery is a very cheap and effective way of winning the friends you need.

EXERCISE 31 Find out whose support you need

Identify the colleagues and bosses whose support you most need. For each one of them, identify:

- one thing you admire about them or have learned from them
- one thing where they have helped you in the past

Next time you see them, thank them for their help or compliment them about what you value in them. Repeat at regular intervals. Enjoy their reaction.

There is no point at which flattery becomes counter-productive.

Part Eight Financial skills

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71 Managing budgets

You will not get promoted for managing your budget well. But you will get sent to the back of the class if you fail to manage it. Budgeting is a basic management discipline that has to be mastered. Here are the basics:

- Negotiate a good budget to start with. It is better to spend one month negotiating hard for a good budget than to spend 12 months trying to achieve a 'challenging' budget which has been set for you. If you have been set an impossible budget target, then no amount of good budget management will get you out of that dark hole. Start the year the right way. Use the techniques outlined in the next chapter (72: Negotiating Budgets) to get the budget settlement that will allow you to sleep at night, occasionally.
- Follow the 48/52 rule. Aim to achieve 52 per cent of your target in the first half of the year with 48 per cent of your budget. Now take your 48/52 budget for the first half of the year and do the same trick for the first two quarters of the year. This rule keeps you ahead of plan on costs and revenues (or outcomes). You want to be ready for any nasty surprises at the year end. The later the surprise comes, the harder it is to make up the difference.
- Create some padding. All good managers know how to create some flexibility for themselves. Play with the timing of hiring people: delay new hires, delay replacing team members. This automatically saves on salaries.
- Get ready for the year-end squeeze. There is always a year-end squeeze.
 Struggling departments will feel the heat from top management; other departments will have their budgets reset to adjust for the strugglers

and stragglers. Adjustments are never in your favour. To get ready for the year-end squeeze you need to have padding and contingency in your budget. You also need to have some discretionary items you are ready to delay until the next year. And you must make sure that you have already spent any money allocated to discretionary items that are important to you (conferences, test markets, research, etc). If you have not spent on these items by the final quarter, you will find they get taken away from you in the year-end squeeze.

- Work timings. If you are having a good year, recognize costs early and delay revenue recognition. This means that you will not beat the budget by too much and your next year's target will not be too high; you will also have got next year off to a flying start with low costs and high revenues. On the other hand, if the year end looks tight, you need to find ways of deferring costs (put your annual team meeting back by four weeks and into next year) and, where possible, recognizing revenues as early as your auditors will allow.
- Beware cost allocations. Keep a lookout for other departments charging you and transferring costs to you. Head office is a big sinner here: they like to transfer as much of their costs out so that head office looks lean and mean, even if it is fat and bloated. Learn to say a very simple word: 'No'.
- Stay on top of your numbers. You should know all the critical numbers for your department, and you should be aware of any of the numbers going wrong. It is too late when you see the monthly management accounts. You need to spot in advance what costs and revenues are likely to be coming through and if there are any unwelcome surprises. If there is an unwelcome surprise, you need to take remedial action (find another budget item that can absorb the losses) and you need to communicate clearly what you are doing to your bosses. Budgets should never be a surprise, to you or to your boss.

Budgets should never be a surprise, to you or to your boss.

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Negotiating budgets

How do you want next year to look?

- Type A: Work exceptionally hard all year to meet a challenge goal? Get close and receive a modest bonus?
- Type B: Work exceptionally hard for one month a year to negotiate targets which you can beat relatively easily, and receive a big bonus as a result?

The simple leadership answer is that you should be a Type A person: you should be an inveterate overachiever who will tilt at any windmill. But simple answers are not always the best answers. If you follow Type B you have two obvious advantages: the prospect of a better bonus and the prospect of a less stressful year. But there is a third advantage to Type B: you give yourself some spare capacity. If you are a natural underachiever you will reinvest any spare capacity in relaxation. If you are an overachiever, then spare capacity is your secret leadership weapon. Every new initiative, crisis or opportunity requires discretionary effort. It pays to make sure you have discretionary effort available to you over the year. The best way to do that is to work very hard for one month a year, when you negotiate your budget for the following year.

A budget is no more than a contract between different levels of management. The higher level wants to maximize the return and minimize the investment. The lower level wants the opposite: minimum commitment with maximum resource.

The principles of negotiating your budget are simple:

• Strike early. Anchor the discussion on your terms. This means setting expectations well before the formal budget process starts. Once it starts, top management or the planning department will have set the broad framework and you are left simply negotiating the details.

- Strike hard. Marshal all your facts. Use facts like drunks use lamp posts: for support, not illumination. You are not trying to find the truth; you are making a case. You know more about your operations than anyone else, so even the most determined planner will give up in the face of a factual onslaught.
- Strike often. Keep on making your case. Don't let up. The reality is that
 top management and planners do not have the bandwidth to fight
 every battle. If you fight hard, they will find easier battles to fight
 elsewhere.
- Build your coalition. You need to strike the right contract with the CEO or top management. Remember it is a psychological contract as much as a budget negotiation. Cast your budget so that you are delivering to your CEO's agenda. But do not ignore planners and other influencers. Respect them, because otherwise they can make your life hard.

Over time you will learn all the tricks of the trade in managing budgets, such as:

- Don't overperform this year, because that just sets the bar higher next year. As a rule, the best predictor of next year's budget is this year's budget. So manage it well.
- Know where you can pad the budget: budget new hires for the whole year, but delay hiring them for a few months, for instance.

If you are the senior manager, then all of these rules are reversed. You will know all the tricks and you will have to manage them. The budget cycle can be a huge drain of time and effort, but it is vital on both sides to make sure that resources are allocated in the best way.

A budget is no more than a contract between different levels of management.

73 Reviewing budgets

Budgets are like driving a car while looking in the rear mirror the whole time. You can see what has happened behind you, but you are unaware of a car crash coming towards you. This means that budget meetings can be a total waste of time: analysing the past, but ignoring the future. A good budget review is key to holding your team to account and driving them to action. As a leader, here is how to make budget reviews work for you.

The budget is the budget is the budget. As the year progresses, you may see that variances are suddenly being measured against a re-forecast budget or some new benchmark. Do not let your team move the goal posts during the year. Once the budget is set, keep to it. This is a basic matter of accountability: hold each team member to account for the budget they agreed. They can only deviate from the budget if you agree explicitly to deviate.

A key variation of this is that you own all the cost savings. If costs are saved in one part of the budget, that does not entitle other areas to go over budget. You own the savings, and you decide if, when and where the savings can be deployed elsewhere.

Keep a consistent format. If the format changes every time you review the budget, you can never keep track of what is happening. A consistent format allows you to spot trends and variations. If the format changes, be suspicious: the chances are that someone is trying to hide something. People rarely try to hide good news. This means you have to work hard before the start of the year to make sure you have a usable format.

Look forwards, not backwards. The most important part of any budget is the year-end forecast. Ideally, this is the far right-hand column of the

budget report. This tells you what your team expects to have achieved by the end of the year. The variances between year-end forecast and budget are the variances you need to worry about. Challenge these variances, and use them to drive to action: ultimately, you need to work on costs and/or revenues.

Looking forwards is the essential part of any budget review: turn the budget review into a budget preview.

Watch for accruals. Most budgets should be kept on an accruals basis, not a cash basis. Accruals are expenses which have been incurred, but which you have not yet paid for. For instance, your utility bill or an employee bonus will be due at the end of the quarter or year: cash accounting only recognizes when it is paid. Make sure that you really are accruing for costs which need to be accrued, otherwise you land up with a nasty shock when the bill finally becomes payable.

Spot the games. On the cost side, the budget will contain fat. Your job is to make sure you know where it is. This is your contingency fund for when things, inevitably, go wrong or you are required to improve your forecast outcome to make up for problems elsewhere in the firm.

Spot the red flags. Two red flags should raise the alarm bells in your head. The first is if the accounts are late. That is normally a sign not only that the process is not working and the finance team is not working properly; it is normally also a sign that there is something very wrong with the numbers themselves. The second red flag, which often occurs at the same time as the first, is when you hear long and complicated explanations for why things are not as they seem. Do not be baffled by complexity. Assume things are awry, and keep asking questions until you are satisfied that all is well.

On the revenue side, *challenge revenues*: make sure income is being recognized when it should be recognized. If 100 per cent of the value of a contract is recognized on signing, you have one bumper year of big high revenues and low costs, and then two years of high costs and no revenue.

People rarely try to hide good news

74 Understand the nature of your costs

You have to understand the nature of your cost base. The core difference is between your fixed and variable costs. The balance between the two will drive your approach to managing the firm. High fixed costs make your profitability very sensitive to small changes in revenues, and also create barriers to competition. If all your costs are highly variable, it is easier to avoid huge losses but harder to make huge profits.

In the long run we are all dead, and in the long run no cost is fixed for ever. The difference between fixed and variable is in the time horizon. A temporary worker with a flexible or zero-hours contract is more or less a completely variable cost; give that worker a full-time contract and they become much more fixed cost (subject to notice periods). Some costs are obviously fixed: the cost of rent on a building where you are committed to a five-year lease is pretty much fixed. This makes retailing sensitive to small revenue changes: they pay the rent regardless of whether they sell anything.

Other fixed costs are less obvious, but equally important:

- R&D. If it costs £20 billion to design a new generation chip and build a plant for it, then that is a massive barrier to entry for other chip makers.
- Marketing. If the cost of running an effective national advertising campaign is £30 million a year, that gives a huge advantage to the competitor with the largest market share. The competitor with £300 million sales can afford the campaign, the competitor with £50 million sales has to get creative or get out.

- IT costs are increasingly a huge fixed cost for banks, and much M&A (mergers and acquisitions) activity has been driven by reducing the fixed costs of IT and property: why pay for two bank outlets in the same high street? Why pay for two sets of IT systems costing £1 billion each, when you only need to pay for one?
- The cost of a train or plane is fixed. The incremental cost of one more passenger is very small. And this leads to a massive trap. If it costs £10,000 to run the train, and each passenger costs only an extra £2 to serve, the temptation is to let prices drift down towards the marginal cost of £2; at £3, you are still making a contribution to the fixed cost of running the train. You need strong price discipline and effective yield management to ensure that the full costs of running the train are recovered.
- Professional services firms are, in theory, variable-cost businesses where they bill clients by the hour or less. In practice, they behave more like fixed-cost businesses where the cost of the consultant is taken as a given: the goal is to maximize the revenue per professional. This drives long-hour cultures. Keeping a lawyer working late costs the law firm a pizza and a taxi ride, because a junior is on a fixed salary. It costs the client a fortune, and the partner makes a fortune.
- Pharmaceuticals firms have huge and expensive sales forces which are largely fixed costs: mergers activity has been driven by the economies of scale of merging sales forces. Why have the costs of two sales forces when you only need the cost of one?

High fixed costs create the potential for scale economies and competitive advantage, but also require pricing discipline and effective yield management. Understanding costs is as important as understanding the market and competition in driving your strategy.

The core difference is between your fixed and variable costs.

75 Cutting costs

ou have three approaches to cutting costs: the red dollars, green dollars and top dollars. To survive you need to understand red dollars and green dollars. To lead, you need to deliver top dollars.

Red dollars

The red dollar approach to cutting costs is smoke and mirrors. You promise gains, which let you survive without damaging your operations. It is game playing. Classic examples include:

- Shifting costs from one bucket to another. Reallocate costs internally or get customers to pay for what used to be free, such as help lines.
- Focus on cash. Delay payments to next year, bring forward revenue recognition. This stores up problems for next year, but it gets you through this year.
- Bait and switch. Make credible claims that you are saving money and that you are reinvesting it to protect quality, revenues, etc in another area. Most top managers stamp on this, but it can be worth a try.

Green dollars

The green dollar approach produces real savings. There is a natural progression to such savings:

 Cut discretionary items. This is the traditional squeeze on training, consulting, travel, entertaining and the coffee machine. If any discretionary items matter to you, buy them before the cost squeeze is imposed.

- Sweat existing resources harder. Delay replacing staff who depart for a couple of months; extend the replacement cycle on phones and computers. As the squeeze increases, ban overtime and put in a headcount freeze. Then raise the performance bar: be more demanding and ease low performers out.
- Start the pain. This starts with a hiring freeze. In theory this produces
 painless savings through natural attrition. In practice it causes chaos as
 the vital people leave from vital areas. When this does not produce
 enough savings, first offer voluntary redundancy and finally, enforce
 compulsory redundancy.

The green dollar approach is unsustainable: you are simply asking everyone to run faster and faster. At some point, they will collapse. The green dollar approach also is demoralizing. The cuts seem endless and so the best talent leaves. Only those who cannot leave remain. If you have to chase green dollars, then cut hard and cut once. The survivors need confidence that they have a future. Your team will not be committed if they think you might cut them at any moment.

Top dollars

The best way to cut costs is to do things differently. Stop running faster and buy a bicycle. Done well, you do not just focus on costs.

Change what you do. Start with your customers' needs and work back from there. This is the opposite of cost cutting which is internally focused. Cut out activities which do not deliver value to your internal or external customer.

Change how you do it; this is the world of re-engineering, methods change, outsourcing. Challenge everything and be creative.

This requires planning in advance and investing and changing the system while it is still working well. To do this you have to show real leadership by challenging complacency and orthodoxy. By staying one step ahead of the crisis you never have the crisis. Prevention is better than cure when it comes to cost challenges.

The top dollar challenge is the leadership challenge: do more, do it better and do it for less. That requires changing what you do and how you do it.

76 Balanced scorecard

inancial management is vital but fatally flawed in two ways: it is backward looking and one-eyed. It reports on one aspect of the firm's health only. To understand the real health of your business you need a more balanced and forward looking health check: welcome to the balanced scorecard. It is a good way to monitor progress.

There are two versions of the balanced scorecard: the standard version and your version. Inevitably there are many versions of this, each jealously guarded by high priests who are convinced that they have the best version and that anyone using an alternative should be cast into hell. At the risk of incurring damnation, we will look first at a simplified standard version. It looks at four aspects of performance and progress:

- Financial: How have we performed and what is the likely expected financial performance?
- Market: Where are we with customers and competition?
- Organizational health: How effective are our management, sales and production processes? What is the status of our workforce skills, morale, development?
- Learning and growth: Are we innovating enough new products; are we improving our processes; are we developing our people well?

The good news *and* the bad news is that the balanced scorecard is a framework, not a prescription. It is up to you to decide precisely what you want to measure and how you want to measure it in each of the four main categories. The one which is routinely ignored is the fourth category: learning and growth. It is ignored because it is hard to measure how well you are preparing for the future, but arguably that makes it the most important measure. Assessing past performance (financial) or current performance

(market and organization) is interesting, but will not make you great in the future (learning and growth).

You have to customize the balanced scorecard for yourself. If you want the right performance measures, start by throwing out all the measures you receive today. Start with a blank sheet of paper. Work out what you need to achieve over the next one to two years. Work back from there: identify what you need to do in order to reach your goal. Now you should have some idea of what you need to measure to ensure you reach your goal. Use the four elements of the balanced scorecard to push your thinking: if you are missing anything about internal processes or customers, for instance, think again.

Your performance template should sit on one piece of paper. You may well find that to start with you are missing about 50 per cent of the data you need and that you are receiving vast amounts of data you do not need. That is part of the point of the balanced scorecard: you can sort the signal from the noise in terms of measurements. You can focus on what matters. Once you know you have the right format, cascade it down through the firm so that each unit is finding data which can feed into your template. Inconsistent performance measures are nearly as useless as no performance measures.

Remember: what you measure is what you get in performance. Teams deliver what they are measured against. So make sure you measure the right things, and that is much more than finance.

EXERCISE 32 Build your own balanced scorecard

Start with a blank piece of paper and write down the information you really want in terms of:

- financial performance;
- market performance;
- organizational and staff health;
- learning and growth for the future

Use this to drive performance and to force focus on the information you need to acquire.

77 Making an investment case

Here are the six golden rules for making an investment case.

1 Focus on the assumptions, not the numbers

Investment cases are all about money and numbers, so it is natural to focus on these. But no one really believes the numbers. Everyone will assume that you started at the bottom right-hand corner of the spreadsheet with the desired outcome (plus some margin of error) and worked back from there. You will have rigged the spreadsheet to produce the 'correct' answer.

If the answer is rigged, the numbers are unreliable. So anyone looking at your spreadsheet will focus on the assumptions, not the numbers. Investment cases are not a numbers exercise: they are a thinking exercise.

2 Work the big assumptions first, and know how to justify them

Start with the big assumptions first: number of staff, average salary, market size and share, pricing. These are the things you will be tested on and you will have to prove that you have made sensible assumptions. Doubtless you will have made assumptions about how many paper clips will be used, but that will not change the direction of the business case. Focus on the big stuff.

3 Produce different scenarios

A single point projection is not credible because no plan survives first contact with reality. You will imagine scenarios in which everything turns out brilliantly well. The wizened executives looking at your proposal will see all the disasters which will lead to costs doubling and revenues halving. Understand what these risks are, how you can mitigate them and what the resulting outcome will look like.

4 An investment case which only just makes the grade is not worth it

Firms should only invest in projects which comfortably beat their investment hurdle, for two reasons. First, projected outcomes are rarely as good as achieved outcomes. So the project needs to start with plenty of head room. Second, from a portfolio perspective the firm needs highly profitable projects to offset all the failures, profit sinks and cash drains which the firm inevitably encounters. The firm cannot survive if its portfolio only has projects which at best can meet the minimum investment hurdle. Make sure your case looks like a winner, not a survivor.

5 Look at your case through the eyes of the buyer

Never fall in love with your idea. You may love your idea, but you have to understand how others will feel about it. Pitch your idea on the buyers' terms. In practice, this means two things:

Follow whatever rules may be in place about making your case. There
is huge debate about whether firms should use NPV, IRR, ROE, ROCE,
payback or any other investment measure. The debate is irrelevant to
you. Use whatever method has been prescribed, and then produce it in
a format which is familiar to them. Make it easy for them.

• Understand their agenda: what do they want, and what do they dislike? Frame your proposal around their needs and wants, and their strategy. Talk their language to them.

6 Work the process

An investment case is not a purely rational decision. It is also a political and emotional decision. So work the process.

- Politically, build your coalition of support. Your proposal is only as credible as the people who stand behind it. Make sure you have credible, and powerful, voices speaking for you.
- Make sure that experts in each area sign off on their part of the proposal, but do not give them power of veto over the whole proposal. Ask marketing to approve your marketing assumptions and operations to approve your operating assumptions. Do not let operations air their views on marketing: when everyone has a say on everything, you have chaos.
- Manage any disagreements in private, where colleagues will be more willing to listen and change their views. Once they take a public position, they will be hard to shift.
- Gather as much intelligence as possible about what the decision maker wants to see, and frame your case appropriately. As with school exams, make sure you answer the right question.

An investment case is not a purely rational decision.

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Understand your business drivers

n every type of business there are a few sacred numbers which drive the profitability of the business. Make sure you understand these numbers and how they work in your firm. These drivers are different from budget numbers which simply tell you how well a unit has performed in the past. If you understand your business drivers, you should be able to create a simple formula which shows what drives profitability: each factor in the equation will be a cost or revenue lever you can manage. A few examples will make the point.

Credit card firms

Profitability is driven by the NPV (net present value) of each card holder, This is driven by four variables:

- A: cost of Acquisition. Are we using the most efficient channels to recruit card holders?
- S: average Spend and income per card holder. Are we recruiting the right sort of card holder?
- L: Loyalty. This can be split into two metrics. Do we achieve the right share of wallet and do they use our card or others so do we have the right product proposition? Second, how long do they stay with us: do we manage retention of our card holders well?
- C: what is the Cost to serve our sorts of customers, including fraud and credit losses. Do we have the right cost base, the right fraud and credit processes?

This sort of analysis allows you to look at NPV by type of sales channel, by type of customer and by type of product. Deep segmentation enables the credit card firms to discover who their best customers are and how best to target them. All models are an aid to thinking, not a substitute for thinking.

Retailers

Retailers have some simple metrics such as sales per square foot. But they all have the same underlying profit model for each store:

$$F \times E \times B \times S \times M$$

- F: average Footfall passing by. Are we in the right locations?
- E: percentage of passers by Entering the store. Do we have the right market positioning to attract shoppers?
- **B:** percentage of people entering the store who **Buy**. Do we have the right product range?
- S: average Sale per customer. Do we have the right range and do we merchandise and sell effectively in store?
- M: Margin. Have we got the right merchandise mix and are we buying effectively?

This is, of course, simplified. But a simple model helps you ask the right questions to drive the business forwards.

Other industries have simple but sacred numbers. Airlines look at yield: the average achieved price per available seat. Focus on that drives the pricing, sales and marketing models you see online where the airlines work hard to maximize revenue per seat. Hotels have a similar measure of yield per available room night. A bed in a hotel is like a seat on an airplane: once it is gone, it is gone and you cannot get any more revenue from it.

All of these metrics are simplistic. They are flawed in that they do not capture everything you need to manage such receivables, detailed budgets, and the capital structure of the firm. These models are not a substitute for

all the rigours of detailed financial management. From a leadership point of view, you need to be able to simplify the challenges your team face and focus their efforts on the few things which will make the biggest difference. Do not get lost in the weeds of financial detail: focus on what matters most.

What are the numbers that drive your business? Find them and manage them.

EXERCISE 33 Build a simple financial formula

Build a simple financial formula for your business or unit:

- What are the key performance drivers for you to focus on?
- What are the magic numbers you need to focus on?

Models are an aid to thinking, not a substitute for thinking.

79 Managing pricing

Boxing champion Mike Tyson said: 'Everybody has a plan until they get punched in the mouth.' Having a pricing strategy or plan is easy; making it happen is hard. All the pressure from the market, and from your managers, is to reduce prices. Your challenge is to manage prices so that you can raise them, and to avoid a price war with competition which teaches your customers to buy on price only. If your product or service is similar to competition, you have a pricing challenge.

Here are some standard ways to optimize pricing:

- Product variation. There is a reason regulators like standard pack sizes: it makes price comparisons easy. Making price comparisons hard creates price flexibility. Mobile phone tariffs may seem to be a commodity, but once you have negotiated the whole package of phone model, minutes, data, texts, overseas calls, insurance, introductory rates, automatic upgrades and all the other variations on offer it becomes difficult to make a rational choice. A good salesperson will give you a story which lets you believe that you got a bargain, and lets them get their bonus.
- Bait and switch. Offer a very low-price product and then encourage switching to a higher-value offer. Food chains often do this: they advertise one cheap deal, and once the customer arrives try to get them to switch to a higher-price alternative.
- Value progression. This is a variation of bait and switch. Think of airlines: the basic flight may look cheap, but then you can choose all sorts of extras: checked baggage, reserved seats, special seats, priority boarding. Auto sales work the same way: a low base price leads to extras which are attractive to the client and profitable to you.

- Inertia. This is effective, common and unpleasant. Utility firms charge loyal customers most, keeping the best deals for new customers; airlines often may add extra charges at the end of the booking process. In both cases the producer is relying on the fact that the customer will not have the energy to start a new search process for a better deal. They penalize loyalty or idleness, depending on your perspective.
- Hook and hike. Hook customers with a low initial cost and once they are committed, hike the cost. This focuses on price and profit over the entire cycle and may involve an up-front loss to gain the client or contract. Examples include:
 - High-end consultants do an initial diagnosis at low cost, and sell in the full-price service when the client realizes the consultants own the problem and the solution.
 - Razors are sold cheap to hook the client into buying expensive razor heads. Aero engines are the same; the engine may lose money, but the profit is made on lifetime service.
 - Builders quote a low initial cost and once they are in find lots of unexpected problems which are costly to fix.

It is possible to get too clever with pricing, and especially with discounting. The achieved price counts, not the list price. The detergent maker may sell a product at £3 per unit, but then give the major retailer a volume discount, a feature allowance for in-store display, then there may be a customer discount coupon, a special promotional price and an allowance for advertising. Knowing the achieved price versus the list price is essential: elaborate discount schemes make it hard to know what your achieved price is and whether you are making any money.

Focus pricing on the achieved price not the headline price, and on the lifetime price not the initial price. Then be creative in presenting different price-value choices to your customers. Pricing is a creative process.

Pricing is a creative process.

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Decoding CAPM

The capital asset pricing model (CAPM) is at the heart of modern financial theory. This is one reason modern finance is having a heart attack: CAPM is completely broken. But CAPM is like democracy, which Churchill described as the worst system of government, except for all the others. CAPM is the worst form of financial theory, except for all the others.

Whether you believe in CAPM or not, it is worth understanding.

The essence of CAPM is the idea that you should only invest in projects which yield a decent return. CAPM defines a decent return as the return you would get on a risk-free asset (such as a government bond) plus some more return for the extra risk you are taking on with your project. All of this makes perfect sense. Then you work the numbers in the model and the sense becomes nonsense.

Here is the formula for CAPM where the expected or required return is **Re**:

$$Re = Rf + \beta Rm$$

Watch how nonsense emerges from each term in the equation:

• Rf. The risk-free rate is decided by the return on government bonds. This assumes that they are risk free: you are 100 per cent guaranteed to get your money back. Ask people in Argentina how risk-free government bonds are. And in the era of QE (quantitative easing) the return on government yields was artificially supressed. In some cases, you could end up paying the government to take your money. This was a weird and wacky world which is not a sound foundation for financial theory. Add in the challenge of terms: the risk-free rate varies depending on whether you take one-, five-, ten- or twenty-year bonds as your reference point. Your risk-free rate is, today, somewhere between 2 and 5 per cent.

- Rm. This is the risk premium on the market. Investing in stocks is more risky (in theory) than investing in government bonds. Some firms like Apple make a fortune for their shareholders; others go bust. On average, investors should expect a higher return for investing in stocks than bonds. The risk premium is a measure of how much extra return to expect. Estimates of the risk premium vary from roughly 4 per cent to 8 per cent if you look at historical returns in the UK and the USA. These historical estimates are deeply flawed: if you looked at stocks worldwide the risk would be much higher, as anyone who invested in Russian or German stock markets before their wars and revolutions would attest. Finally, the historical risk premium is inferior to the forecast risk premium. Without going through the formula here, currently that would yield a forecast risk premium of about 2 per cent.
- β, or beta. This adjusts for the risk of your specific project. A project which gets your suppliers to cut prices by 10 per cent might have zero risk. A project to mine for the elixir of eternal life in Pixieland might make you fabulously rich, but carries much higher risk. You would need a much higher return. There are ways of assessing beta for investing in firms, based on looking at beta over one or five years. But there is no reliable way of assessing beta for an individual project. Your score for beta could be anything from 0.001 for the supplier price cuts through to 1,000 for your Pixieland eternal elixir project.

Now let's put all the terms of CAPM together and see the nonsense emerge:

- Rf: somewhere between 2 per cent and 5 per cent depending on where you work and the assumptions you make.
- Rm: somewhere between 2 per cent and 8 per cent.
- β: anything from 0.1 per cent to 10 per cent or more.

Plug those numbers into the formula and the required return on your project is somewhere between 2.2 per cent and 85 per cent. In other words, you may as well pluck a number out of the air.

CAPM is well worth understanding, but not using. Understand it because it is part of financial literacy for any leader. Avoid using it because it is unhelpful. In practice, each firm will have its own way of assessing the financial viability of projects such as ROI (return on investment) or

payback period. Your firm's method is certainly flawed in theory, but that misses the point: it works in practice. As a leader, work with what works in practice, not in theory.

CAPM is well worth understanding, but not using.

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Creating a vision

Creating a vision for teams

Visions are not just for mystics and chief executives. You do not have to be Martin Luther King and declare 'I have a dream' while standing on your desk. A vision for your team is much simpler: it is just a story in three parts:

- **1** This is where we are.
- **2** This is where we are going.
- **3** This is how we will get there.

Most of us can manage a simple story like that, on a good day. And if you want to make your vision motivational, you add a fourth element:

4 Here is your important role in helping us get there.

Note that the vision is not just about you. Make it relevant to each individual. People want to know they are doing something worthwhile, that their contribution is important and that success is possible. If your vision does these things, it will be powerful.

EXERCISE 34 Creating the team's vision

What is the 10-word vision for your department? How will you explain it to:

- your staff?
- other departments?

- management?
- customers?

Do you know what your boss's vision is and how you fit into it? What is your personal vision? How are you going to get there?

People want to know they are doing something worthwhile, that their contribution is important and that success is possible.

Creating a vision for the whole organization

When creating a vision, remember RUSSIA – it represents the six elements of a strong vision:

- **1 Relevant.** The vision should be relevant to the current context and challenges of the organization. It should also be made relevant to each stakeholder in the organization.
- **2** Unique. You could not (easily) substitute the name of any other organization into the vision: it is unique to the strengths and aspirations of your organization.
- **3** Stretching. The vision should be more than business as usual. It should have an element of stretch in it. This will help managers understand priorities and focus their efforts: it will help them understand what they should do and should not do.
- **4 Simple.** If a vision is not simple, it will not be remembered. And if no one remembers your vision, it is unlikely that they are going to be able to act on it.
- **5 Individualized.** Everyone in the organization should feel they have an important role to play in helping to achieve the mission.
- **6** Actionable. A vision that is not actionable is a pipe dream. You have to turn the idea into action. You need a clear goal and the means to achieve the goal.

A classic vision: NASA

John F Kennedy famously announced a mission 'to put a man on the moon and bring him back alive again, by the end of this decade'. This was the mission impossible that led to the creation of NASA. On 16 July 1969, mission impossible was accomplished.

Let's put the NASA vision to the RUSSIA test:

- 1 Relevant. This was about beating the Russians in space: the Russians had already put the first satellite into space (Sputnik) and the first cosmonaut (Yuri Gagarin). The United States was losing the Cold War in terms of technology, prestige and the race for the last frontier. It was a must-win hattle for the nation.
- **2 Unique**. It would be hard to claim that a moon landing was the vision for Procter & Gamble or Shell: it was a truly unique vision.
- 3 Stretching. At the time, no one knew if the vision was possible or if the technology could be developed: it was a huge stretch.
- 4 Simple. Everyone could remember it. The power of the vision was compelling: it galvanized political, financial and technical support. It kept NASA focused so that setbacks like some of the Gemini disasters did not destroy the programme. Then look at what happened when the vision was achieved: NASA lost its way. It may have a vision now, but not everyone knows it. It has had some successes (the Hubble telescope) but the setbacks tend to set it back a long way (the shuttle disaster).
- 5 Individualized. In a space mission, everyone's role is important. If the smallest detail goes wrong, disaster ensues, as the Challenger tragedy shows.
- **6 Actionable**. There was a clear goal and NASA created the means to achieve the goal. It was actionable and it was put into action.

Now compare your organization's vision with NASA's: does it have the RUSSIA values of NASA pre-1969 or post-1969?

EXERCISE 35 Creating the organization's vision

- Create a 10-word vision for Microsoft's shareholders and employees, for example. Create another 10-word vision for Microsoft's regulators and customers.
- Test your company's vision against the criteria above.
- Create a 10-word vision for your company, again looking at how it might alter for different stakeholder groups.

If a vision is not simple, it will not be remembered.

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Classical strategy

everyone thinks they know what strategy is, until you ask them. Then you find that everyone has a different definition of what strategy really means. In practice, the idea of strategy falls into two broad camps: the classical and the post-modern. This section discusses classical strategy, and post-modern strategy is discussed in the next section.

Classical strategy is deeply analytical, which suits the pointy heads in the main strategy consulting firms. They will analyse your market, customers and competition so that you can find a way of winning. At least, they will help you survive long enough to pay their fees. The patron saint of the analytical school is Michael Porter, who came up with the five forces approach to analysing the market. It is worth knowing this framework, because it gives a useful way of thinking about the competitive position and power of your firm:

- 1 Internal rivalry. This is about the power of your existing competition. Do they have a lower cost base, scale economies, better brands, higher market share, deeper pockets for a price war? Firms usually overrate themselves on this. A good test is to ask how your main competition would rate you on this factor.
- 2 New entrants. How secure are you from new entrants invading your space? Patents, regulation, strong branding, network effects, scale economies all make it harder for new entrants to break in.
- **3** Substitutes. This looks at how you define your market. Customers may think about going out to see a film in the evening, but decide instead to save some money and get a pizza delivered: pizza and cinema tickets are substitutes which compete with each other. Pepsi and Coke are clear internal rivals, but they are both competing for share of throat: so they are competing with other soft drinks, tea, coffee and water. They may choose to expand into all those categories.

- **4 Buyer power.** If you depend heavily on one or two major buyers, you will be squeezed. Suppliers to large retailers often find themselves in this bear hug. The retailer gives a supplier a big break, which lets them grow, the supplier then becomes dependent on the retailer who starts the big squeeze on prices and margins.
- **5** Supplier power. This is about your dependence on a supplier for key inputs, which may be technology or know how. For instance, franchisees are at the mercy of the franchisor for the existence of their business. They may thrive, but they do so on the franchisor's terms.

The Porter analysis shows how attractive your business is, at a high level. Further analysis will show how well positioned you are within your market. This is where the venerable BCG (Boston Consulting Group) Grid comes in. It compares the attractiveness of the market with your market position and makes predictions and prescriptions accordingly:

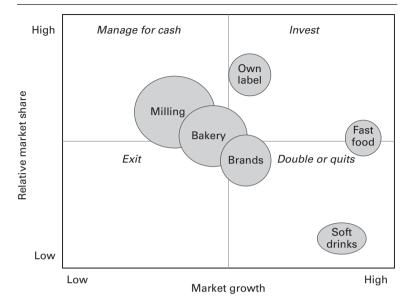
- Growing market/high share. Stars: great prospects, great business.
 Probably cash neutral: high investment required, but achieving high returns. Keep and grow.
- Growing market/low market share. Dilemmas: could have great prospects, but will require heavy investment to succeed. Double or quits strategy: invest or sell.
- Declining market/high share. Cash cows: poor long-term prospects; needs low investment, returns cash to help you invest elsewhere. Keep it and milk it for cash.
- Declining market/low share. Dogs: consuming cash, no prospects. Get out.

Even where you use conventional analysis, be ready to use unconventional insight. Figure 7 presents a classic portfolio analysis based on the BCG matrix.

A few challenges are immediately apparent:

- Most businesses cluster in the middle of the graph: they do not yield easy answers.
- It is not clear what is a separate business: milling supports baking which supports own label and brands: how separate are they?
- What really is the market share of the soft drinks business: is it share of all drinks from coffee to cola to water? Or is it just the direct competitors in each local market?





Reality is never as simple as it is presented at business school. Even if you succeed in pinning the businesses on the matrix, should you follow the normal prescriptions, which would imply:

- Managing the large milling and baking businesses for cash as their markets slowly decline.
- Investing heavily in the growing fast-food markets to secure the future.

That is probably the worst strategy possible. Everyone else in the industry was doing the same analysis and coming to the same conclusions. All the weaker millers and bakers just wanted to get out of the business: their operations were for sale at bargain prices – if you have deep experience in making milling and baking plants work well, that is a huge opportunity to consolidate the industry. Meanwhile everyone was desperate to expand their fast-food businesses and would pay a big premium to snap up any other fast-food business.

So the best strategy, which saved the firm, was to do the opposite of what the strategy framework suggested:

 Invest heavily in milling and baking, buy rivals at discount prices and optimize their plants. • Sell fast-foods business at a big premium, to release cash to invest in milling and baking.

You can analyse the past, but you cannot analyse the future. You can imagine the future and as a leader, or you can create the future. Over to you.

Classical strategy is important because it brings intellectual rigour to strategy, as opposed to relying on gut feeling. The problem is that the analysis is rarely clear cut, and the prescriptions may be unhelpful. Looking at the great business successes of the past 20 years, it is hard to find any which have been driven by traditional analysis. Every great start up does not start with a Porter analysis: it starts with a dream. These dreams often turn into nightmares for the incumbents who see their industries overturned by newcomers who break all the rules.

Clearly, there is another form of strategy which makes a difference.

EXERCISE 36 Conduct a Porter analysis

Conduct a Porter analysis on your business:

- What is the power of your existing competitors relative to you?
- Who are the new entrants and are they changing the rules of the game?
- How strong are your customers do you rely on a few or many?
- How strong are your suppliers do they control vital resources such as technology, intellectual property, access to finance?
- Are there any substitutes to your product or service which could make you irrelevant?

EXERCISE 37 Conduct a simple SWOT analysis

Conduct a simple analysis of your prospects: for you, your unit and your business. Do a SWOT analysis: strengths, weaknesses, opportunities and threats. It may be simple, but it is effective:

- What are the strengths of your business which you can build on?
- What are the weaknesses which hold you back?

- What are your main opportunities: markets, customers, technology, products, etc?
- What are the threats you face from competition, regulation and other changes?

Classical strategy is important because it brings intellectual rigour to strategy, as opposed to relying on gut feeling.

83 Post-modern strategy

Classical strategy works for incumbents in relatively stable industries. It does not help entrepreneurs much: the analysis would tell them that they have no chance of succeeding against well entrenched competition.

There is an alternative. Classical strategy is all about designing the solution. Post-modern strategy is all about discovering the solution, and breaking all the rules as you go along. Classical strategy works for incumbents and legacy firms; post-modern strategy works for new entrants and disrupters. Occasionally, legacy firms aspire to being post-modern: the effect is the same as watching Grandad going clubbing.

The patron saints of post-modern strategy are CK Prahalad and Gary Hamel, supported by people like Chan Kim. Where classical strategy appeals to the head, post-modern strategy appeals to the heart. The essence of post-modern strategy is to change the rules of the game so that they suit you. Some of the themes you will hear them talk about include:

- Strategic intent. Have a clear, outrageous ambition. This has been the hallmark of every tech start-up of this century: creating new global markets and upending established industries.
- Core competence. Slowly build the skills and capabilities which your competitors will find hard to copy. Examples include Honda, building expertise in engine technology, in which they can compete.
- White spaces/blue ocean/segment retreat. The best way to win a battle
 is without fighting: find areas where your competition is absent. The
 classic example is Canon developing small photocopiers to take on
 Xerox which dominated technology for the print room.

- Expeditionary marketing. This is the essence of post-modern strategy. You cannot tell what customers will want in the future: you have to discover it. The best way is to prototype like crazy and test the ideas in the market. Learn from the failures and withdraw them fast, invest heavily in the successes. The Japanese soft drinks industry is a frenzy of non-stop innovation.
- Value innovation/value curves. At its simplest, draw up a list of what your customers most want, then design your service around that, and eliminate all expense which does not add value. This harks back to the original concept of process re-engineering, which was very customer led. The classic example is Formule 1 hotels, which achieved very low price and high satisfaction by delivering only what guests want: a good bed in a quiet and clean room.

There is a reason why post-modern strategy works for innovators, not incumbents. New entrants can only succeed through asymmetric competition: they have to change the rules. This presents a challenge for incumbents: if they change the rules, they just cannibalize their own business.

Post-modern strategy is about changing the rules of the game in your favour. If you fight by the rules of a large incumbent, you will lose. Change the rules in your favour and you will discover that a great idea beats the dull weight of money every time.

Post-modern strategy is about changing the rules of the game in your favour.

84 Strategic discussions

At some point in your leadership career, you will need to engage in serious strategy discussions. At first, these discussions can seem very theoretical and remote from your day-to-day reality. But these discussions are vital: they will determine how the firm allocates its resources, where its priorities will be, what businesses it will be in and how it will compete effectively. You need to be at the table when the discussion happens, and you need to influence it well.

The art of strategy is as much about asking smart questions as it is about finding smart answers. Top strategy firms interview candidates using cases: they do not expect the interviewee to know all the right answers, but they do expect them to know all the right questions. You can only find the right answer if you know the right questions. Here is your guide to asking the right questions:

- Customers. Who are our customers? What is the value of the market? Is it growing or declining? What do they want? Are there different segments with different price/value expectations? How well do our offerings match their value expectations? What is our value proposition? Are there any under-served or ignored needs or customer types? Who are our most loyal customers and why? What can we learn from customers who switch to us or away from us?
- Competitors. Who are the existing competition and what are their relative strengths and weaknesses? What is our relative market share, and are we gaining or losing share? Why? Can we create barriers to entry through technology, scale, brands, other? Do we have a source of unfair advantage? How can we change the rules of the game to our advantage?

- Channels. How do we go to market? What are the cost and effectiveness of different channels: direct, distributors, wholesalers, etc? What alternatives exist?
- Financial. Where do we generate or use cash? Where are the profit sanctuaries of our competitors and can we wreck them? What are the economic drivers of our business: utilization, scale?
- Operational. How effective are we: do we deliver the right sort of value, or are we spending on things which customers do not need? How efficient are we, compared to competition and potential? Are we organized the right way: what are the things we need to do ourselves, and what can we outsource or offshore to partners who can do it better or cheaper? Do we have the capacity to learn, grow and innovate? What should we be innovating?

A good strategy discussion will start with the market and with the customer. If you do not understand your customer you will not know how to compete or how to survive. These questions need to be probing: do not assume that today's customers and today's needs will be tomorrow's customers and tomorrow's needs. In the words of Bill Gates: 'We tend to overestimate the amount of change that will happen in two years, but underestimate the amount of change which will happen in ten years.' But by the time you see the world is changing, you are too late. You have to anticipate change, not just react to it.

Do not assume that today's customers and today's needs will be tomorrow's customers and tomorrow's needs.

85 Competitive strategy

If you think your firm has a competitive advantage, move firms. Most competitive advantage is weak. Here are some classic forms of weak advantage:

- Price (which competition can copy in minutes), unless you have a
 fundamental cost advantage (scale economies, or a reworking of the
 value/cost trade-off). Price advantages can be copied, some cost
 advantages cannot be copied.
- Service. You may think you offer better service but what do your customers think and how easily can you be copied?
- New widgets. You design a great new product, but can it be patented?
 Is there anything to stop competition learning from your mistakes: can they introduce a better product on the back of your R&D and market effort?

Instead of competitive advantage, build a source of unfair advantage. The problem with a fair fight is that you might lose it. Only fight when you know you can win. We all believe in the rhetoric of markets and competition, provided we win. The most successful firms have a source of thoroughly unfair advantage:

- Oil and gas: access to the lowest-cost oil and gas fields.
- Pharma firms: patent protection for blockbuster drugs.
- LinkedIn, Facebook, SWIFT: network effects where the value of the service rises with its reach, making it very hard for new entrants.
- Natural monopolies: utililities like gas, water and electricity distribution
 are natural monopolies. There is not much point in trying to provide
 two sets of water mains to each house.

- Access to key resources: television sports rights are a unique resource which generate significant premiums (but supplier power means that the sport extracts most of the economic rent from this).
- Retailers: access to the best locations.
- Consumer goods: strong brands are unique and command a premium: Apple, Mercedes Benz, Ferregamo, for instance.

A simple (but not infallible) way of testing the strength of your competitive advantage is to look at your profitability. If you are earning the sorts of margins that drug barons dream of, then either you are a drug baron or you have a source of thoroughly unfair competitive advantage, which you can use to maximize your economic rents. If you have marginal profitability, the chances are that you have a weak competitive advantage. But at least you are unlikely to be a (successful) drug baron.

The problem with a fair fight is that you might lose it.

86

Understanding the customer

Why do people buy one product instead of another? If you understand this mystery, you are well on the way to success.

Buying is both a rational and an emotional decision. You need to tap into both sets of motives. You can think of why people buy at three levels:

- 1 Features. Every product has features such as price, size, components. Some people wax lyrical about double overhead camshafts on cars: they are a feature of cars from the ICE age (internal combustion engine). But most people do not buy on the basis of features, however exotic they may be.
- 2 Benefits, which appeal to the head. This is what the product or service will do for you. Economists would have you believe that we are rational beings who buy on explicit price/benefit trade-offs. But that does not explain why people buy apparently frivolous purchases like luxury cars, bags and clothes when cheaper alternatives do the same job.
- **3** Hopes and dreams, which appeal to the heart. What we buy and do is not just a rational choice: it defines what we do, who we are, how we see ourselves and how we want to be seen.

Effective marketing taps into all three levels. Overtly, you will always be selling to benefits: the features of your product give buyers a reason to believe that you really can deliver the claimed benefits. The most effective marketing hooks into a deeper sense of identity: people want to be associated with your product or service. See Table 10 for examples.

An extreme example is Fairy liquid, which is a popular and premium dishwashing liquid in the UK. It claims two distinct benefits: it lasts longer than rivals (so it is worth the premium) and it is gentle on the hands that wash the dishes. So far, so boring. But there is a curious feature of Fairy

	Features	Benefits	Hopes and dreams
4×4 off-road vehicle	High driving position. Large engine.	Good visibility. Goes anywhere.	Status. Be an adventurer.
Fitness monitor and watch	Heart rate monitor, GPS.	Tracks your exercise, rest and progress.	Be healthy, live long. Have bragging rights over friends.
Disposable nappies	Extra-absorbent layer. Cuffed legs.	Dry baby. No leaks.	Happy baby, happy mother.

Table 10 Features, benefits, hopes and dreams

liquid. Travelling around blue-collar estates, I noticed that about half the households had a bottle of Fairy liquid in the kitchen window, above the kitchen sink. If there was no Fairy liquid, there was no rival to be seen. What was going on? Fairy liquid overtly sells benefits. Implicitly it sells a hope and a dream: if you are house proud, you spend a bit extra and use Fairy Liquid. If you are not house proud, you use a cheap alternative. So for a few pennies extra, you can show all your neighbours that you are house proud. If even dishwashing liquid is selling a hope and a dream, then anything has a hope and a dream in it.

Marketing to hopes and dreams is not just about retail consumers. It also applies in the business-to-business world. Never forget that we are all heroes of our own life stories. Each buyer you deal with is their own hero, fighting their own heroic battles: you are a bit-part player who can help them remain a hero by helping them achieve their goals. You can also reverse this: the dark side of hopes and dreams is fears and nightmares. If they make the wrong decision, they will be seen as the office idiot. If you can be the safest alternative, then you can charge a real premium for that. No one gets fired for hiring McKinsey, and if their advice leads to ruin- at least you can claim you did all that was possible.

Finally, remember that not all customers are the same. Talk of the average customer is useless. The average human is 51 per cent female and has slightly less than two legs (some people have lost legs). That is 100 per cent useless information. Instead of looking at the average, look at different groups, or segments, of customers. If on average customers score your product 3 out of 5, that tells you nothing. If you then find some score it

zero out of five and others score it 5 out 5, that is very valuable. The people who love your product create a very valuable market for you, and you can ignore those who hate it because they will never buy it.

Talk of the average customer is useless.

87 Marketing strategy

Marketing and sales work hand in hand but are very different beasts. Marketing is about building brand awareness; positioning your products in the market place relative to customers, competitors and channels; defining a compelling consumer message and value proposition; developing advertising and media strategies to get your message to your target audience; it is normally long term and strategic. Selling is about the here and now: close the sale, generate immediate revenues, convert marketing potential into actual sales revenue.

Traditionally, there have been two sets of alliterations which describe the main elements of a marketing strategy:

- The four Ps: Product, Price, Promotion and Place.
- The three Cs: Customers, Channels and Competition.

Curiously, the four Ps make no mention of profits and the three Cs make no mention of costs. Those may be omissions which indicate why marketing executives often do not get the recognition or promotion which they believe they deserve.

These checklists are useful to make sure you are asking the right questions about your marketing strategy. You will note that the marketing strategy has heavy overlap with corporate strategy. For an individual line of business, a good strategy starts with the market.

The checklist raises the right questions, but the challenge is to find the right answers. Most discussions about marketing or corporate strategy are elaborate ways of justifying what we already do, plus or minus a bit. That is a fatal rut to fall into: you leave yourself open to competitors who are more innovative, work harder and are more creative.

This means that the strategy process is vital, not just the strategy questions. Here are three ways to keep the strategy process on track.

Defend what you have

Gaining new markets and new customers is risky and expensive. As a rule of thumb, it costs seven times as much to acquire a new customer as it does to sell to an existing customer. Existing customers buy more than new customers. Relentless focus on defending and building on what you have is vital: you can learn from existing customers about emerging needs, trends and competition; they give you economic scale and a strong reference base; they produce the profits which support all your new ideas, R&D and test markets. Before you let your team imagine a successful future, make sure they deliver a successful today.

Understand what customers really want

In theory, this is the world of market research. As ever, the answers you get depend on the questions you ask and how you ask them. Here is what to consider:

Quantitative surveys

Quantitative surveys will tell you how big the current market is, where the main opportunities are today, and what the major market trends have been in the past. But they do not open a window to the future. Also, beware the curse of averages. As noted before, on average, humans are 51 per cent female and have slightly less than two legs. Useless information. The real interest is often in the outliers: the heavy users and disloyal users. Understand them and you may gain real insight.

Qualitative research

Qualitative research is useful for insight, but carries two risks. First, the insight may not be representative of the market as a whole. Second, opinions are not the same as behaviours. Everyone agrees that healthy eating is a good thing; not everyone eats a healthy diet. What customers say and do may be quite different.

Behavioural research

Behavioural research is difficult, time consuming and expensive. You have to find ways of observing actual or potential customers using or buying your services or those of your competitors. But done well it will give you real insight into what customers need and value, how you compare and how you might improve in the future. At minimum, try being a mystery shopper of your own services. If airline crews had to endure the same airport misery of rubbish check-in, security, passport control and baggage retrieval as they inflict on their customers, then we would suddenly find that airport misery would be a thing of the past. When you insulate yourself from your customer experience, you have no idea what they go through, and you have no incentive to improve. Until a new competitor enters and puts you out of business.

Identify customers' future wants

Identify what customers will want in future. The customer may be right, but often does not know what they want. They cannot tell you what they will want in future. You need to get creative about imagining the future for your customers. Fortunately, there are ways of being creative even if your name is not Picasso. Here is how:

• Live or work with your customers as they use your services: see what they do, where they struggle and what they do not use. Re-engineer what you offer around what they need and strip out everything else. If they have a problem, find a way of solving it and you will be a hero.

- Talk to your heaviest users and to customers who deserted you. These
 outliers will give you great insights into what you do best and worst or
 not at all.
- Copy someone. This is the easiest way to innovate and see the future.
 Someone, somewhere, in a country far, far away is already creating the future. They are doing something highly innovative that works. Keep close to your customers and suppliers; keep listening and when you hear of a great idea, be ready to jump in and copy it (where this is legal...).
- Try something. The best way to find out what works is to try it. This is easier with some things than others. You cannot just 'try' a new nuclear power station or a new chip fabrication plant costing £20 billion or more. But you can quickly create prototypes and test new offerings online; you can quickly test market acceptance of new recipes for supermarket foods. Learn how to do this fast and at low cost so you can learn and innovate faster than anyone else.

The answers you get depend on the questions you ask.

Pricing strategy

any managers are weak at pricing management. They avoid raising prices where possible: the easy way out is to cut prices and keep customers happy. But you cannot cut your way to success. Success requires investment in products, services, people, marketing, channels and partners. You need price discipline to succeed.

Pricing discussions start in the wrong place: they start with price. Instead of starting with price, start with value. Your pricing power is determined by the value you add. The value equation is very simple:

Value = quality - cost

Using the value equation, both McDonald's and the Ritz provide value, but with very different price points and quality points. This means that when a manager resists a price increase, they are in effect saying that they have no confidence in the quality and value of what you are delivering. The solution may not be to reduce price, but to increase quality. Lowering prices is easy, but fatal:

- Price cuts are a zero-sum game: your competitors can cut prices on the same day you cut yours. So you gain no advantage.
- By cutting prices even for a promotional period you train your customers to expect lower prices and to hunt for bargains.
- You make your product or service a commodity and it becomes very hard to raise prices again.

Price cutting is the lazy way to ruin, normally. Start your price discussion by talking about quality and value, as seen from your customer's perspective. The need for lower prices is the same as the need for higher quality and value. Price reduction only makes sense competitively where:

 You are the lowest-cost producer and price reductions will force others out of the market.

- You need to build scale fast to achieve network economies: many online businesses have real network economies. Facebook or WhatsApp would not be of much use with just one user: the more users sign up, the more it becomes attractive to all users.
- You have strong economies of scale or have a steep learning curve to exploit: either way, you may reduce prices in anticipation of being able to reduce your costs, so that you squeeze competition.

Customer value may determine the ideal price target, but there are two other constraints on pricing:

- **1** Costs. If costs exceed price, you have a cost problem and a value problem.
- **2** Competition. The market will enforce price discipline at some point. If you are too greedy, you simply invite new competitors and strengthen existing competitors by allowing them to follow you in charging high prices.

Costs, customers and competition all impose pricing discipline. But in each case, the discussion should come back to value:

- Customers: are we adding enough value to justify raising prices?
- Costs: are we spending money which does not add value and do we need to invest more in where we can add value?
- Competition: how can we add more value and charge more than our competition?

Focusing on the value question produces better answers than focusing just on the price question.

EXERCISE 38 The value questions

- What is the value your customers get from your product or service?
- Are you offering any features which your customers do not value highly? Can you cut those features out and save money?

- What is the value you deliver compared to competition and substitutes, and at what price? Can we add more value and charge more than the competition?
- Are there incremental services which customers value and which cost us little to deliver?

Your pricing power is determined by the value you add.

Dealing with advertising

veryone thinks that they are an expert at advertising. We all see lots of advertising every day, and we know what we like and do not like. So we must be experts, right? Wrong.

Advertising is not about what we like or not. It is about what will persuade people who are not like us to change their behaviour, change their thinking and buy our products. If you know how to change the way strangers think you will not just understand advertising; you are a genius who will make a fortune in myriad ways.

At some point you may need to deal with an advertising agency, or at least with your marketing director. You will need to know how to have an intelligent discussion about advertising without reverting to 'I like this' and 'I don't like that': opinion is no substitute for insight.

Here are some simple and universal tests of good advertising:

- Does it meet our advertising brief (strategy)? (See the following section.)
- Is there a clear promise? What are we promising to the customer, and is
 it clear and simple? If we promise two things, that is one thing too
 many.
- Is it relevant? Does it deal with a real customer need?
- Is it credible? Does the advertising give people a reason to believe that we can deliver our promise?
- Is our product or service the hero of the advertising? If you have a celebrity to front your campaign, the danger is that everyone remembers the celebrity, not you. You tie your fate to that of the celebrity and you have to hope that the celebrity will avoid scandal.

- Is the advertising consistent with the character of our brand, product or service? If we want to be seen as exclusive or clinical and efficient, or friendly and helpful, does that character come across?
- Is it unique? If we substituted the name of our main competitor into the advertising, would it make sense? If it does, then we have not got a unique offer.

If you ask these questions relentlessly, you will not gain popularity but you will gain respect. Your marketing director and advertising agency may want to do something funky and creative which will win advertising awards. You do not need creativity: you need impact. You do not need to win industry awards, you need to win customers. Move beyond what you may like and focus on what works.

You do not need to win industry awards; you need to win customers.

The advertising brief

Clients get the advertising they deserve. If you find yourself wasting a fortune on pointless but creative advertising, don't blame your advertising agency. You commissioned them and you approved the garbage. So how do you avoid disaster?

To make the most of advertising and to direct your agency, you need a very clear advertising strategy. The good news is that this should be very short. The bad news is that it is far harder to be brief than long winded: being brief forces clear thinking and clear decisions.

An advertising strategy needs three short statements:

- **1** Benefit: What is the promise to our customers? What benefit or value will they gain from our service?
- **2** Reason why: Why should they believe that we can deliver on our promise?
- **3** Character: What is the character of our brand/product?

Table 11 illustrates how we can imagine the strategies for three detergents.

Here is why these strategies work:

- They focus on different types of customer: Fairy will work for new parents; Ariel might appeal more to parents with kids who go out and get dirty playing; Daz works for people who have plenty of white shirts which need to look smart.
- They are well differentiated: it would be hard to swap Ariel and Fairy.
 Ariel cannot claim to be really tough on stains and really gentle and mild. They are different ideas.

	Ariel	Daz	Fairy
Benefit	Removes toughest stains.	Keeps white clothes whiter.	Mild and safe.
Reason why	Biological formula.	It has a special blue whitener.	No harmful stuff in it.
Character	Scientific, advanced, reliable.	Cheap, cheery and friendly.	Caring.

Table 11 Benefit, reason why, character

- They work at the level of features, benefits, hopes and dreams. The features correspond roughly to the 'reason why' statement; the benefits statement explains itself; the character statement is the chance to explore hopes and dreams.
- They are all very simple, which forces clarity in advertising and communication.
- They give you a very clear brief against which to judge the relevance of any advertising ideas which are presented to you.

Achieving this level of simplicity and clarity is remarkably hard. But it is an investment which is well worth making: it will sharpen your advertising and marketing.

The advertising brief is your gateway to a sensible discussion with your advertising agency about both advertising and branding. When you have a clear brief about what the brand and the advertising are meant to achieve, then you can have a rational discussion about what works and what does not. Without a clear brief, you enter the realm of personal opinion, which simply leads to empty debate.

Clients get the advertising they deserve.

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Part Ten The 21st-century challenge

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Leading global teams

Leading a diverse workforce

Back to the future: Timeless lessons in leadership

Why leadership is different in the 21st century

eadership is going through a revolution in the 21st century. But technology is not the culprit. The technology revolution has been with us for over two hundred years. Leaders have had to deal with changing technology since the start of the Industrial Revolution. And leaders do not lead technology: they lead people. The real revolution is about the changing relationship between leaders and followers.

A short history of leadership will show why leadership is changing in the 21st century.

Before the 19th century, leadership was enshrined in the 'Great Man' (nearly always men, then) of history which held that history was shaped and changed by great men doing great things. This was always a suspect theory, but it was very popular.

The 19th century brought the Industrial Revolution and the need to organize armies of low-skilled workers to produce goods. It was a world where the bosses had the brains and the workers had the hands. This world was epitomized by Scientific Management and the time and motion man who told the workers what to do and how to do it. The key qualification for a leader was to be a brain on sticks: bosses needed to have higher IQ than their followers.

The 20th century saw a revolution for leaders, but not of the sort that Marx predicted. Instead of revolting, the workers became educated. This presented leaders with problems, as well as opportunities. Workers could do more, but they demanded more. They could no longer be treated as unreliable machines: they had to be treated as human beings. To get the

most out of humans you need to treat them with respect, motivate them, train them and support them as appropriate. That meant that leaders had to learn a whole new set of skills which eventually became known as EQ or Emotional Quotient.

In the 21st century, things have changed again for leaders. You can find plenty of smart (high IQ) and nice (high EQ) people who languish in the backwaters of the firm. They are used as doormats on the path to power by people who are not so nice or so smart. So clearly, something is missing in the success formula for 21st-century leaders.

The essential change is about control. In the 20th century, the job of the manager was to make things happen through people he controlled (in the 20th century it was nearly always 'he'). In the 21st century, the job of the manager is to make things happen through people she does not control, or through people who do not want to be controlled. There are five main reasons for the loss of control:

- 1 Staff are becoming harder to control. Standard operating procedure for professionals is that they believe all management is a wasteful overhead, and that they could do the job of their boss better than their boss. They really do not want to be managed. And now they have more freedom: if they do not like the way you manage, they can normally find their way to another boss or another firm.
- 2 Firms are becoming more focused. Firms used to be like medieval walled cities which contained all they needed to sustain themselves. But outsourcing means that leaders increasingly rely on suppliers and customers to help them achieve their ends: these are not people you can simply tell what to do.
- **3** Globalization means that you rely on people within and beyond the firm to make decisions for you while you sleep. You cannot see them, you may not speak their language and they have different needs and priorities. Somehow, you need to find a way of making sure they work for you effectively.
- 4 Flat organizations means the end of command and control. In a matrix, you need the support of your peers in other departments to make things happen, but they have different priorities and needs. Your real competition is not in the marketplace but sitting at a hot desk near you competing for the same small pot of the organization's resources.

5 WFH (working from home) has accelerated the control challenge. It is easy to control your team when you can see them all day: you can spot the strugglers and stragglers with ease. It is much harder to control people when you cannot see them all day and you have no way of knowing what they are doing or how they are doing it.

Raw power from virtue of your position is no longer enough. You have to find ways of influencing people and decisions over whom you have no direct control. You have to align agendas and manage conflicts. We can call these skills PQ or political quotient skills. PQ is about making the organization you work for, work for you. It is about having influence even when you do not have formal power.

The challenge of 21st-century leadership is greater than ever. Successful leaders need three main skills sets:

- IQ: ideas. See solutions and drive to action in complex and ambiguous situations. The traditional role of the manager was to transmit orders downwards and information upwards. That is not enough: now you have to take responsibility and make decisions.
- EQ: people. Become the boss people want to work for, not the boss they have to work for: know how to motivate, direct, performance manage, develop and support your staff well.
- PQ: organization. Make the organization work for you when you lack formal power: influence people, ideas, agendas and decisions; know how to get things done without formal authority; build alliances and manage conflicts.

All of this is very good news for leaders: it means that good leaders are unlikely to be replaced by AI any time soon. If the leadership challenge was as simple as Go or chess, leaders would have a limited shelf life. But leadership is complex, uncertain, volatile and ambiguous. Enjoy the ride.

Your real competition is not in the marketplace but sitting at a hot desk near you.

What's the point of a manager in the 21st century? The change challenge

hat's the point of a manager? In the past, the answer was obvious: managers passed orders down the hierarchy and information back up it. They were meant to be the brains that could solve any problems which arose. That role has gone the way of the bowler hat and furled umbrellas and has been consigned to history.

Your role as a manager is being challenged by two fundamental changes to the nature of work:

- The rise of the professional, which means that you probably manage people who think that management is a worthless overhead and that they could do your job better than you anyway.
- The rise of AI, which means that many of the old routine tasks of management are no longer relevant. Information was liberated long ago by the rise of the PC; now AI threatens to remove the simpler tasks of management which involve pattern recognition.

Some of the most vital work of managers has dubious value. Performance management is central to the work of managers, and yet a McKinsey survey found that 54 per cent of CEOs thought their appraisal system did not help performance or identify talent correctly. As little as 5 per cent of

employees trust the evaluation process; presumably that is the 5 per cent that gets the highest rankings. In this new world, many managers confuse activity with achievement. They make themselves busy with emails, meetings and reporting: that is all activity which may or may not have any value. Instead of activity, your starting point should be to focus on achievement. Ask yourself one question: 'How will I make a difference this year?' To make it even sharper: 'How will my colleagues and bosses remember me this year?' In practice, managers matter more than ever. You can help your team by:

- 1 Making sure that they are working on the right things with clear direction: ambiguity and changes of direction are nightmares for any professional. Focus on achievement, not just activity: make your team productive, not just busy.
- **2** Ensuring that they have the resources and support they need to succeed, which means fighting battles for them.
- **3** Identifying how you and your team will make a difference, as opposed to simply sustaining business as usual (which is hard enough in itself).
- **4** Being an iron umbrella that shields the team from all the nonsense, unreasonable demands, urgent and bespoke reporting requests that flow from on high.
- **5** Building the right team by making sure you are the boss people want to work for, not the one they have to work for.
- **6** Creating the conditions where your team will maintain their intrinsic motivation: positive relationships, high autonomy, growth and a sense of purpose.
- **7** Coaching and supporting your team when they need it, not when you decide to interfere.

These are different managerial skills from a generation ago, and no one teaches them: you have to learn them yourself. It is a new and better world than before, so make the most of it even if will not be thanked for any of this thankless work.

Resilience and the 21st-century leadership marathon

eadership has always required some form of resilience. The nature of the challenge is changing in the 21st century.

In the past, resilience was about endurance. Long hours and hard work were standard practice. But now manual work is being replaced by office work, and average working hours have reduced from 2,500 hours to 1,700 hours a year on average. So, if work is shorter and less arduous than in the past, why do we need resilience more than ever?

In the 21st century we have swapped certainty and security for freedom and insecurity. In the past, you might join a firm as a young trainee and then leave as grizzled veteran 50 years later with a carriage clock and a pension. Now, average employee tenure with a firm is just five years. For new graduates and employees in large tech firms like Google, tenure is under two years.

Even within the firm, conformity and certainty has been replaced by uncertainty, freedom and increased accountability. You cannot reactively wait to be told what to do. You have to proactively make things happen in a complex, changing and ambiguous world. In the past when you left the office, you left work: now work follows you 24/7.

Twenty-first century resilience is not about endurance, it is about learning to thrive amidst volatility, uncertainty, complexity and ambiguity. Research shows that the most resilient leaders have similar habits of mind, all of which anyone can learn. Here are ten the top habits of resilient leaders:

- **1** Optimism. Optimists live longer and do better. They see solutions where others see problems, they believe they can succeed, and they can.
- **2 Reach out.** Build a network of supportive relationships within and beyond work, because you cannot succeed alone.
- **3** Stay mindful. Make good choices not just about what you do, but also about how you feel. If you are angry and upset, that is your choice. Simply knowing that you can choose how you feel is liberating, and it is the first step to controlling how you feel.
- **4** Recharge your batteries. You cannot operate at 100 per cent all the time. Like all top sports people, top performance means you need time to recover every day, every week and every year. Rest time is not a luxury, it is a necessity for sustaining high performance.
- **5** Believe in yourself. If you don't believe in yourself, no one else will. In a world where formal authority is breaking down, believe that you can influence people, decisions and events outside your formal area of control.
- **6** Be kind to yourself. We can be our own worst critics in our internal chatter. Instead of beating yourself up, ask yourself 'What would my best friend/mum tell me now?'
- 7 Find your purpose. Climbing a mountain or competing in the Olympics are obvious goals for which people make great sacrifices. Find meaning in what you do, which often comes from understanding the difference you make to other people. Your work may be shuffling paper and going to meetings, but the end effect is that someone, somewhere gets a better product or service which improves their life. Know how you make a difference in the world.
- **8** Keep on learning. The skills you have today are not the skills you will need in ten years' time. To be skilful at anything takes time, deliberate practice and relevant experience. Keep pushing yourself into situations where you can learn and grow the skills you will need for your future.
- **9** Lean into adversity. Adversity is where we learn fastest. Emotional pain is like physical pain: it is a very useful signal that something is wrong. Accept that you will not always feel 100 per cent, and then use such moments to learn about what you can change and improve.

10 Find your sanctuary. Great explorers rarely make great double-glazing salespeople and vice versa. Success is always contextual: you have to find the firm, the boss and the projects where you can thrive because no one else will find them for you.

We have swapped certainty and security for freedom and insecurity.

If you don't believe in yourself, no one else will.

Leading hybrid teams

The hybrid work revolution is here to stay, and it is fundamentally a leadership challenge. It is forcing leaders to raise their skills and change their skills. As a result, it will create winners and losers. The winners will be those who change and rise to the challenge, the losers will be those that stick to their old way of doing things.

The move to WFH (working from home) has revealed two essential truths about leading and managing in the office:

The office is very forgiving of mediocre management. If you mis-speak or make a mistake in the office, you know all about it in real time: you get instant feedback, and you can adjust quickly. Office based management can afford to be very ad hoc. Remote working is much less forgiving. If you mis-speak you may not even realize until you meet again 24 hours later, by which time your words have been misinterpreted and you have a minor crisis on your hands. All the basic tasks of management are much harder when you cannot see your team: workload management, delegation, performance management and team building, for instance. The first person to figure out how to motivate by email will make a fortune: it is a fortune which is unlikely to be made. Because everything is harder when you manage remotely, you have to raise your core skills and do everything better. You have to be far more purposeful and deliberate in all that you do.

The office was a paradise for control freaks. Leaders could interfere help at will by simply walking across the office floor. When working remotely, you have to trust that your team is doing the right thing and that they are not practising the banjo. Trust is an alien concept to traditional command and control managers. In place of command and control, you need to focus on a different skill set to manage a remote team: building

trust, using persuasion and influence, building commitment not just compliance. These are 21st-century management skills which the WFH revolution has simply reinforced.

These are the two leadership challenges which are forcing leaders to raise their skills and change their skills. In addition, WFH brings about five structural challenges which change the nature of work. Leaders need to deal with each challenge:

- 1 Staff loyalty and the war for talent. Firms have spent decades demanding passion and loyalty from their employees, which lasts right up to the day the firm decides to restructure, again. WFH has weakened the social bonds that hold teams together, and bind teams to the firm. As firms discover that WFH means work from anywhere, they will realize that means that they can hire from anywhere. We will see more routine work outsourced around the world (so much for the firm's loyalty to you) while high value collaborative work will remain in high value city centres. As a leader, you can now access the best skills at the best price anywhere in the world if you are prepared to go fully remote. But equally, the best skills will be prepared to work anywhere they want. The war for talent is only going to become more intense. You have to become the leader people want to work with, not the leader that they have to work with.
- **2** *Purpose of work*. Working from home has made many people question why they work. The 'great resignation' is a sign that many people have realized that there is more to life than commuting and working for a boss you may not respect. There is more to life than helping anonymous shareholders get fractionally richer. The highly skilled will have choices; the averagely skilled will find that they are competing with even lower cost, hard working staff from around the world. Within the office, relationships and the structure of work often give meaning and purpose to staff. WFH, you have to show how work can be made meaningful to each team member.
- **3** Sex discrimination. All the evidence shows that men want to go back to the office more than women. That should not matter, except that hybrid work is not a level playing field. If everyone is either remote or in the office, then everyone has equal access to the information flow of the firm. But if some people are in the office more than others, then office based staff will have better access to the informal information flows and gossip of the office: they can spot when the death star projects are

- looming, or when an attractive new initiative is starting and they can position themselves accordingly. Office based staff are likely to be promoted faster than remote staff, and if more men are in the office then slowly old patterns of discrimination will be reinforced.
- **4** Return to the office. Hybrid work has started a classic war between capital and labour and between employers and employees. Capital and employers want staff back in the office more, employees have found that they prefer working from home. There are three broad solutions to this emerging war:
 - a) Dictate the solution: mandate when staff must be in the office. Firms which do this will win the battle because they can force people into the office. But they will lose the war, because the best staff who have choices will slowly migrate to employers who are more flexible.
 - b) Allow a democratic free for all in the return to the office, which results in chaos: the wrong people are in at the wrong times in the wrong parts of the building. If you want people to collaborate face to face, you have to make sure the right people are in the right place to collaborate at the right time. Chaos is not a good substitute for planning.
 - c) Let your team decide when they should all be in the office for collaborative work, team building, mentoring etc. They will then own the solution and keep to it. Often, they will come up with a more demanding solution than you would dare to impose yourself.
- **5** Working hours are a minefield. The office created natural boundaries to the working day. WFH means that there are no boundaries. You have to create boundaries so that your team does not burn out and drop out. The solution is the same as the return to the office solution: let your team come up with a solution which works for them collectively.

The hybrid work revolution is a work in progress. The definitive hand-book on how to manage in a hybrid world has not yet been written and probably will never be written: the needs and solutions for each team and workplace vary dramatically. This is a wonderful opportunity for you as a leader to innovate, and to discover new and better ways to work. Success will not go to those who follow the rules, because the rules are not settled. Success will go to those who create the rules.

95 Managing change

The pace of change is as great as ever: managing change is a core leadership skill for the 21st century. Real change is not about managing projects. It is about managing people, which makes it far harder and far more rewarding.

Are you ready to change?

Most sane people do not like change. Change involves hard work and risk:

- Will I still have a job after the change?
- Who will my boss be?
- Will I need new skills?
- Will I succeed?

When you hear people object to change, you will hear very rational arguments against change. Listen behind the rational arguments and you will hear emotional fears and political objections to what you propose. Worst of all, you will hear the overwhelming silence of apathy: doing precisely nothing is the best way to defeat change.

The first test is to know if your organization is ready to change. Use the change equation to figure this out. Here it is in all its spurious mathematical accuracy. Change succeeds when:

$$N \times V \times C \times F > R$$

EXERCISE 39 Is your organization ready for change?

Use the change equation to see how ready your team is for change:

N = need for change

How much pain and threat do people experience with the way things are at the moment?

V = vision of the end result

Does the team see the benefits of change?

C = capability and credibility

Does the team have the capability to change, and do you have a successful track record of change?

F = first steps

Are there some practical first steps that build momentum, achieve some early wins and build confidence?

R = risks and costs of change

How large are the personal, political and financial risks and costs of the change?

Repeat this exercise for each individual to see how ready he or she is to change and repeat it for the organization as a whole.

Most sane people do not like change.

The cycle of change

Change rarely runs smoothly. The initial burst of enthusiasm gets submerged in the trench warfare of detail, opposition and setbacks. You cannot eliminate these challenges. But you can at least set expectations so that no one is surprised by what happens.

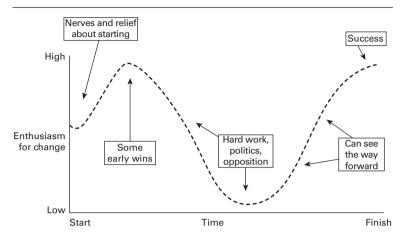


Figure 8 Change and the valley of death

The change cycle normally follows the pattern shown in Figure 8:

- Stage 1: The enthusiasm of an early start with some early wins.
- Stage 2: The fall into despair as the challenges and opposition mount.
- Stage 3: The valley of death. This is where it seems that things cannot get worse. This stage can be good news: the opposition shows that people are engaging in the change and discovering its scale and importance. At this stage, the true leaders emerge, future-focused, solution-focused and action-focused, while everyone else is wallowing in a slough of despond.
- Stage 4: The roller coaster moves back up as everyone else starts to see that success is possible. Enthusiasm builds the closer everyone gets to the finish line.

EXERCISE 40 Leading through the valley of death

In the valley of death, the leader focuses on solutions and actions, while everyone else is indulging in an orgy of doubt:

 Step 1: Write down on a piece of paper all the rational, political and emotional objections to your next change programme.

- Step 2: Throw away the piece of paper.
- Step 3: What are you going to do to make the change happen, solve the problems and bring the objectors on board (or isolate them)?

Remember, people reach levels of readiness for change at different times. Helping people adjust to change takes time.

The leader focuses on solutions and actions, while everyone else is indulging in an orgy of doubt.

96 Setting goals for success

Setting goals is management 101. It is so basic, everyone should know how to do it. But not only is it hard, it is getting harder as the world becomes more global. Research on global teams shows that poor goal setting is one of the top five gripes that teams have about their work. So why is goal setting so hard and so poorly done?

In practice, setting the goal is the easy work. The hard work is in getting the goal understood and accepted, and in building commitment to achieving the goal. Here is what you can do about it.

- Make sure your goals are SMART. Good goals are Specific, Measurable, Actionable (or Assignable), Relevant (or Realistic) and Time Bound. These are basic 20th-century goal-setting disciplines. But setting goals which create commitment is the 21st-century challenge and requires another skill set.
- Be clear about the why as well as the what. In coming to a decision, you will have thought through many options and worked out why some work and others fail. You will have internalized all this detailed and complicated thinking. You will be very clear in your own mind about why you are making this decision. For better or for worse, your colleagues are not mind readers. They will not know how you have come to your decision, and a 60-minute presentation will not capture all your thinking and discussions over the previous six months. The only way they will really understand your thinking is by involving them in your thinking as you make your decision. This may slow you down initially, but it makes implementation faster and better. This is especially hard if your team is WFH. Failing to consult with a team you cannot

see is an easy trap to fall into. Investing time to talk with each relevant stakeholder early pays big dividends later in terms of commitment, buy-in and understanding.

- Build buy-in before setting the goal, not afterwards. Leaders often hope
 to build buy-in to a decision after they have made it. They may gain
 compliance, but they will not get commitment. It is hard to feel
 committed to a course of action over which you have no say, no control
 and no influence. Building commitment has to happen before the event,
 not after it.
- Understand the implications of what you are asking for. A goal which looks reasonable in London may look insane in Tokyo and vice versa. At the top of the mountain it is easy to set goals without fully understanding what it demands of people at the bottom of the mountain. This means you need to talk to everyone who you will rely on for achieving your goal, before you set the goal. As you talk to them you will not only understand the implications of what you are asking for, you will also build buy-in and help them understand the how and why of your goal.

The lazy way to set goals is the 20th-century way: set the goal top down and then broadcast it and impose it on the firm. Goal setting in the 21st century is not just an intellectual exercise. It is a political exercise in building consensus and commitment. If you want to set your goal up for success, invest time and effort in building buy-in before setting the goal, not afterwards.

Your colleagues are not mind readers.

The global leadership challenge

eadership used to be a local affair. You had to lead people you could see. In the 21st century it is hard to become a leader without becoming a global leader. In the last 100 years global trade values have increased forty fold in real terms. Global trade now represents 25 per cent of global GDP. Most of this global trade is not between firms: it is within firms and their integrated supply chains. Globalization is coming into your firm, into your office and into your career.

Leading people you cannot see and who are not like you requires not just a new skill set: it requires a new mindset. Not everyone has this mindset. Experience shows that up to 50 per cent of expatriates fail. This is not because they lack the skills; it is because they lack the values and mindset required to succeed. Here are the five mindsets of the best global team leaders and members:

- Curiosity. If you are not curious about a different culture, you will
 never learn about it or understand it. You do not have to like the local
 food, local music and local films but you should at least want to try all
 these things. This personal curiosity is normally linked to a professional
 desire to learn and grow.
- Adaptability. Curiosity is the gateway to adaptability. You may find
 that local ways of working are as good as, or even better than, than the
 ways you are used to. At minimum, local ways may work best in the
 local context. If you come from head office with a fixed mindset of 'my
 way or no way' then you will struggle. Be prepared to learn and adapt.

- Professional regard. Misunderstandings are endemic on global teams. This can quickly lead to loss of trust and a collapse in teamwork and performance which feeds even further loss of trust. It is a vicious circle. Professional regard assumes that your global colleagues are professional (competent) and are working in the firm's best interests. It follows that any misunderstandings are just that: they are misunderstandings, not an excuse for an inquest and an inquisition.
- Listening. The best leaders, salespeople and team members share a common characteristic: they have two ears and one mouth. And they use them in that proportion. They listen twice as much as they speak. There are two tests of good listening:
 - Can you paraphrase back to the speaker what they just said? This is a really good way of checking for understanding and showing respect.
 - Can you hear what has not been said? As the Japanese put it: can you read the air?
- Flexibility. Ambiguity, uncertainty, complexity and crises happen on all teams. They are more frequent and acute on global teams. The best team members are flexible in the face of uncertainty and ambiguity, and they are ready to step up at moments of crisis. Not everything can be captured in an operating manual: the real test happens when you have to leave the book behind and start using your experience to lead the way.

Finally, native English speakers need to remember that they are often the worst communicators on a global team for two reasons:

- Native English speakers take a disproportionate share of voice in any team meeting. They speak more than they listen
- Native English speakers are difficult to understand. They tend to use long words, long sentences and use cultural references which are lost on a global audience. 'Globish' is a form of global English based on just 1,500 words. If you want to be understood, keep it short and simple.

The good news is that if you can manage a global team, you can manage any team. A global team has all the challenges of a remote team working from home, but on steroids. In addition to the challenges of managing people you cannot see, you have to manage the challenges of language, culture and time zones. If you work globally and manage globally you will find yourself living life with the record button on, and in full Technicolor: it will be rewarding, challenging and memorable in equal parts.

Globalization is coming into your firm, into your office and into your career.

The best leaders, salespeople and team members share a common characteristic: they have two ears and one mouth.

And they use them in that proportion.

Leading global teams

conducted five years of research on how global teams work. Here is the three-word summary of five years' work: *everything is harder* on a global team. If you can lead a global team, you can lead any team. On a global team you cannot see the people you manage: you cannot see who is overstretched and who is coasting; you cannot tell who is engaged and who is not; you cannot correct small misunderstandings in real time, so they quickly escalate out of control; you cannot speak their language so you never really understand them. You have to trust them to make good decisions while you sleep.

Everything really is harder on a global team: setting goals, delegating, managing performance, managing projects and progress, motivating and developing the team, making decisions, sharing updates, having meetings, communicating, dealing with setbacks and crises are all made far harder when you manage a team in a different language, culture and time zone. That is why managing a global team is a brilliant development opportunity for any aspiring leader: it forces you to raise your game in every way.

Two challenges repeatedly came top of the list for every global team I worked with and researched: trust and communications. If you can build trust and communicate well, then everything else falls into place. If the trust is not there and the communication is poor, then nothing will save you.

Building trust on a global team

In a previous chapter, we looked at the trust equation, which is:

$$T = (V \times C)/R$$

This works on global teams but is inevitably harder than on a local team.

t = trust

- a=values alignment. You have to find common values and build a common agenda and common purpose on your team. You cannot build trust by email and conference call. The best way to build trust is face to face. Find an excuse to have a global retreat: the business agenda is less important than the social agenda. Make sure everyone gets to know each other. As trust builds, so the quality of communication and understanding will grow.
- c=credibility. This is about doing what you say. 'Doing' means you need high performers on the team: the skills bar is higher when you are playing in a global talent pool. 'Saying' is where things break down. What is said and what is heard is often different, even between two colleagues talking face to face. The chances of misunderstanding are far greater on a global team. Over invest in checking for understanding, both on your side and theirs.
- r=risk, which is high because global teams tend to do important things. You are mutually dependent on and vulnerable to your global colleagues. Both sides have to trust that the other side will support them on key decisions, will represent their interests and will be open about what is really going on. Reduce risk by cutting large jobs into small chunks which are easy to manage, understand and correct.

Communicating well on a global team

On a global team it is possible to communicate 24/7 and achieve nothing. Email, especially, is a plague because it is 24/7 and it is always open to misinterpretation and misunderstanding. Email is good for transactional messages (fixing a meeting, for instance) but it is useless for building trust.

There are three keys to good communication on a global team:

Establish clear rhythms and routines for communicating. If you send an
email at 9 am you might expect a response the same day, unless the
person you are emailing is at 10 pm when you are at 9 am. Set
boundaries on when communications will happen and when responses
can be expected.

- Build trust first. If there is trust, then you are more likely to understand
 each other. If there is no trust, then communication becomes about
 building an evidence trail to protect yourself when things go wrong.
 Communication should be about making things go right.
- Good communication is about listening, not talking. If you are not being understood, do not shout louder and keep repeating yourself.
 The chances are that you understand them as little as they understand you. So, shut up and listen. Instead of making statements, ask questions.
 Only when you understand them can they understand you.

Good communication is about listening, not talking.

Leading a diverse workforce

any firms preach diversity but practise conformity. The same firm which prides itself on its diversity also proudly advertises that it is a 'one firm firm': that means everyone subscribes to the same set of values. So you can be any race, colour, gender, creed or sexuality as long as you think exactly the same way as everyone else and have exactly the same set of values: these are often American values. Diversity of appearances gives way to conformity of thinking. That is not diverse in any meaningful sense.

The diversity challenge really hits home when you look at top management. Many firms which have global reach are not truly global because they operate a pyramid of passports. At the top of the pyramid you will find passports from the home nation of the global firm. French firms have French people at the top; Japanese firms have Japanese people at the top and American firms have Americans at the top. The next tier down is often occupied by Europeans and the Anglo-Saxon world. At the bottom of the pyramid are locals from developing countries who do the dirty, dull or dangerous work. That is neither global nor diverse.

In practice, we all like to deal with people who are like ourselves because it is easier to decode what they really mean. Conformity leads to efficient communication but ineffective decision making. We may understand each other easily, but ignoring different perspectives impairs original thinking and ignores valuable insights. Efficiency and effectiveness pull in opposite directions.

The leadership challenge is to achieve efficient communication (requiring conformity of thinking) and effective decision making (requiring diversity of thinking). This is very much a 21st-century leadership challenge. In the past, global firms could operate on an empire model where the home nation ran the global business with home nation talent at the top, and

home nation middle management fanning out across the world in expat roles. But global competition is no longer just about market share: it is a war for global talent. If you restrict your talent pool to one nation, you will lose out on both talent and cost to more truly global firms. As education, and talent, improves globally the need to attract the best talent at the best price globally becomes more important.

Top global talent does not want to join a firm which operates a pyramid of passports: why join a firm where you will be excluded from the top roles? So, diversity starts at the top by bringing in top talent from around the world to the top of the firm. That sends a powerful signal that you are open for business to the best in the world.

Once you have a diverse, global team the problems of miscommunication and misunderstanding start. Here are three things you should do to ensure effective communications across a diverse team:

- Build trust. Organize global team meetings where socializing is as important as the business agenda. Trust is built face to face and through shared experiences.
- Listen more than you talk. It is as important to understand as it is to be understood. You cannot understand someone if you are talking at them all the time.
- Build professional regard as a core team value. Professional regard assumes that your colleagues are competent and have the best interests of the team at heart. This means that when things go wrong, as they will, you will assume the best of your colleagues. You will not assume that they are incompetent or malign, but that there has been misunderstanding which you can jointly address.

Many firms preach diversity but practise conformity.

100 Back to the future: timeless lessons in leadership

Although the 21st century is different for leaders, some eternal truths remain. To discover the timeless lessons of leadership I have, over 20 years, spent more time than is wise with tribal societies around the world to discover how they are led and how they survive. These traditional societies have survived for far longer, with far fewer resources and in far harsher conditions than most modern firms. The survival rate for a top firm in the FTSE 100 or the S&P 500 is under 20 years on average: a tribe which only survives 20 years is not a successful tribe. And tribal societies do not have the benefit of consultants, bankers, accountants, lawyers, MBAs, social media and cappuccino machines. So maybe, just maybe, we can learn from them.

Here are six of the best lessons we can learn from traditional societies:

1 Change or die

Some tribes change because they want to gain access to luxuries like mobile phones and motorbikes. Many more change because they have to: war, famine, disease and change force tribes to change. If they do not change, they die. The same is true of firms and leaders. Firms which do not change go out of business, which is why the survival rate in the S&P 500

is so low. Leaders who do not change and adapt find that they are spending more time with their family than they expected.

2 Leadership is about how you are, not just what you do

Tribal leaders do not have MBAs. What they lack in skills, they make up for in values. Three values are most common:

- Courage. Not just physical courage, but the courage to make the difficult decision, to resolve disputes and have the awkward conversation.
- Contribution. Leaders are expected to give to the community, not take from it. A focus on what you contribute gives meaning and purpose to what you do. A focus on what you take puts you on the hedonic treadmill to nowhere: the more you earn, the more you want.
- Responsibility. Take responsibility for setbacks as well as successes; take responsibility for how you feel, how you act and how you affect others.

Think back on all the leaders and teachers you have experienced. The chances are that you will remember them more for how they are than for what they did. That is how you will be remembered as well. Choose well.

3 Respect for the community

Tribes are shocked by the idea of respect for the individual. That implies selfishness, division and loss of community. In a tribe, the survival of the individual depends on the survival of the tribe. Survival is a collective effort. As a result, everyone goes to great lengths to show that they deserve to belong, which is why gruesome initiation rites become important. As individuals, we all need supportive relationships to survive the career marathon. These supportive relationships do not come pre-packed with the tribe or firm you join. You have to build these relationships within and beyond work.

4 Know when to fight

Intuitively, tribes follow Sun Tzu's three rules of warfare:

- 1 Only fight when there is a prize worth fighting for.
- **2** Only fight when there is no other way of achieving your goal.
- 3 Only fight when you know you will win: the best fight is an unfair fight.

Most corporate battles fail at least one and often all three of these rules.

5 Decisions are about action

Tribes are slow to decide, fast to act. Once a decision is made, everyone is committed and they move to action. There is no passive resistance or sabotaging of the decision after the event. Tribes build commitment by making decisions through consensus, not through diktat of the chief. Many hours may be spent beneath a tree debating options and hearing points of view. Everyone has a chance to be heard. By the time they reach a consensus, everyone understands why a decision has been made and what they need to do next: there is no need for road shows and speeches. Everyone does what they agreed to do. In a hierarchy it is tempting to use authority to impose a decision: this may be decisive, but it is ineffective. If you want an effective decision, take time to build commitment: decide slow, act fast.

6 Communicate better, communicate less

We communicate more than ever but understand each other as little as ever. Technology is the problem, not the solution. Technology enables more communication, not better communication. The quality of communication is only as good as the trust that lies behind it: if you trust the messenger, you are likely to trust the message. Because tribes lack social media, they have to be social. They build deep bonds of trust over many years and they understand each other properly. They know who exaggerates

and who does not, who can be relied on and who has good judgement. You cannot build trust by email: you have to talk face to face.

There is a seventh lesson for us all, which is easy to miss in the middle of a tedious commute or annoying meeting. We are incredibly lucky to live in a world with electricity, running water, decent housing and free from the fear of disease, starvation and warfare. We take these things for granted. If you can take time to enjoy the major and minor mundane miracles of modern life, every day can be a great day.

We communicate more than ever but understand each other as little as ever

Whatever your journey is, enjoy it.

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